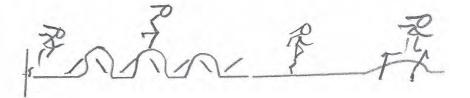


_____ 20 m _____



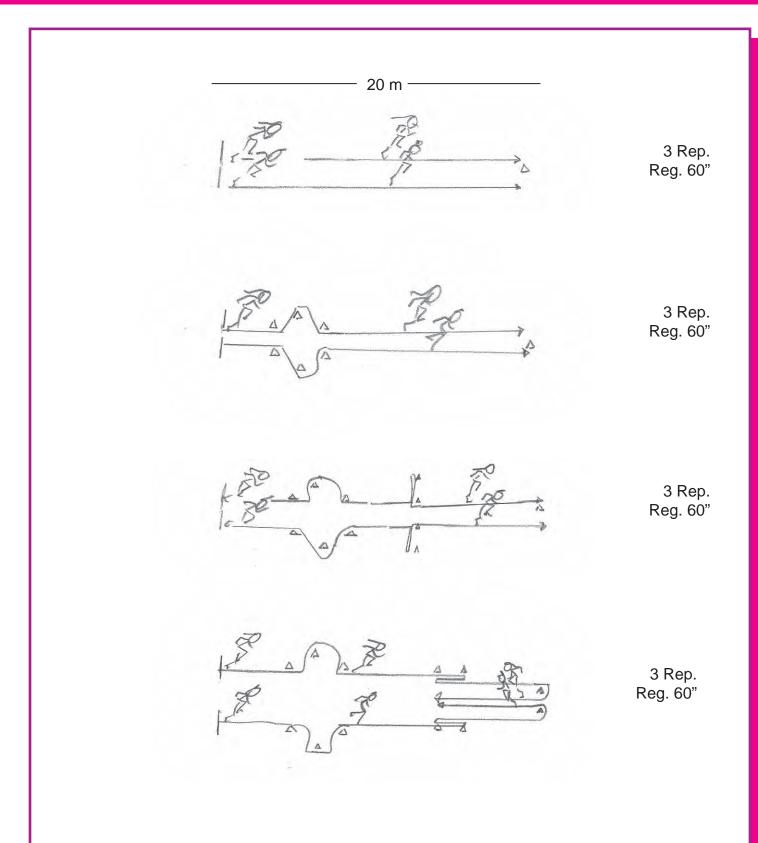
5 Rep. Reg. 60"

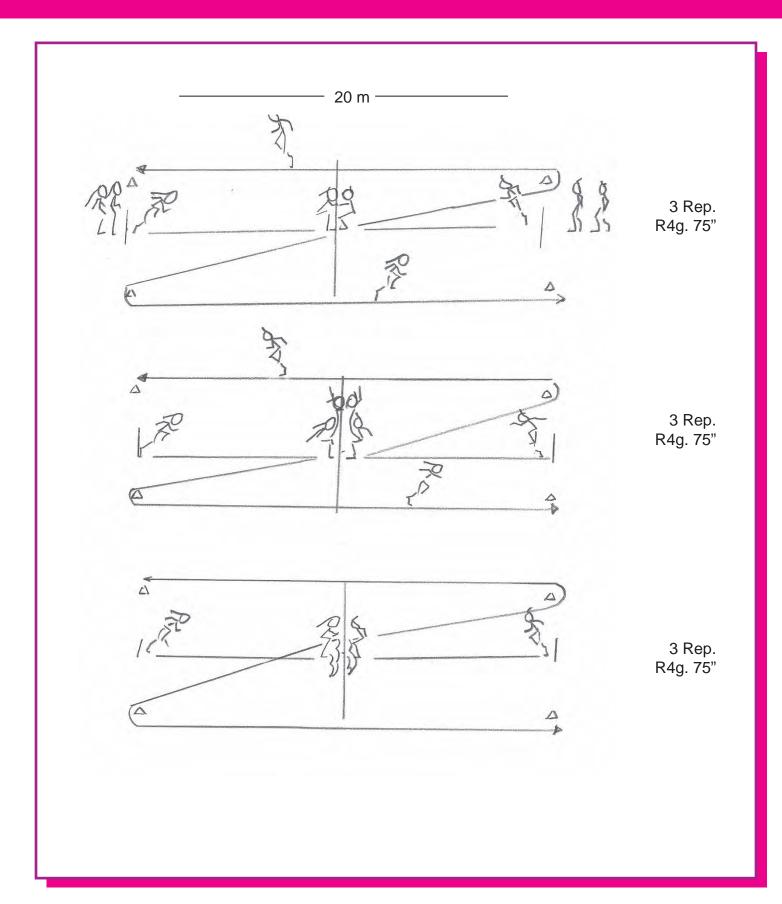


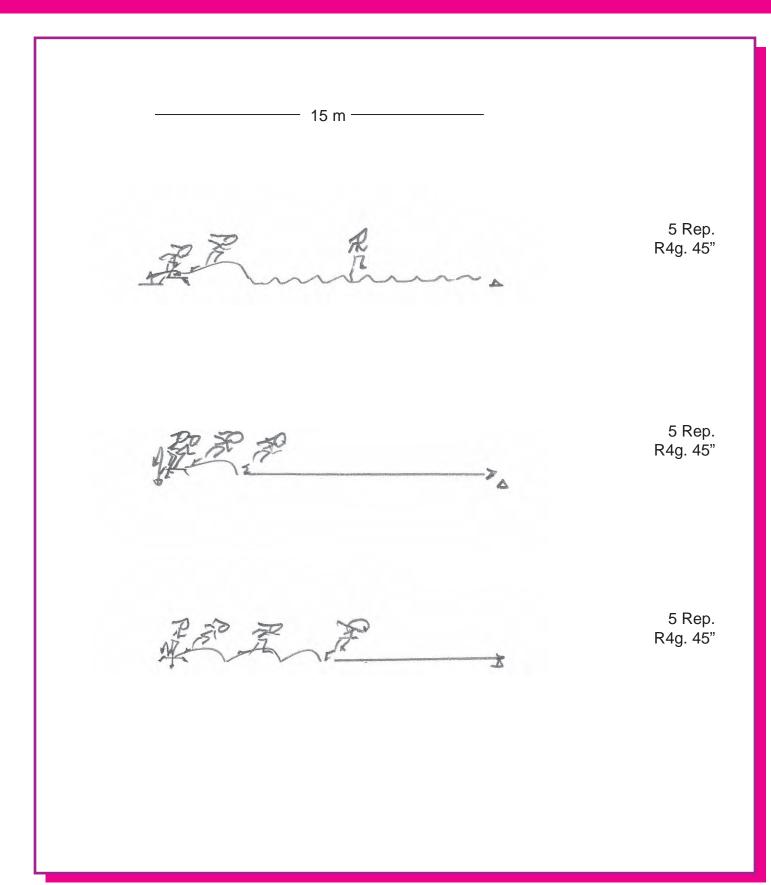
5 Rep. Reg. 60"



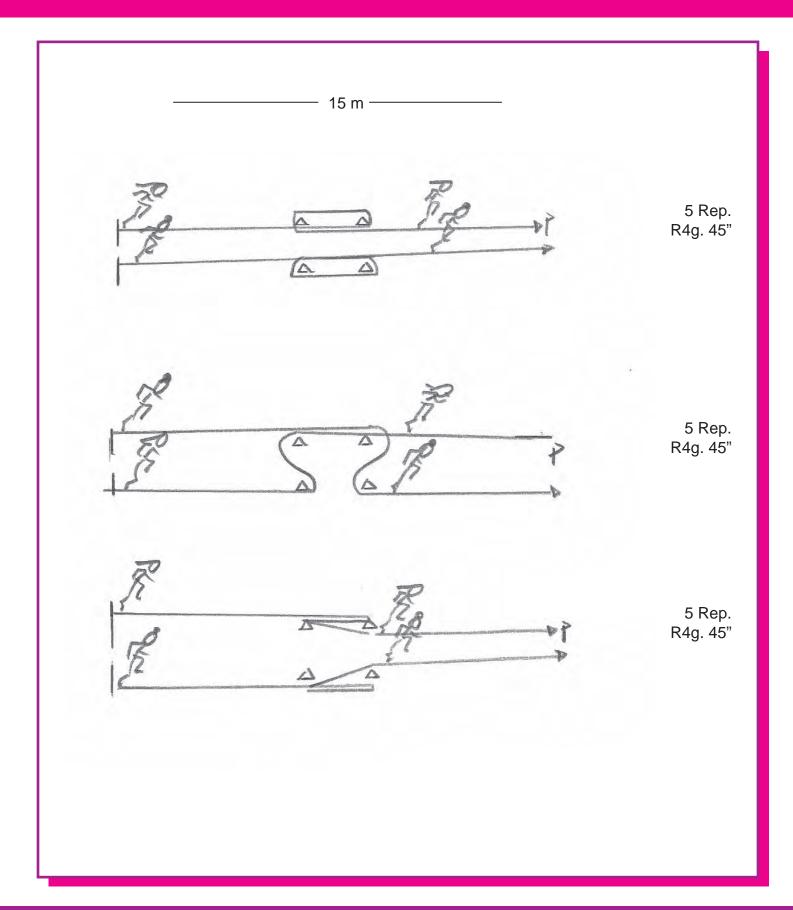
5 Rep. Reg. 60"

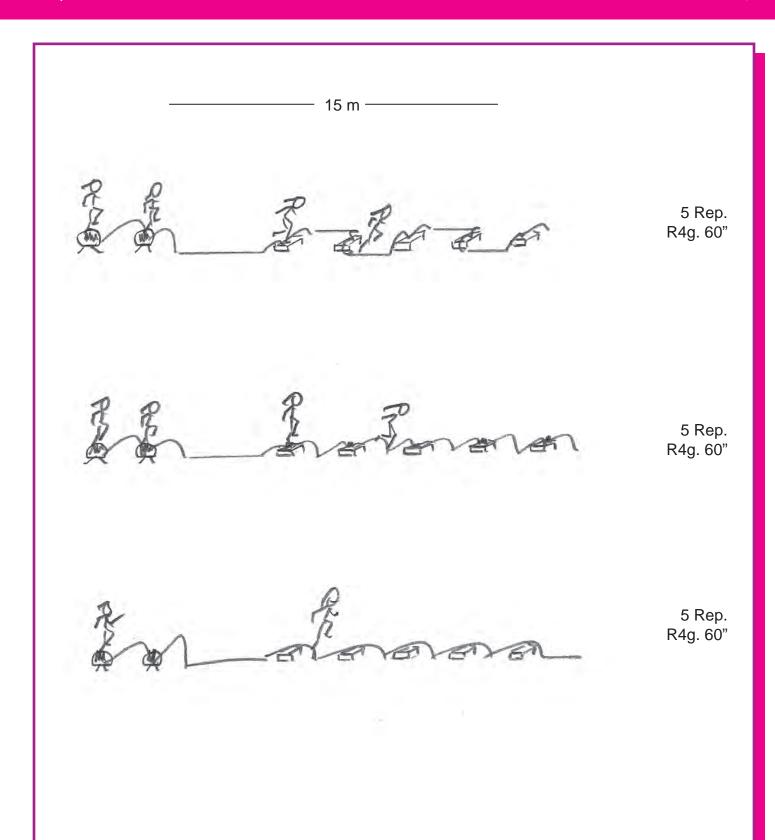


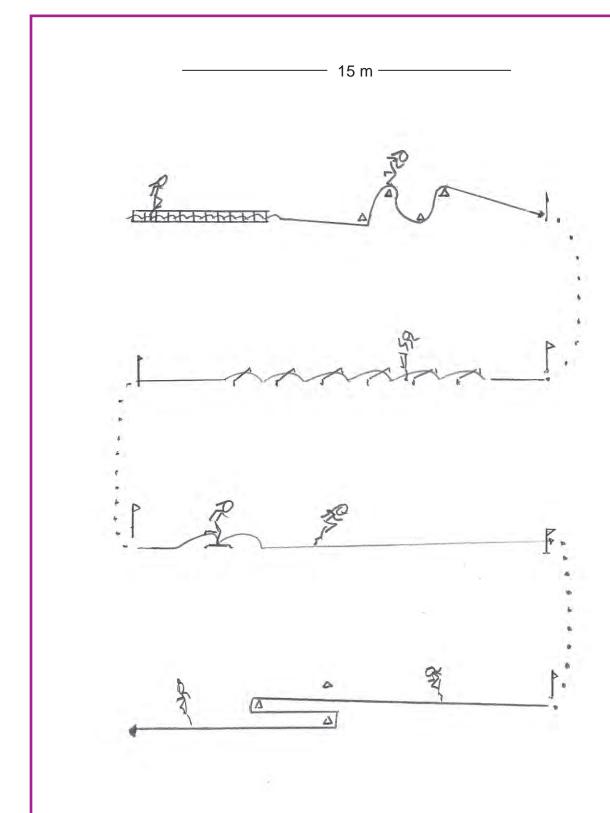




10 m	
一个	3 Rep. R4g. 30"
学生——	3 Rep. R4g. 30"
THE PROPERTY OF THE PARTY OF TH	3 Rep. R4g. 30"
是一个	3 Rep. R4g. 30"
P. P. Jum	3 Rep. R4g. 30"

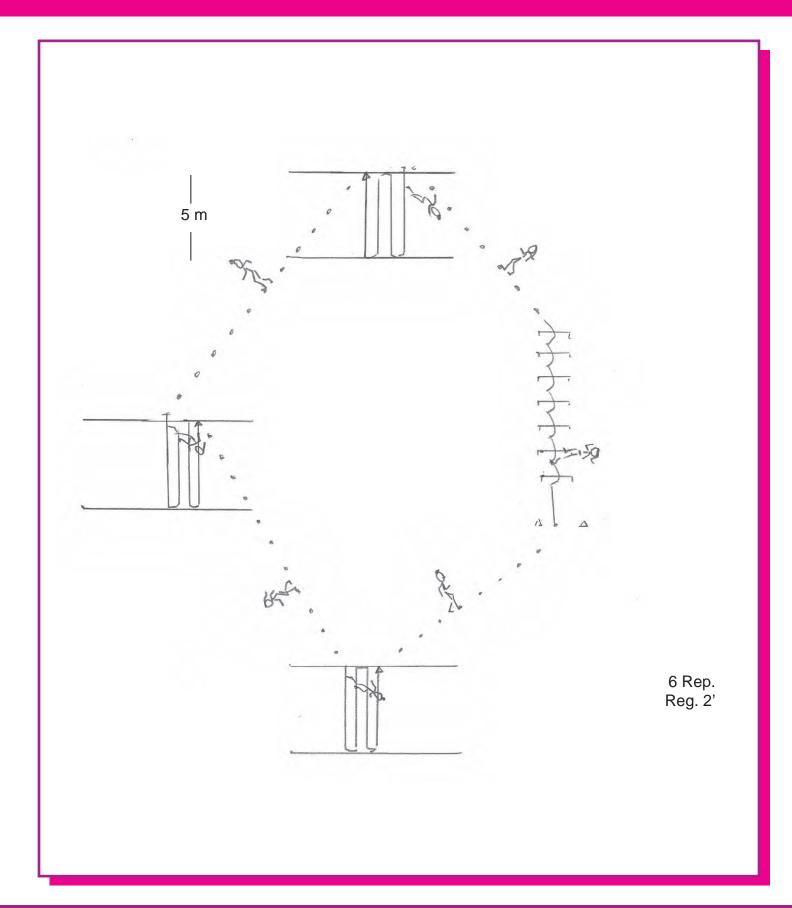


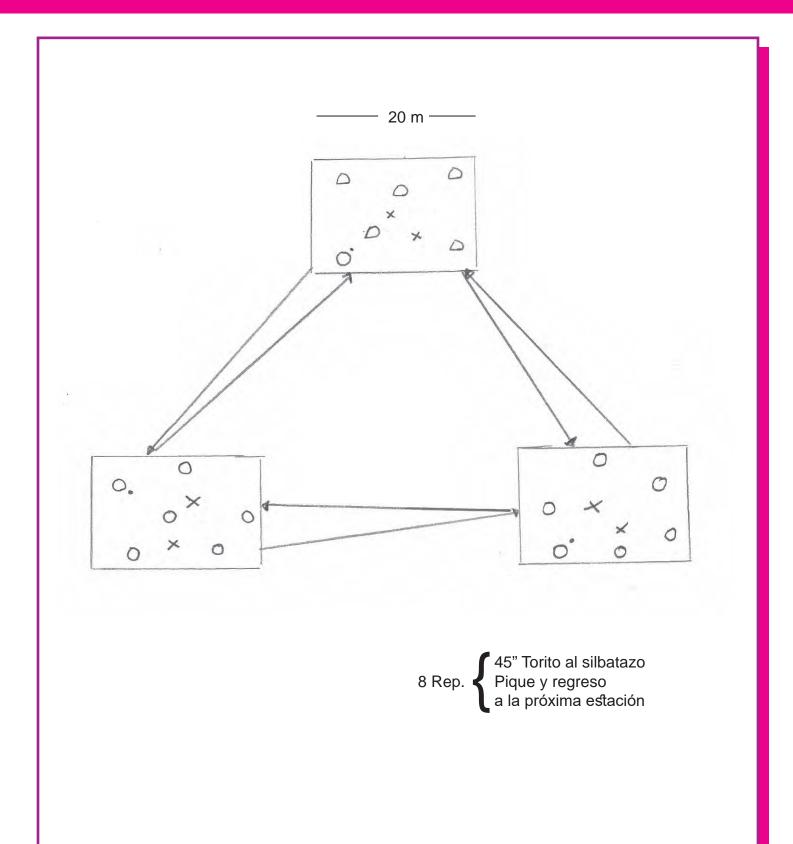




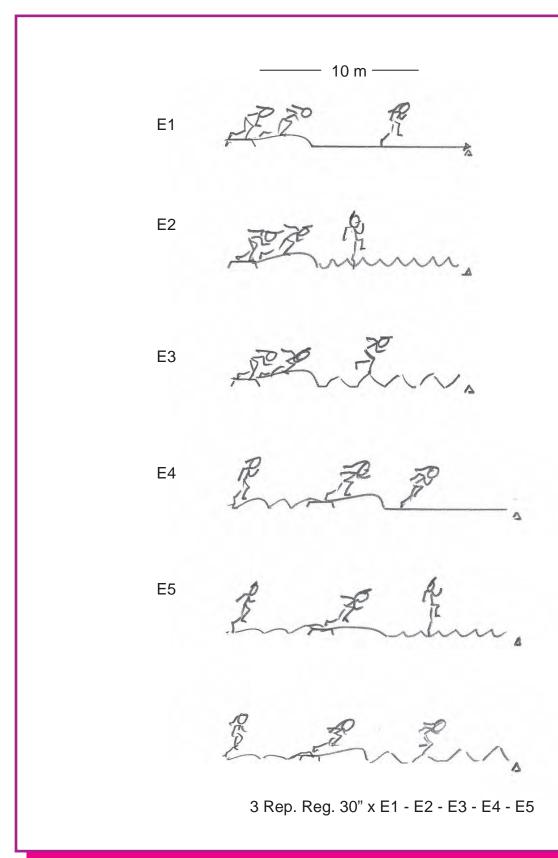
5 Rondas R4g. 3'

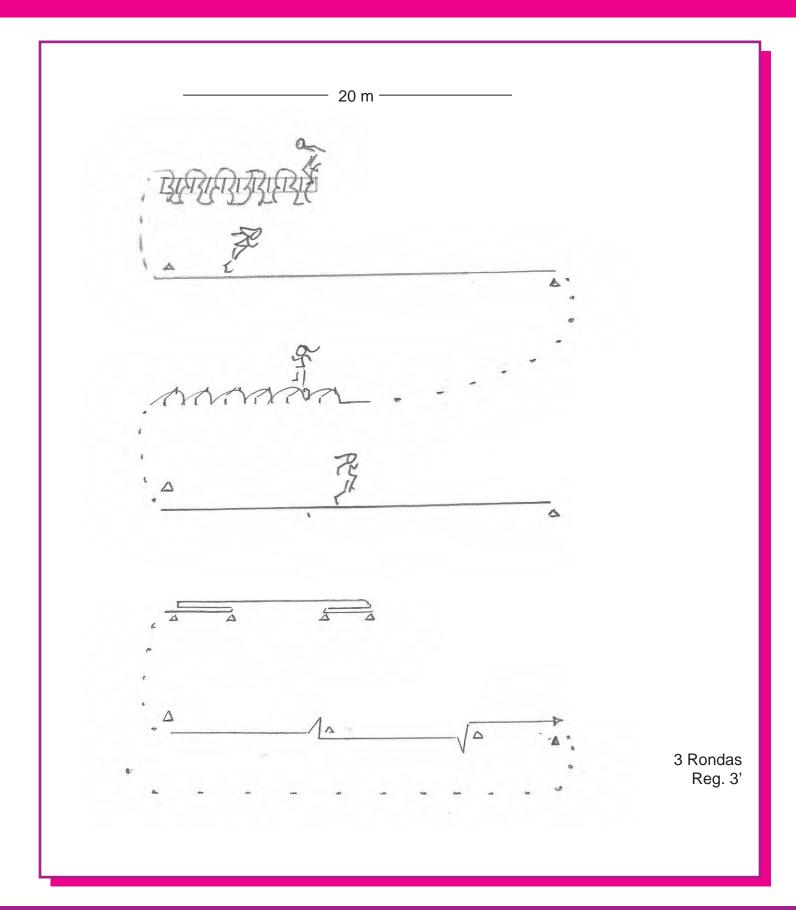
	5 Rep. Reg. 30"
Part of the second of the seco	5 Rep. Reg. 45"
Ph.	5 Rep. Reg. 60"
The second of th	5 Rep. Reg. 60"

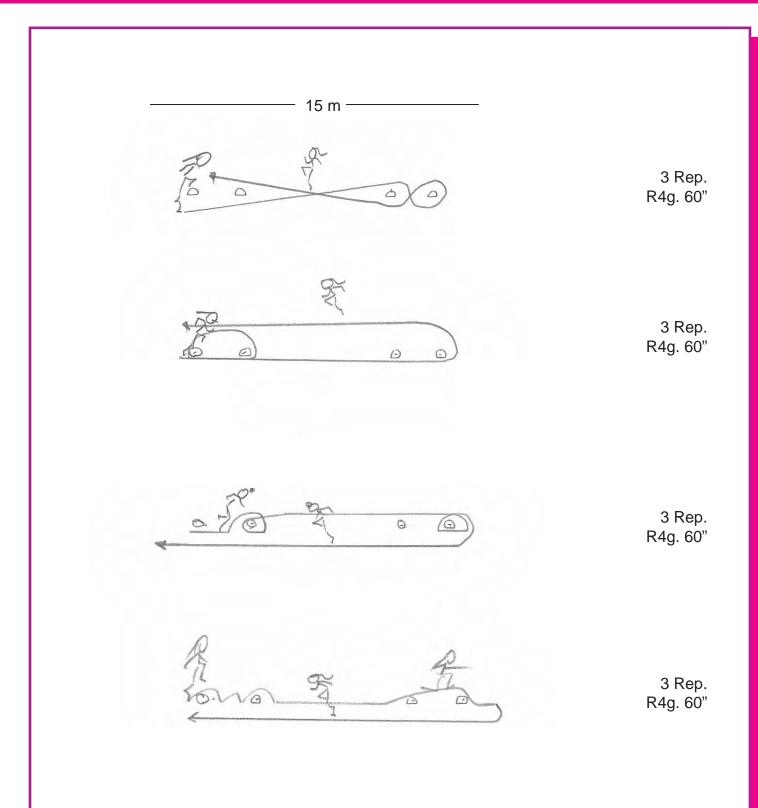


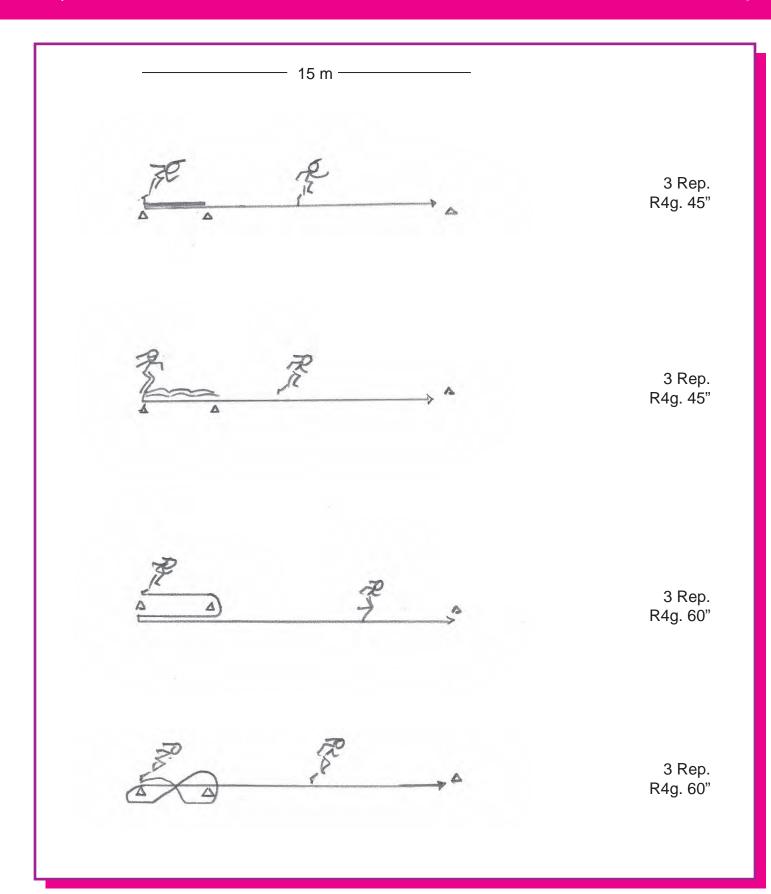












_____ 10 m _____

Paso atrás, arranque



4 Rep. R4g. 30"

Paso al frente, atrás - sentadilla arranque



4 Rep. R4g. 30"

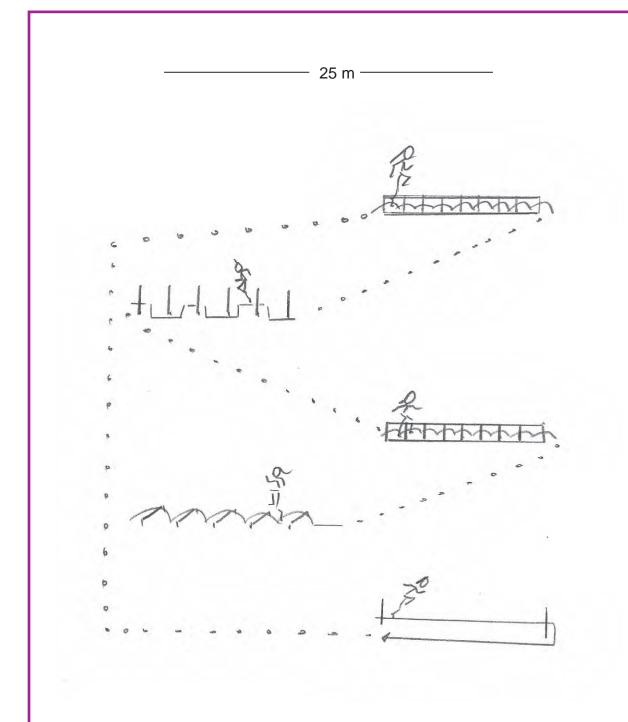
Paso lateral, arranque



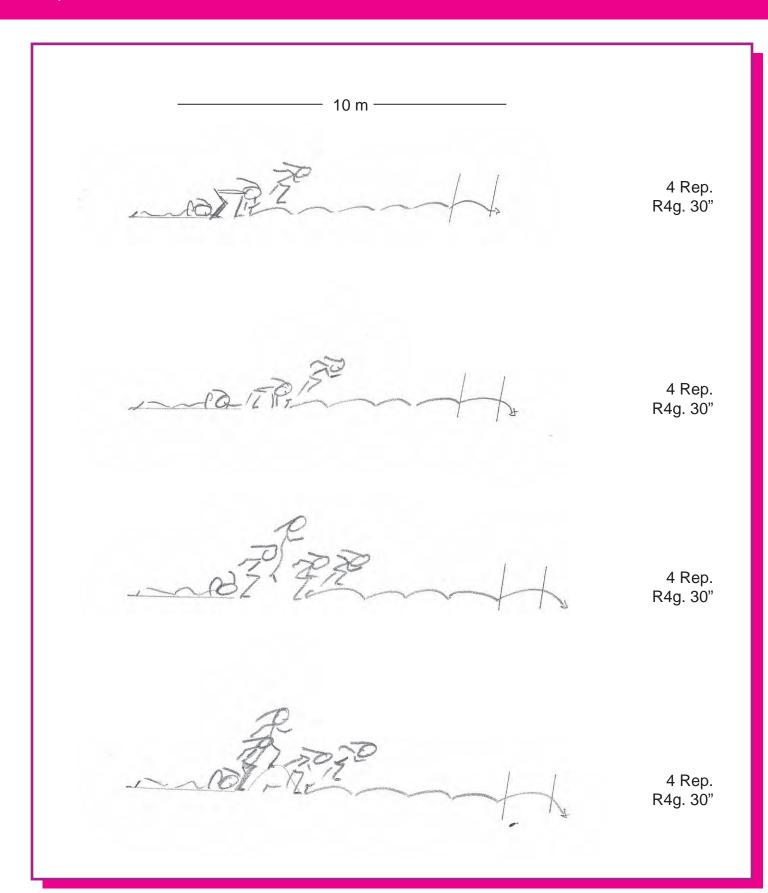
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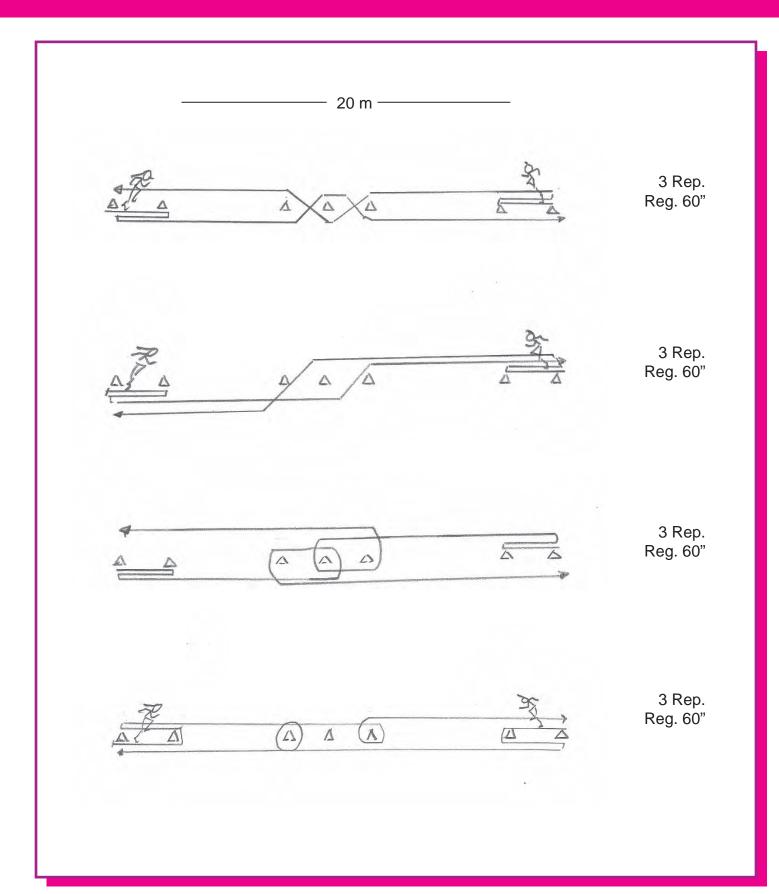
CAR -

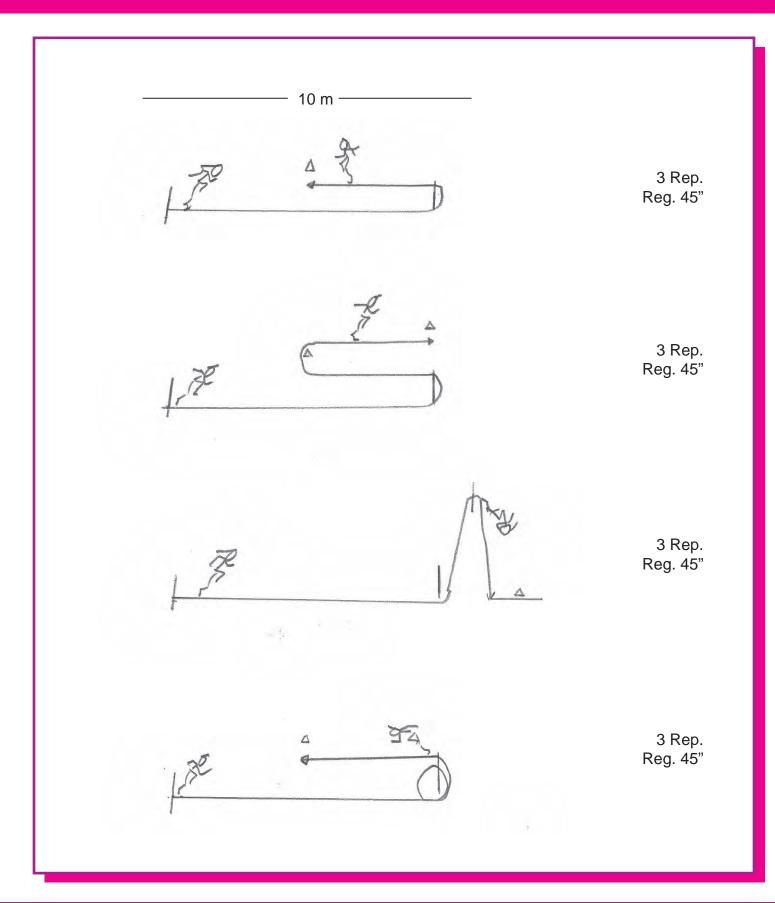
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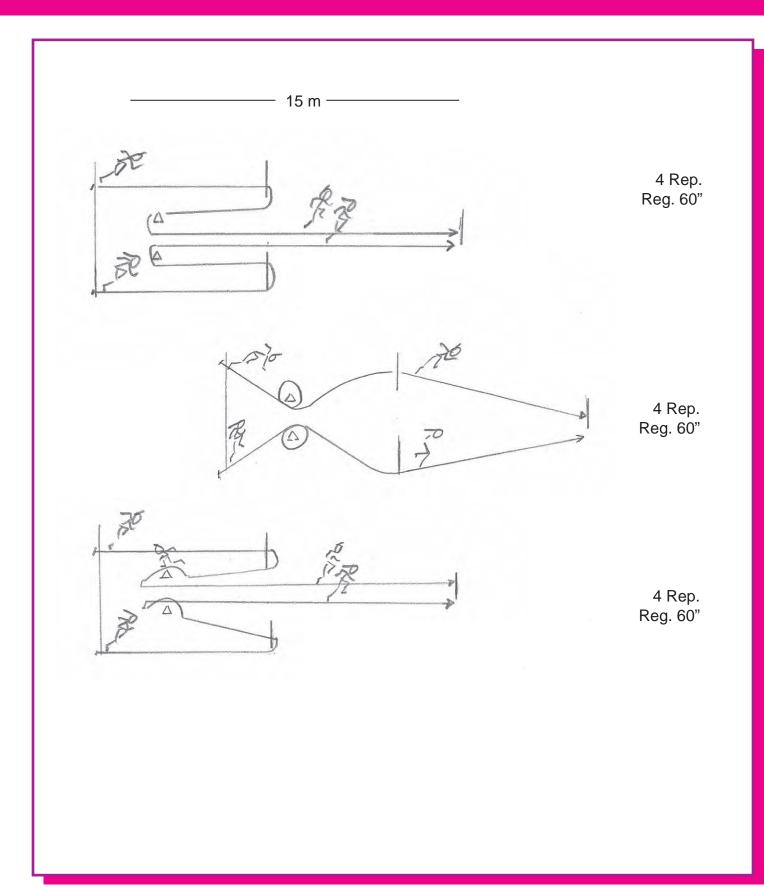


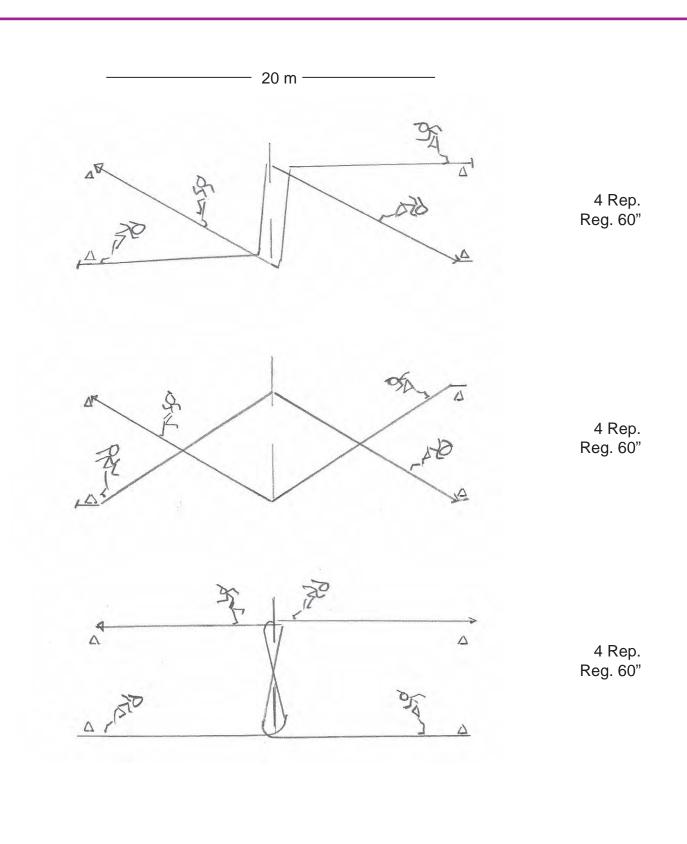
5 Rondas Reg. 3'

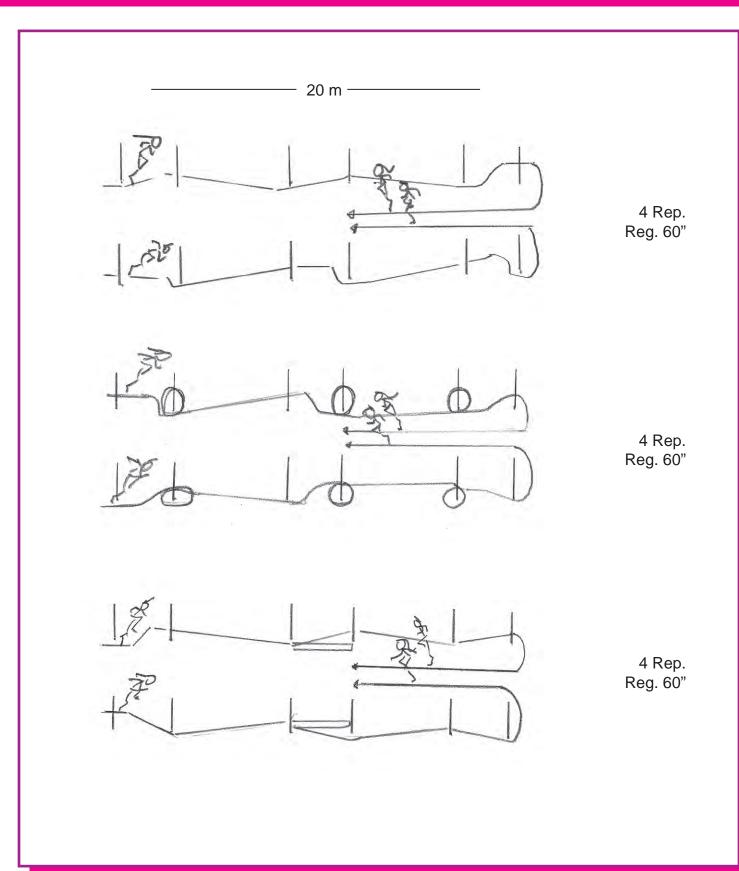


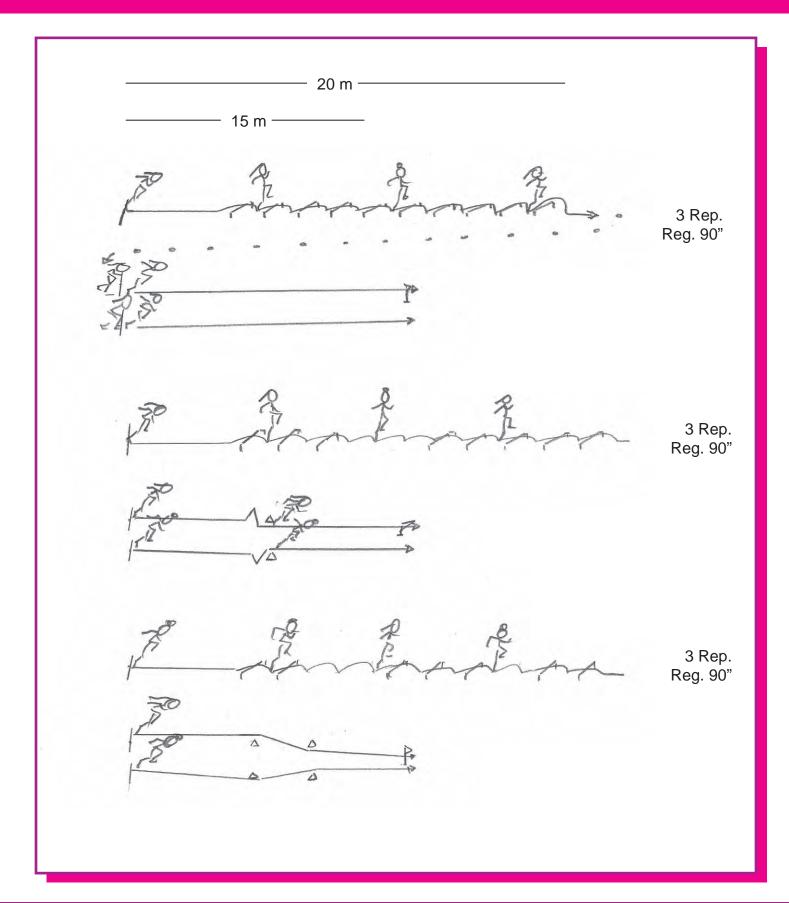


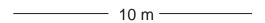


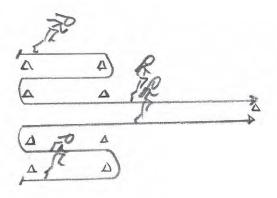




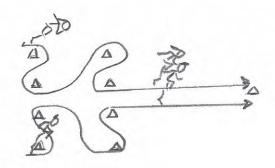




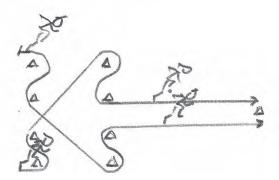




5 Rep. Reg. 30"



5 Rep. Reg. 30"



5 Rep. Reg. 30"

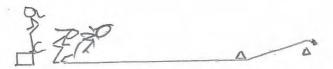




5 Rep. Reg. 30"



5 Rep. Reg. 30"



5 Rep. Reg. 30" _____ 12 m ____

是

4 Rep. Reg. 30"

P P P P

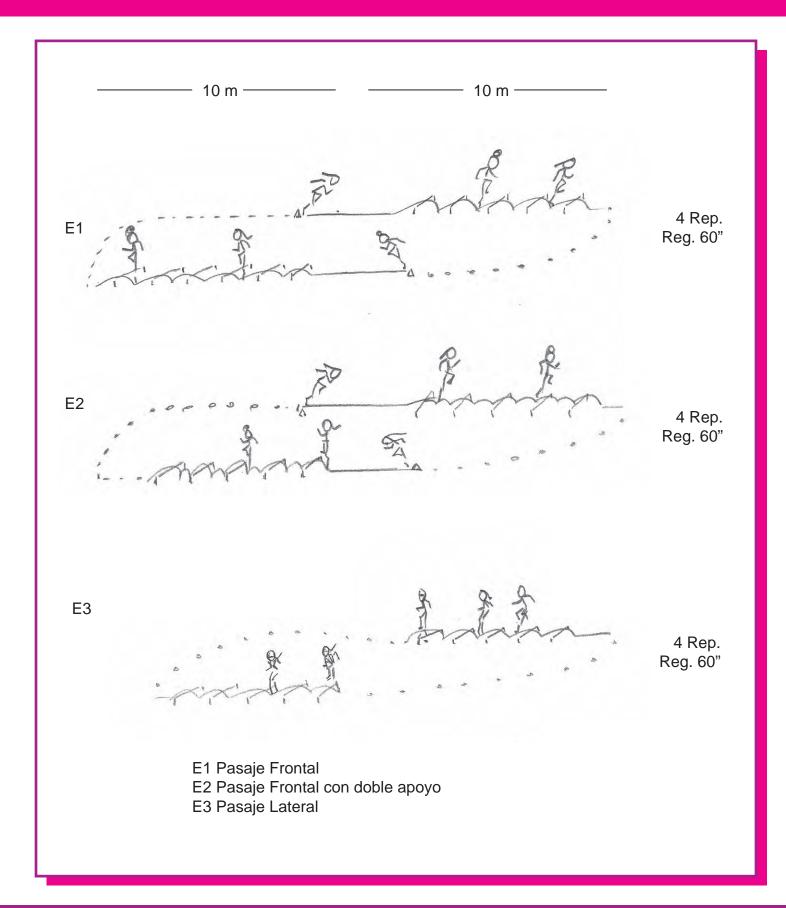
4 Rep. Reg. 30"

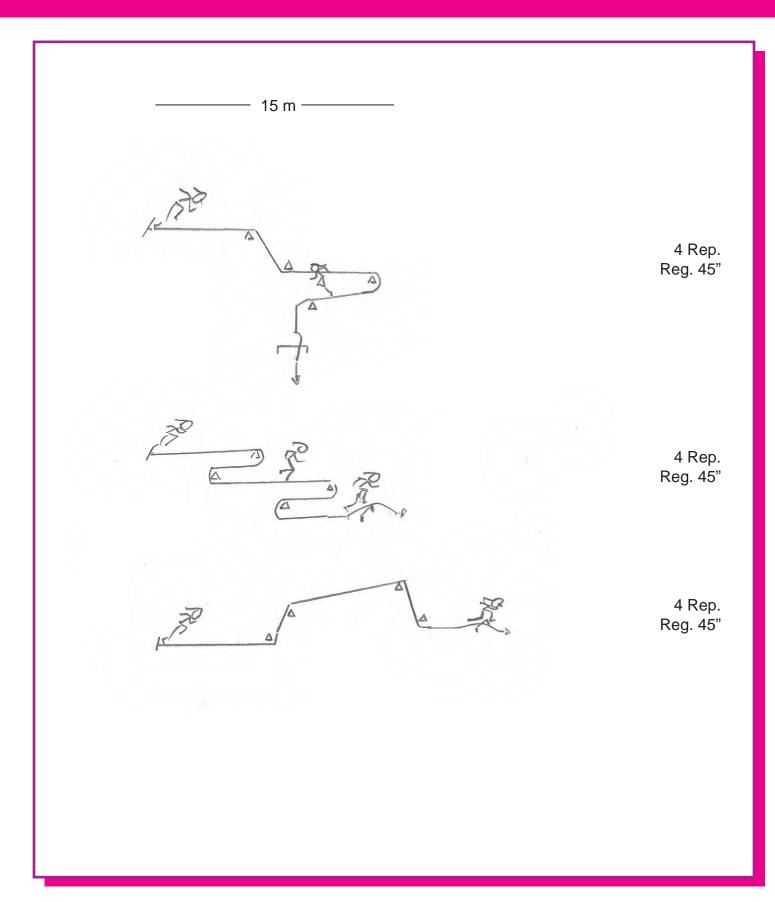


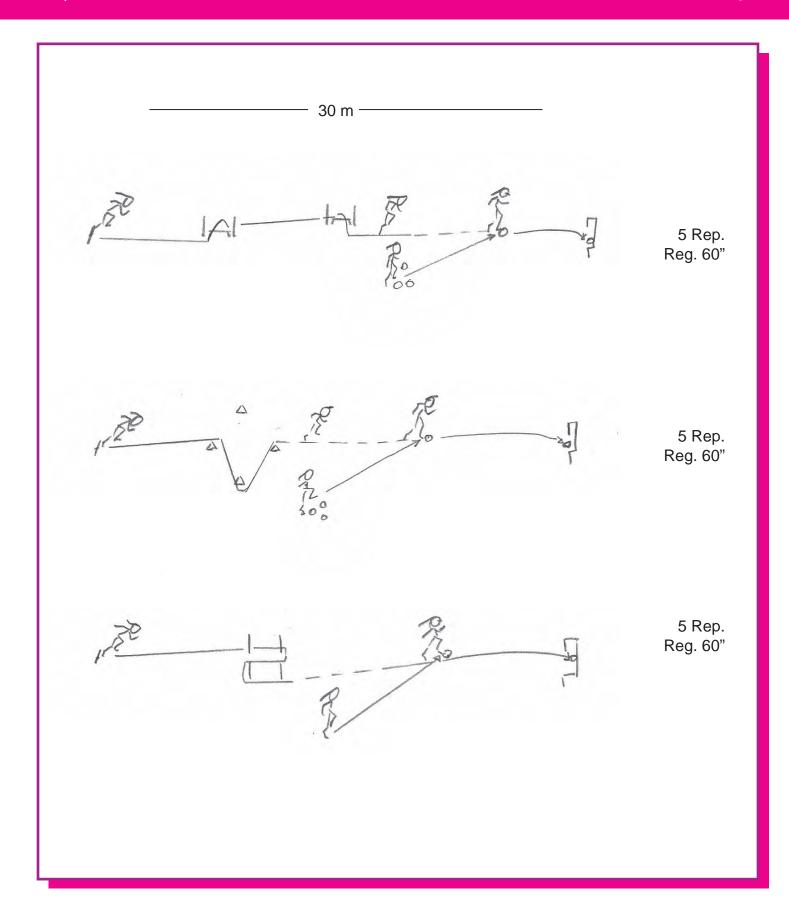
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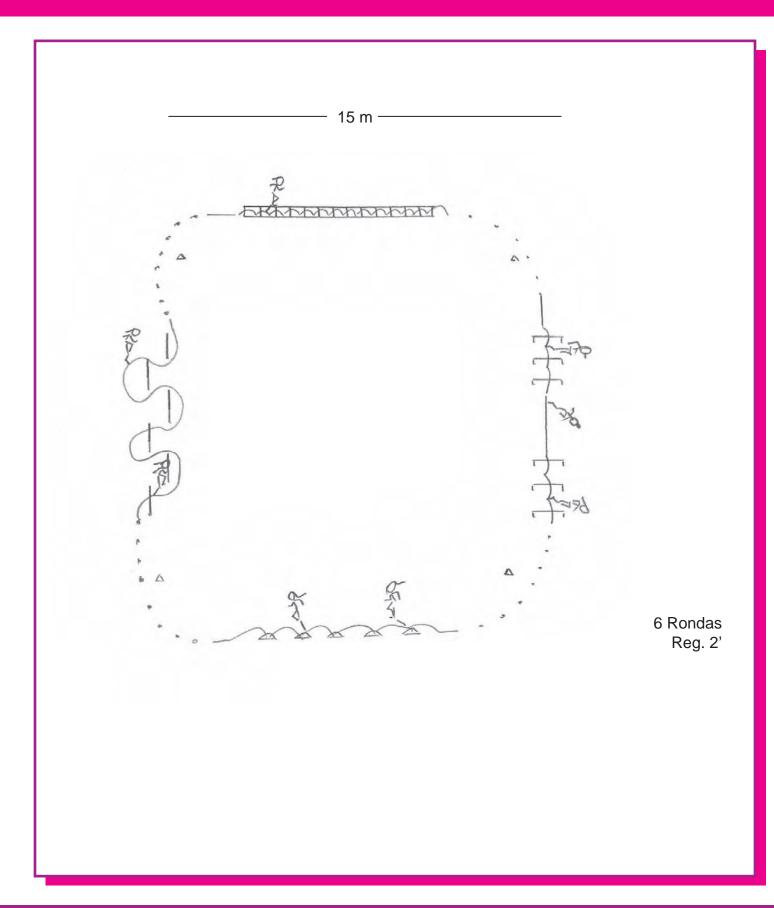


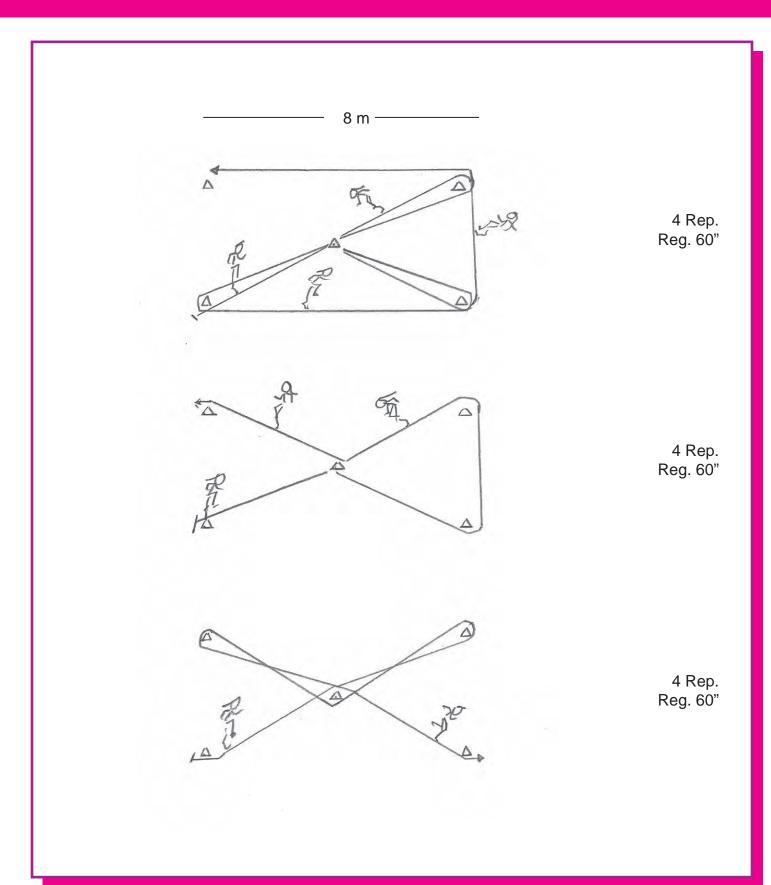
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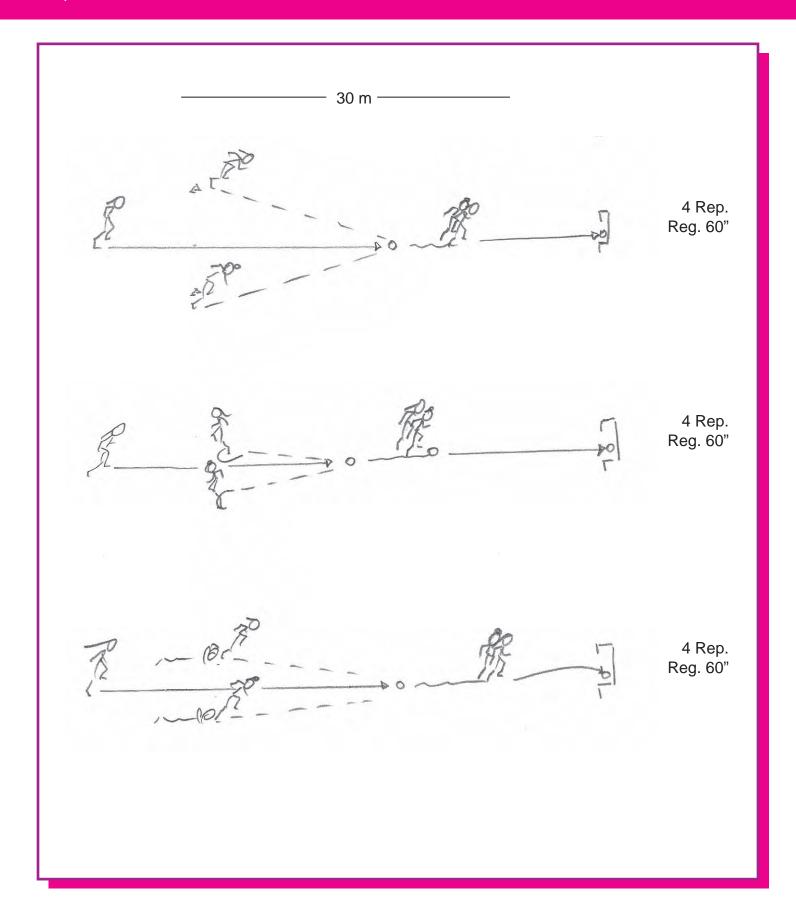


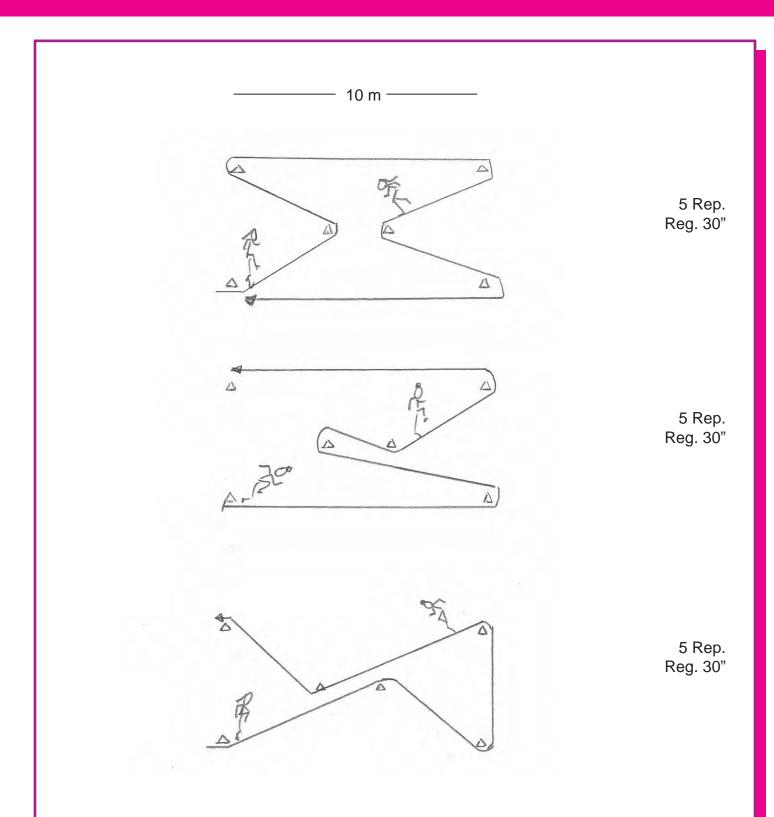


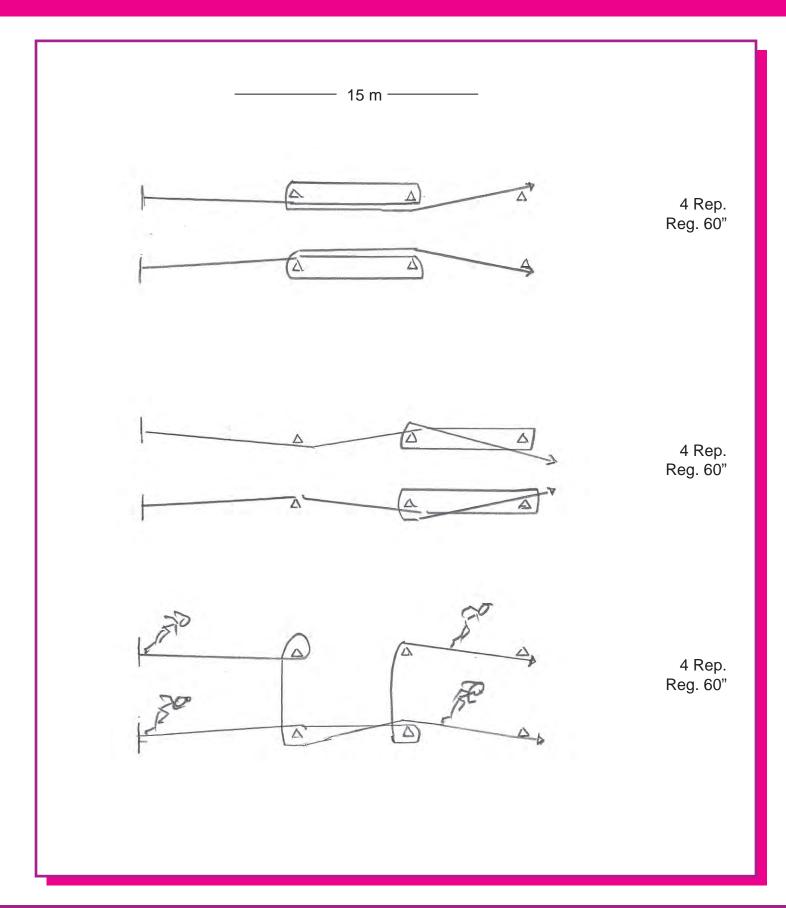


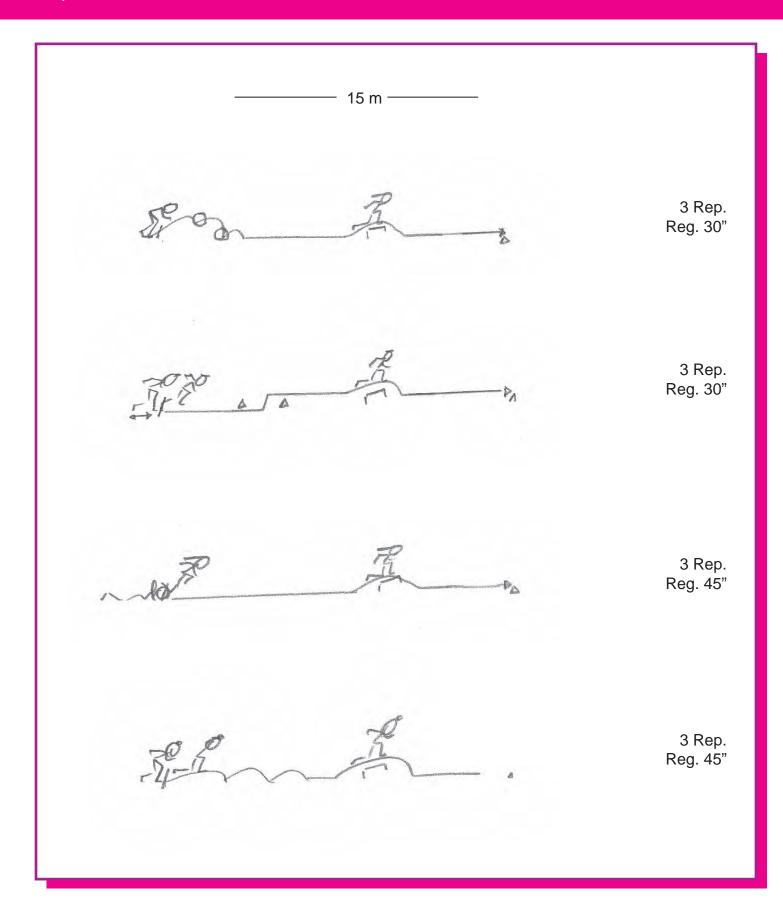


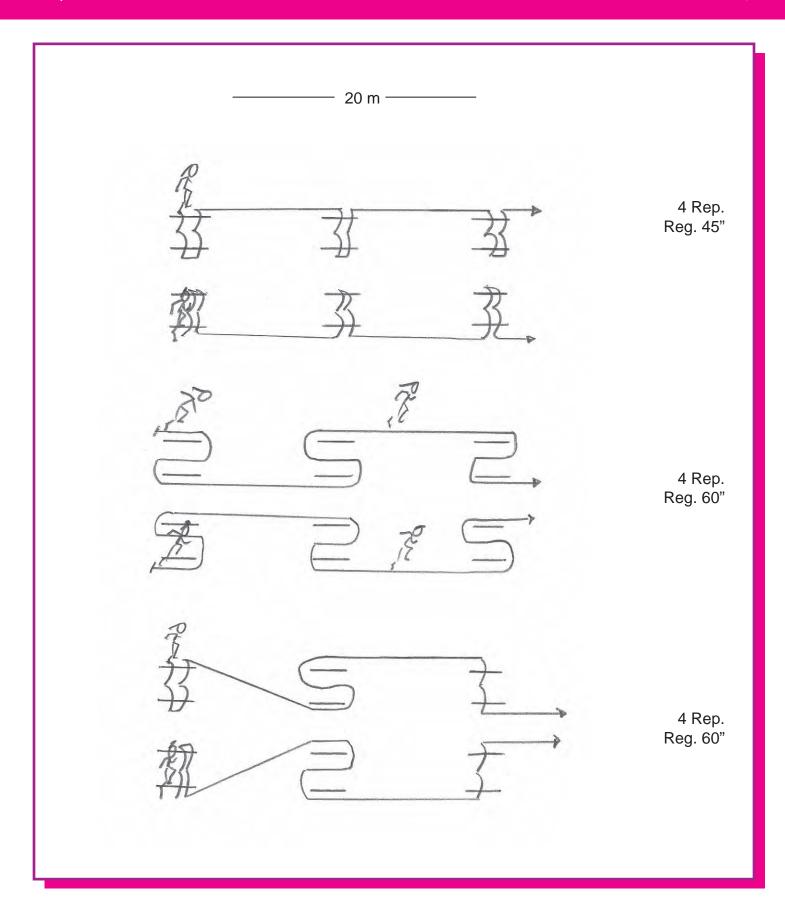


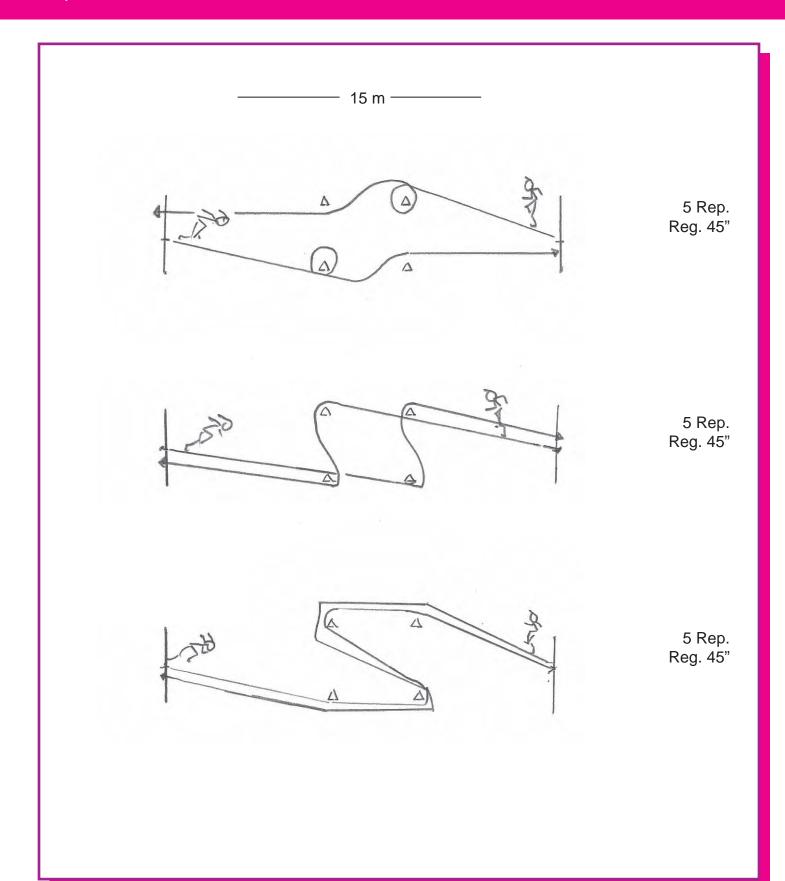


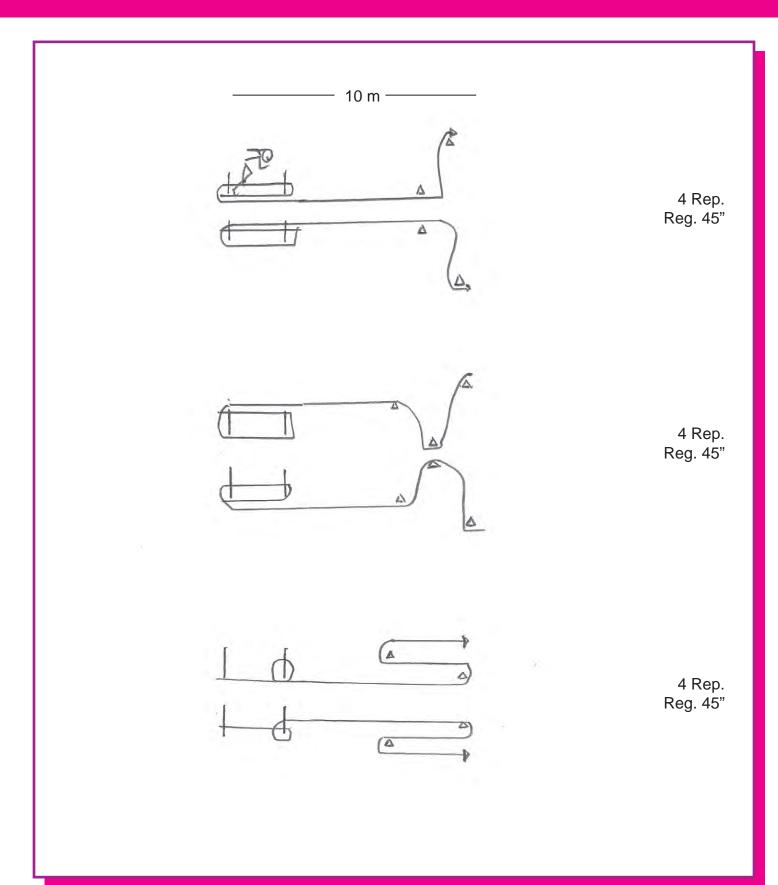


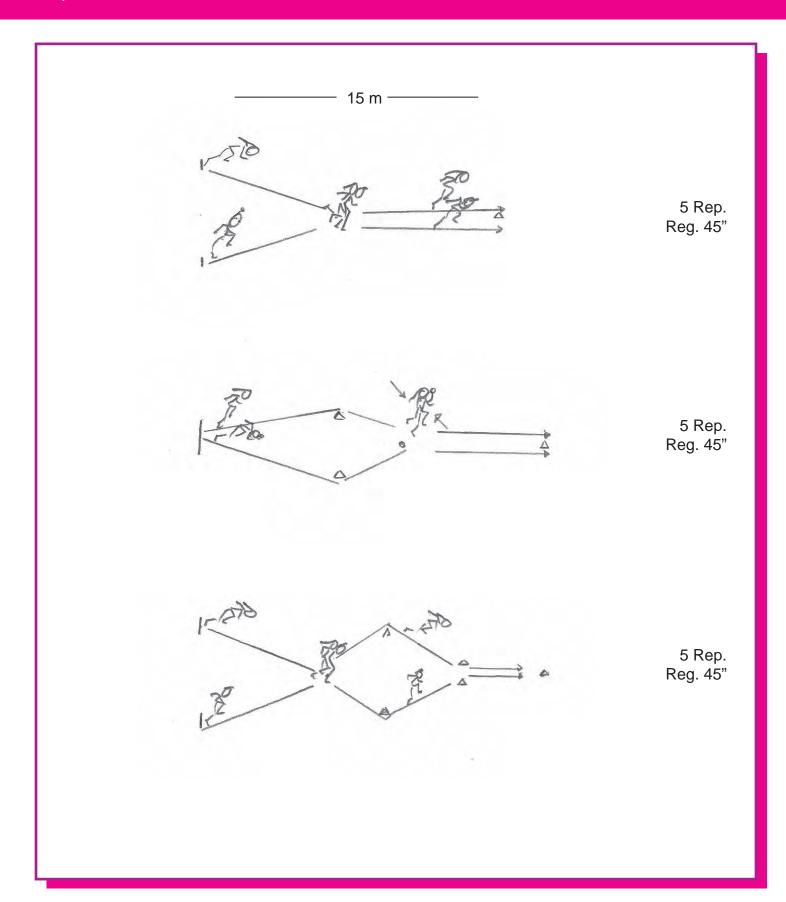


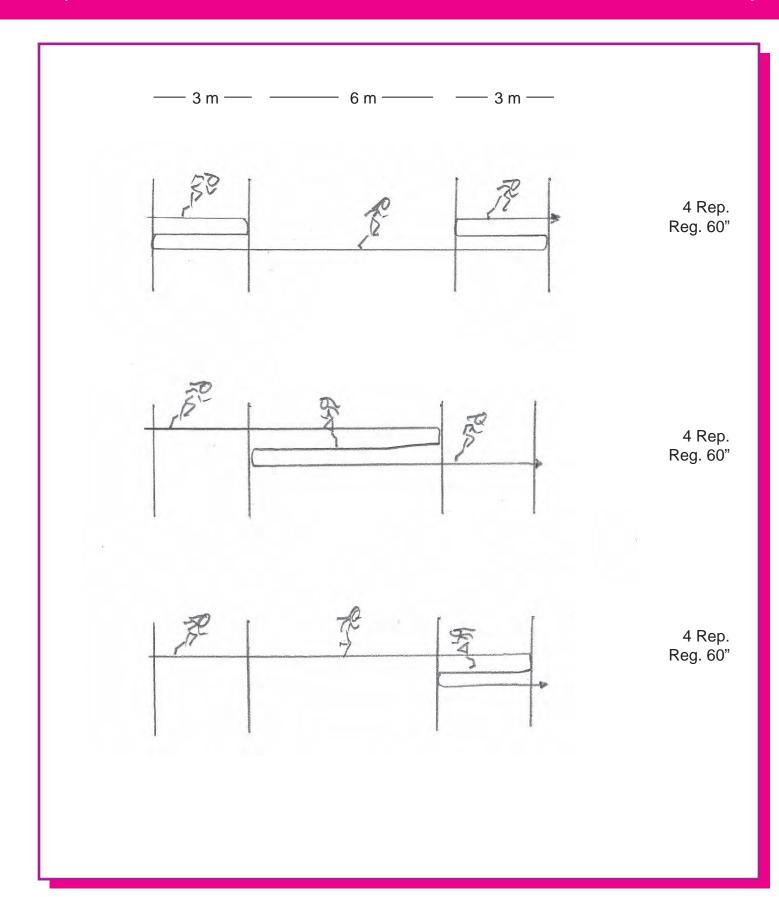


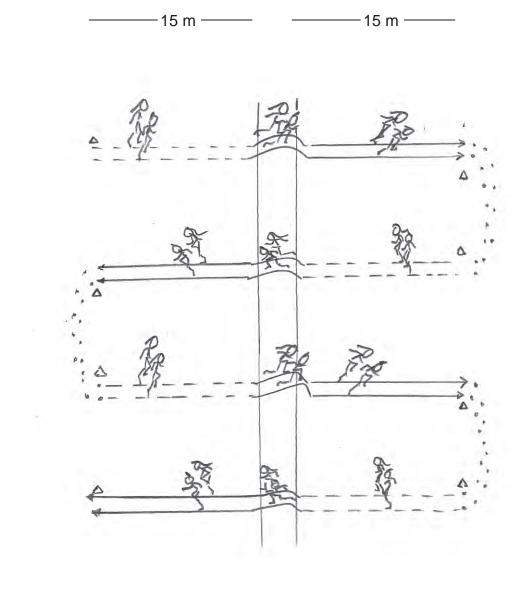




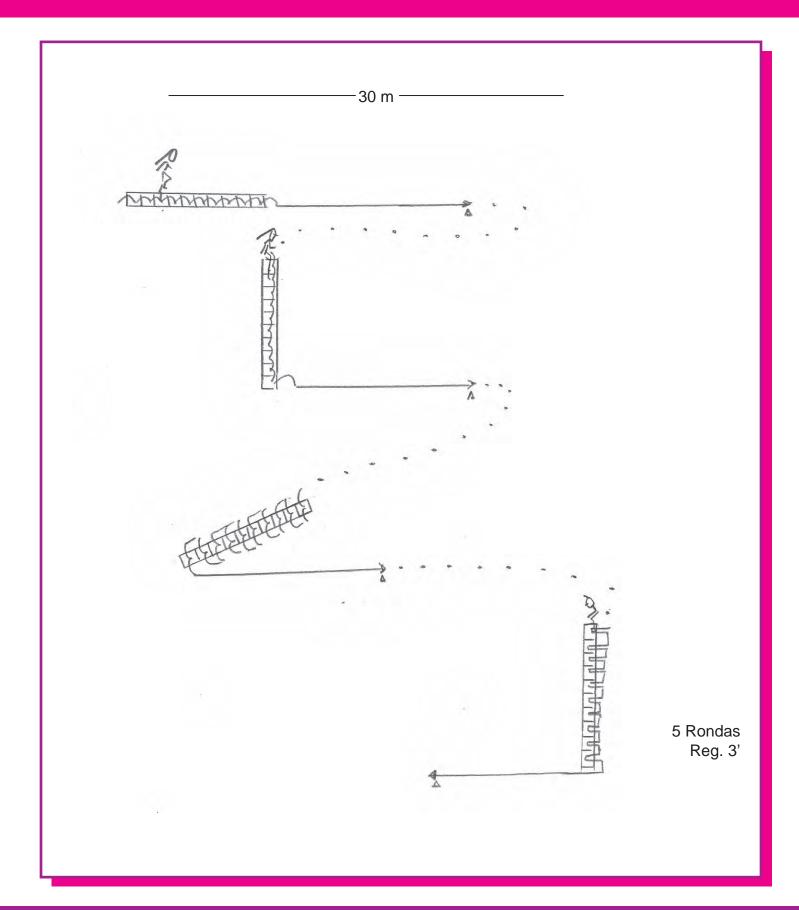




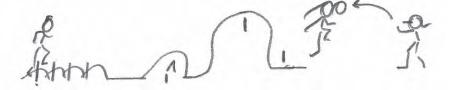




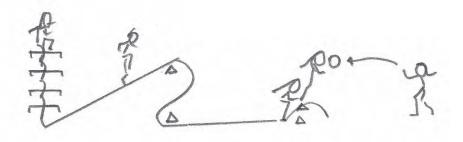
5 Rondas Reg. 3'







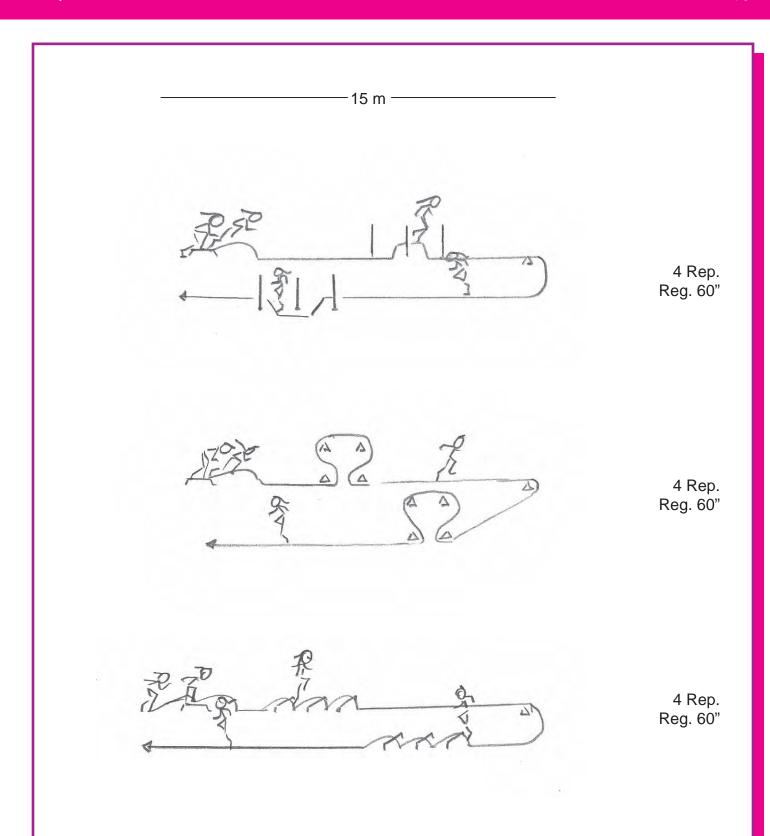
5 Rep. Reg. 45"

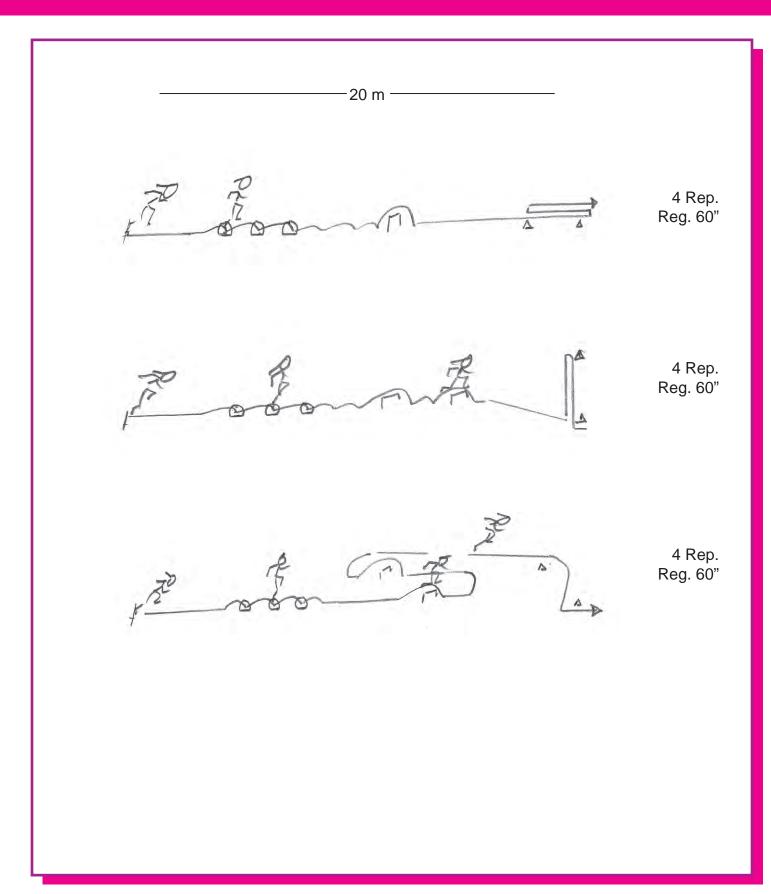


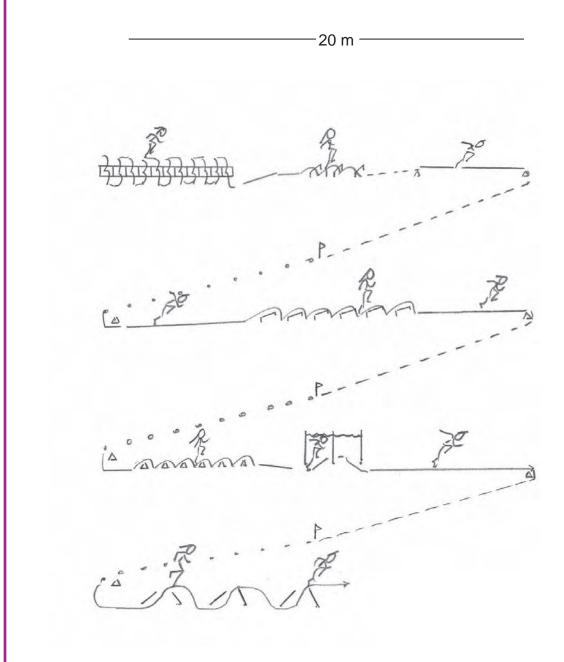
5 Rep. Reg. 45"



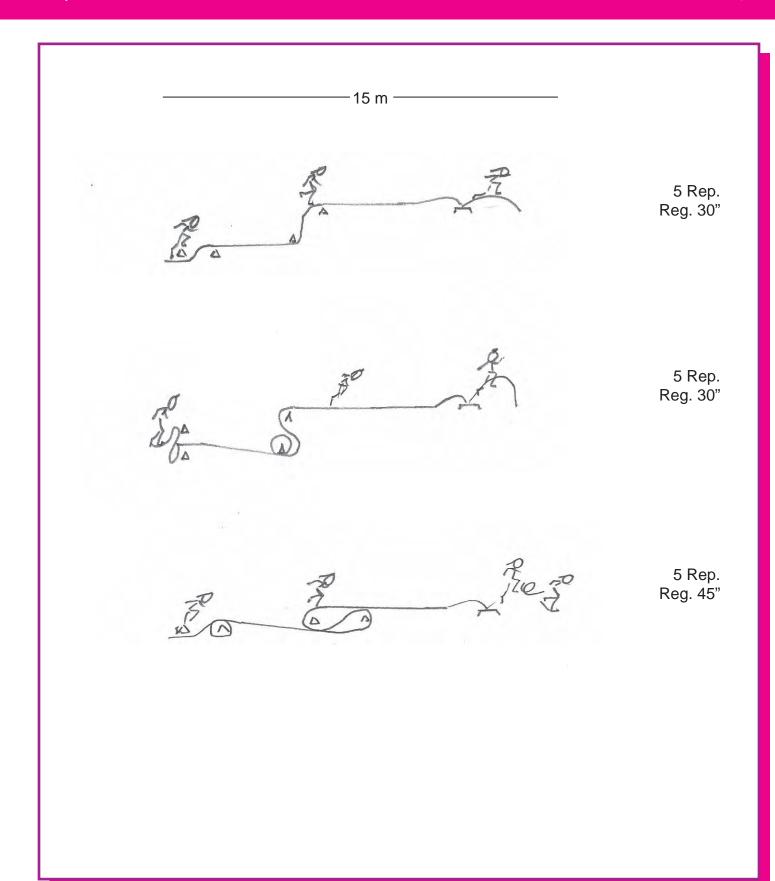
5 Rep. Reg. 60"

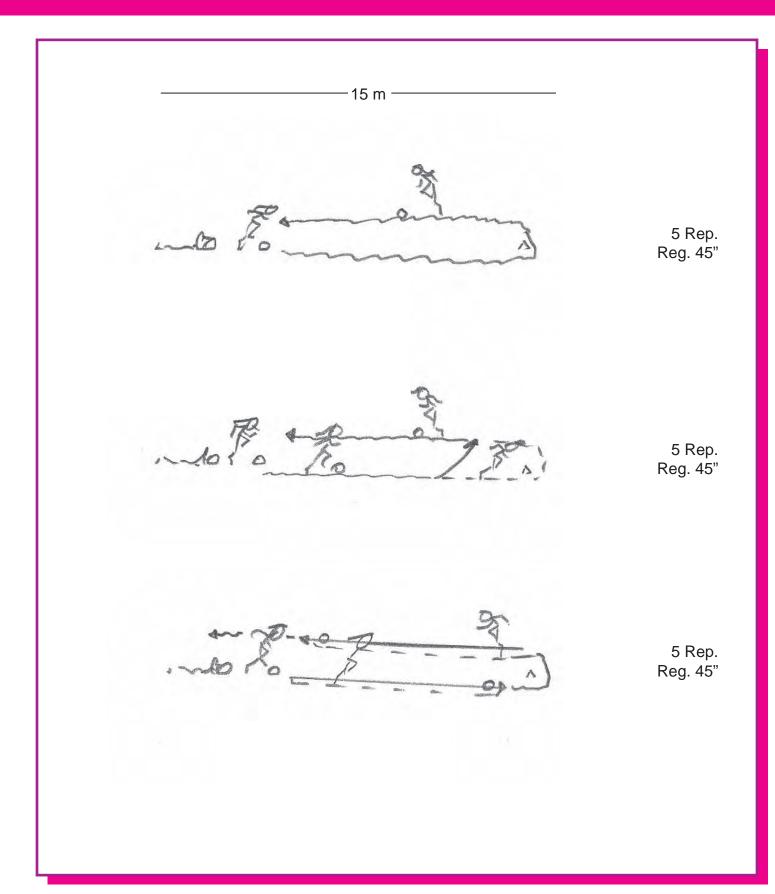


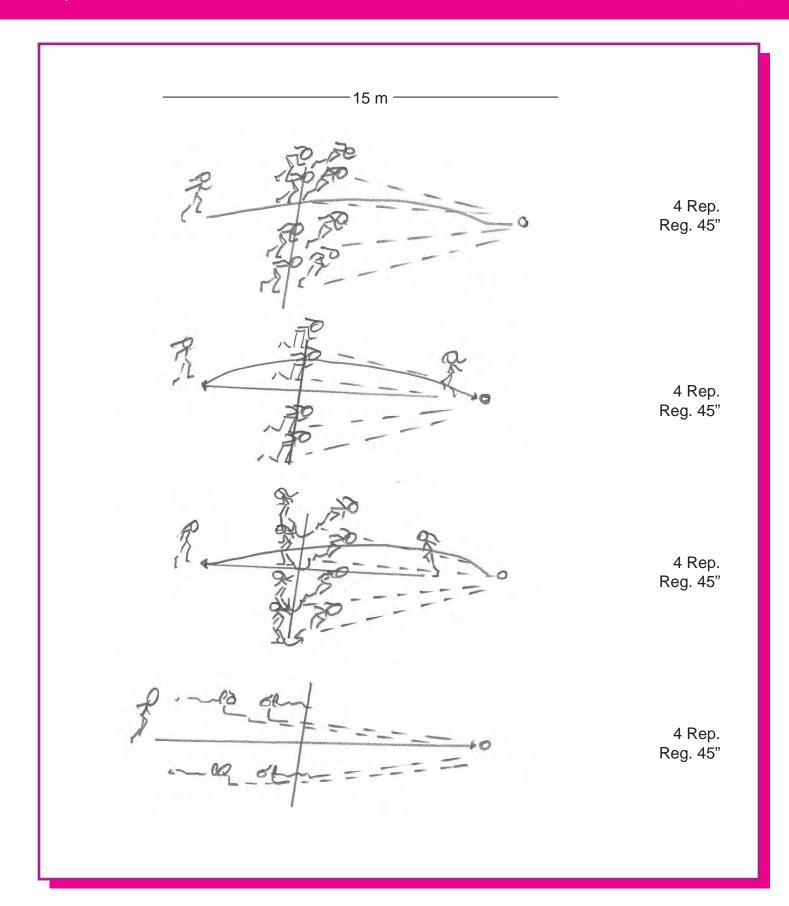


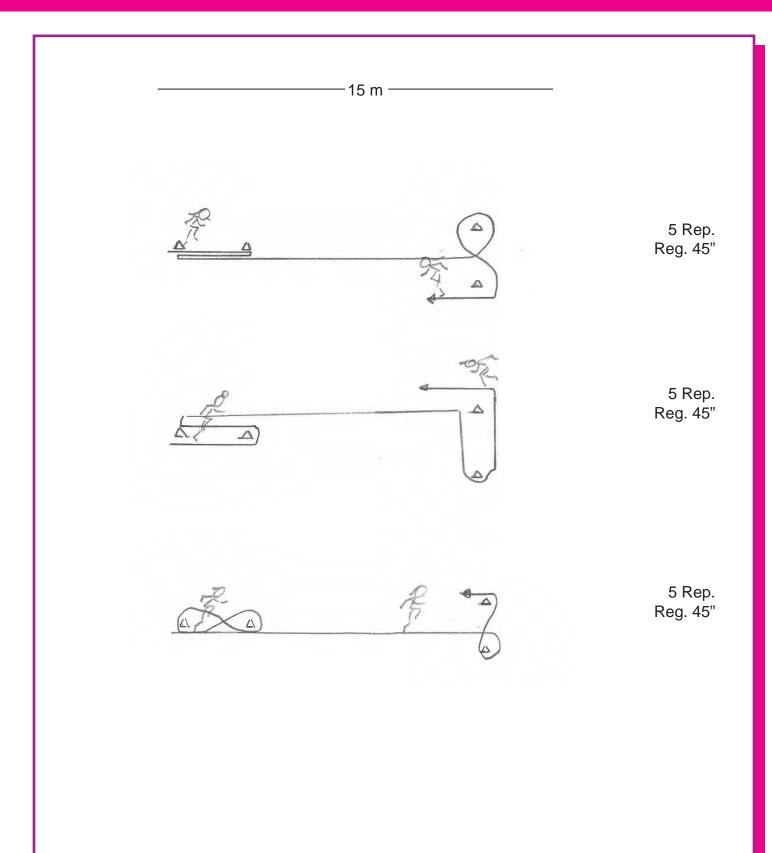


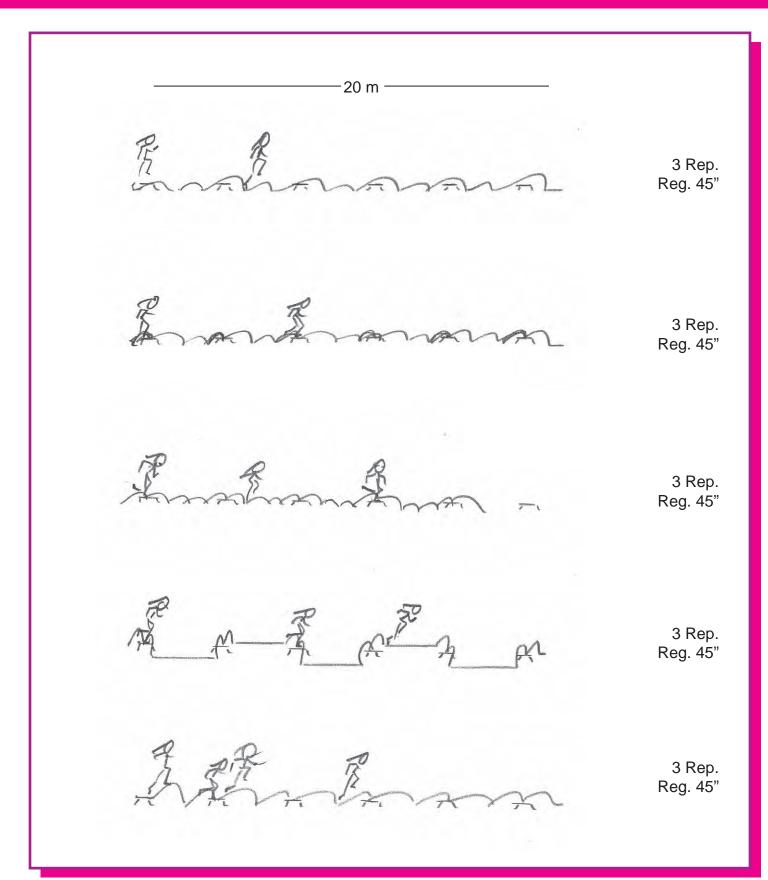
5 Rondas Reg. 4'

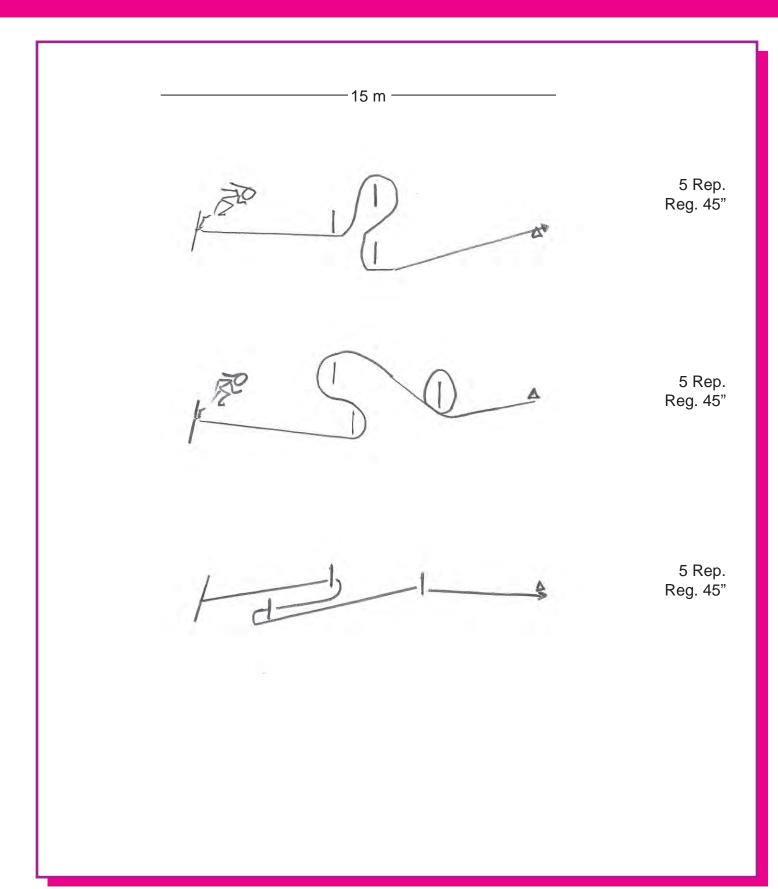


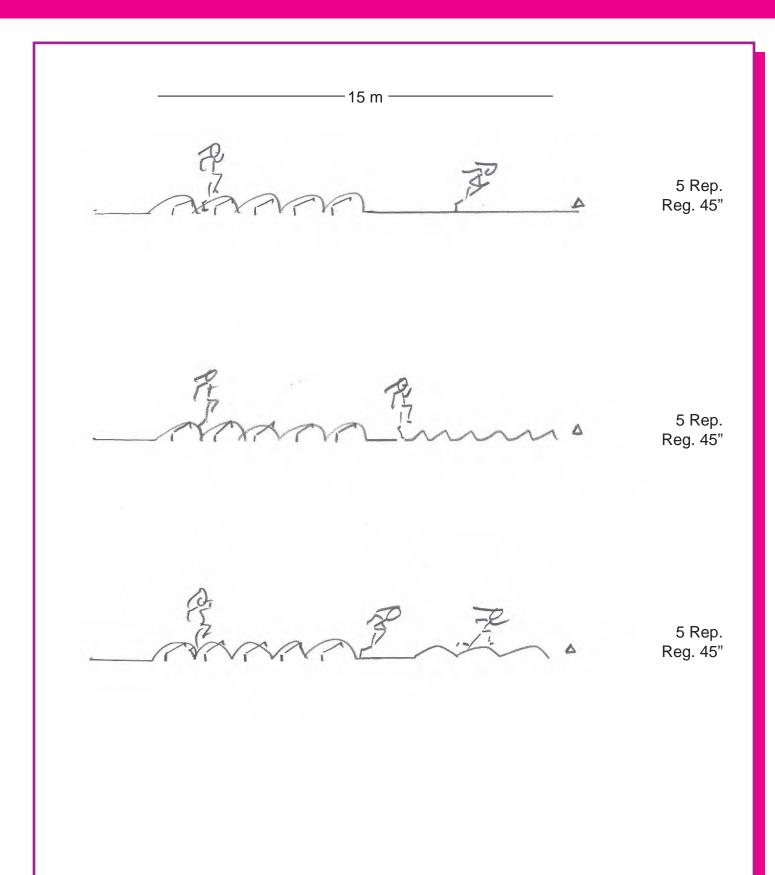


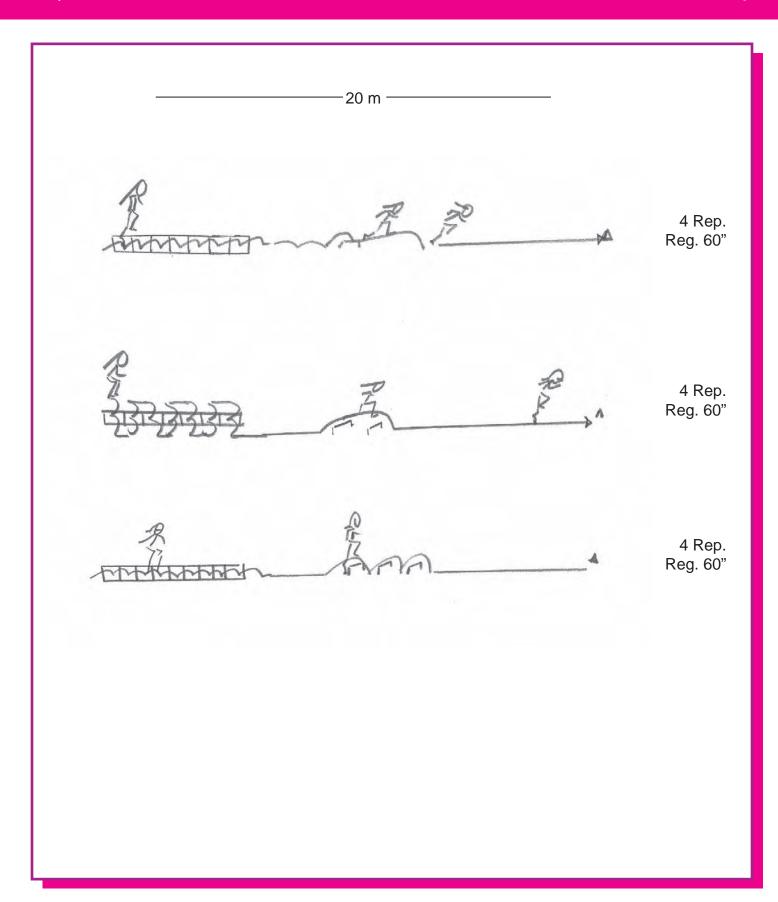


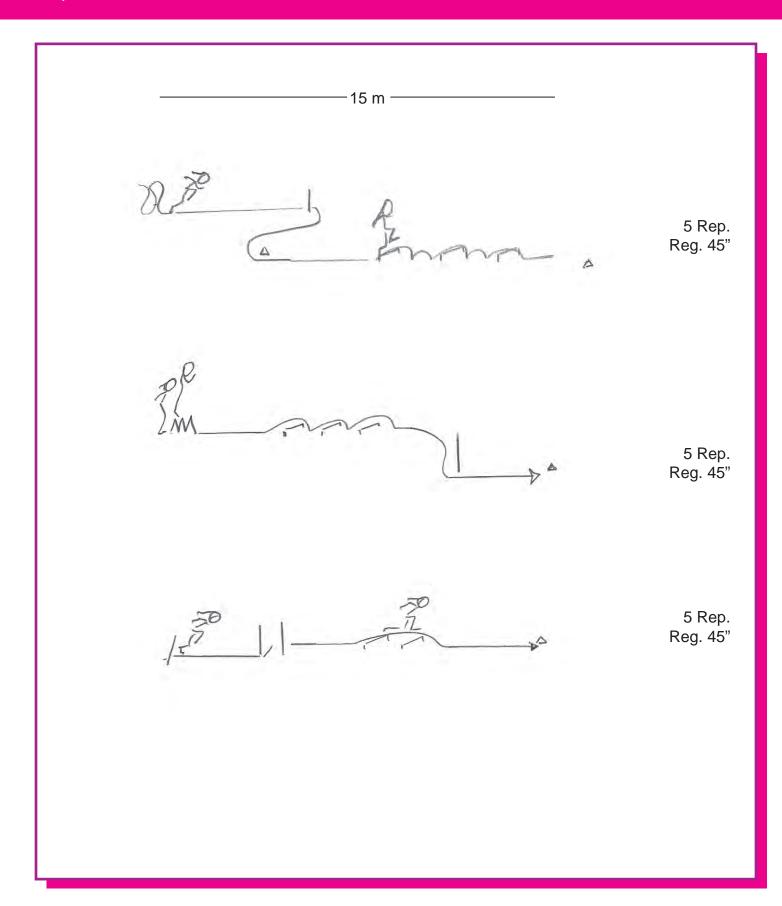


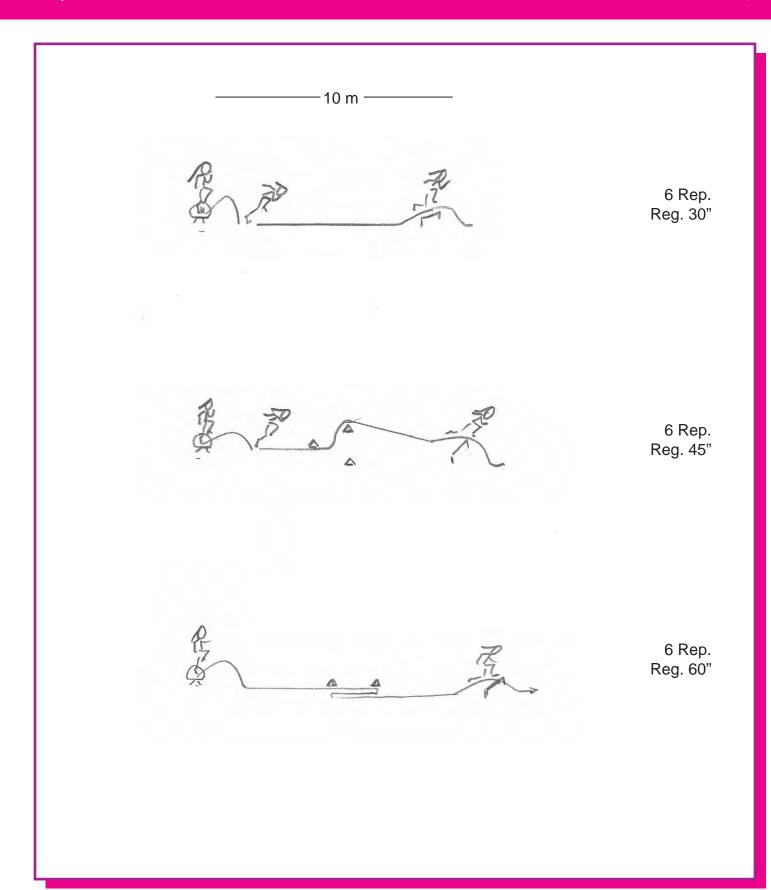


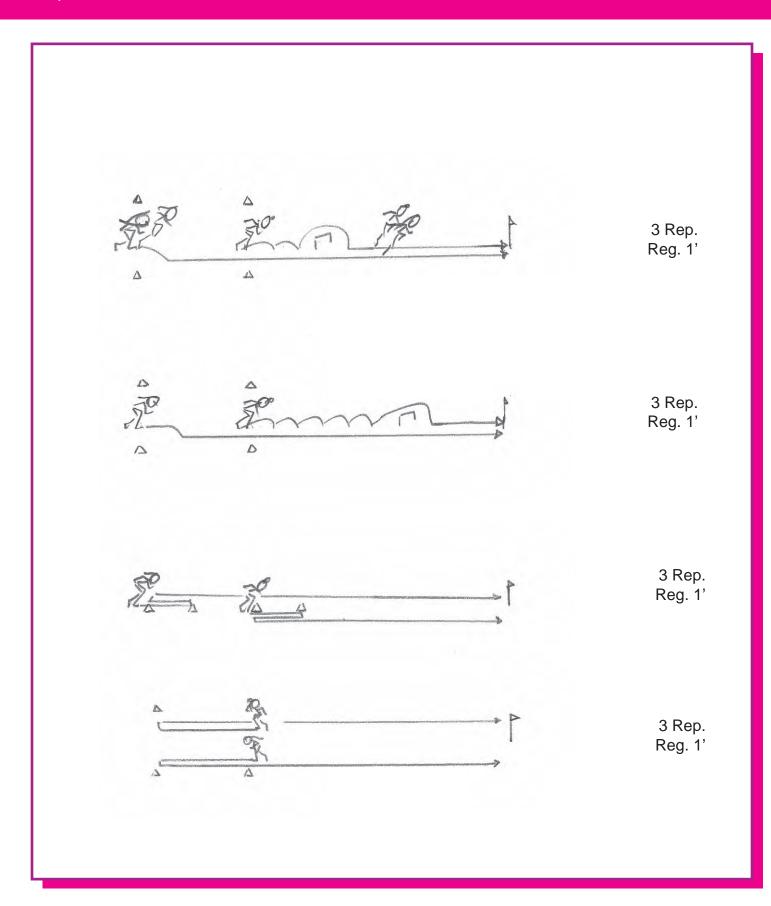


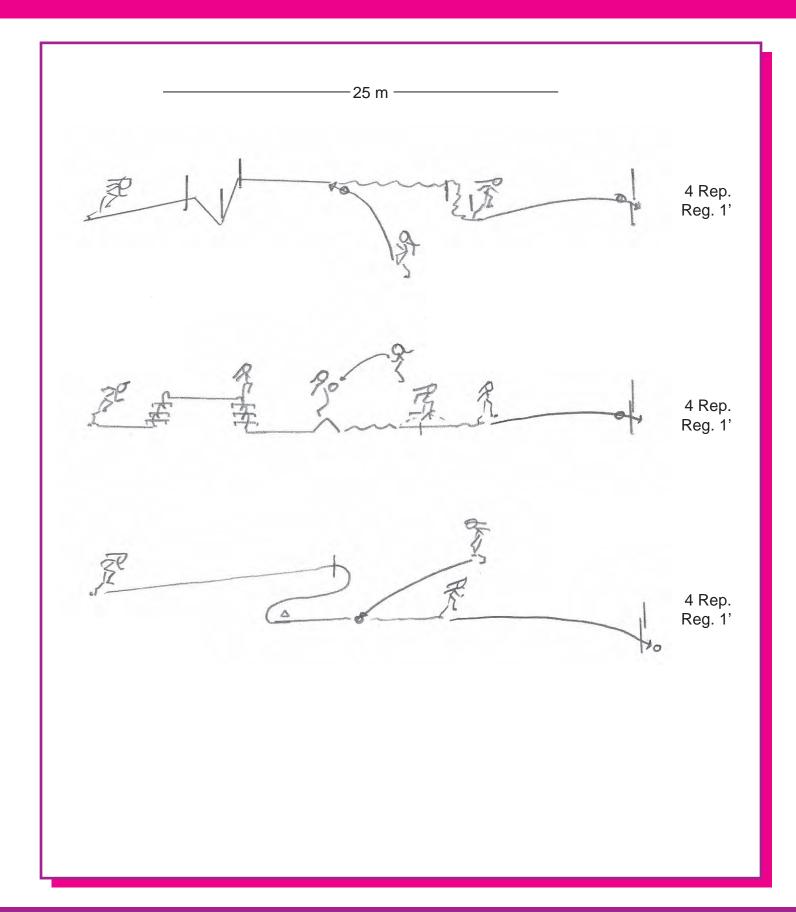


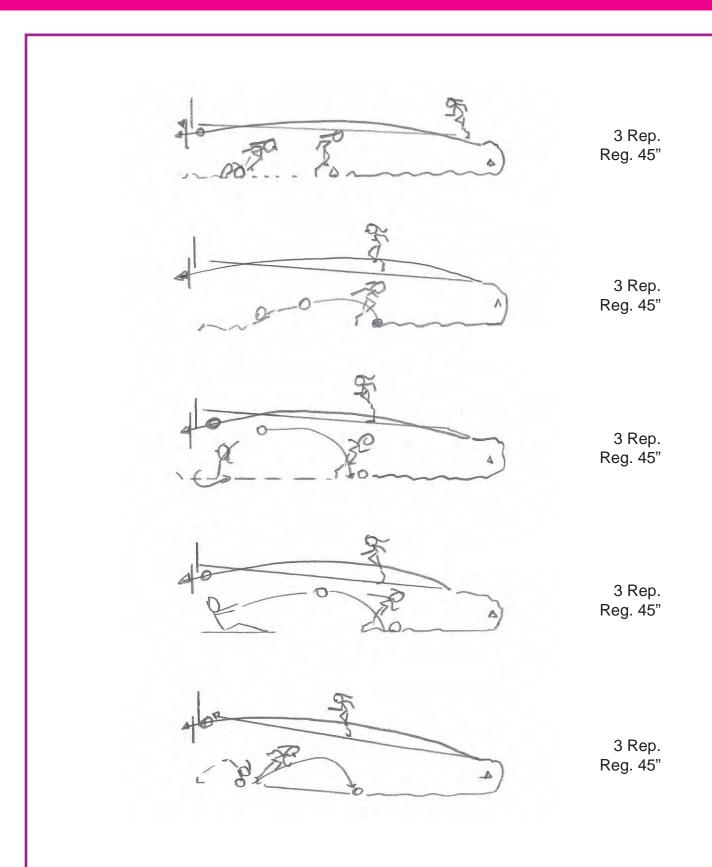


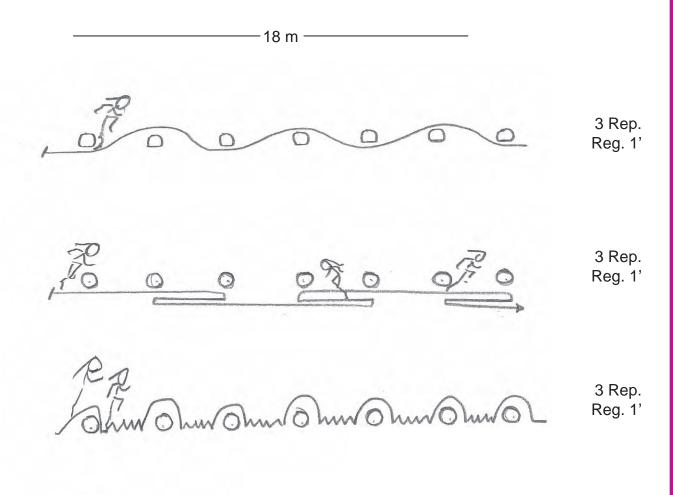






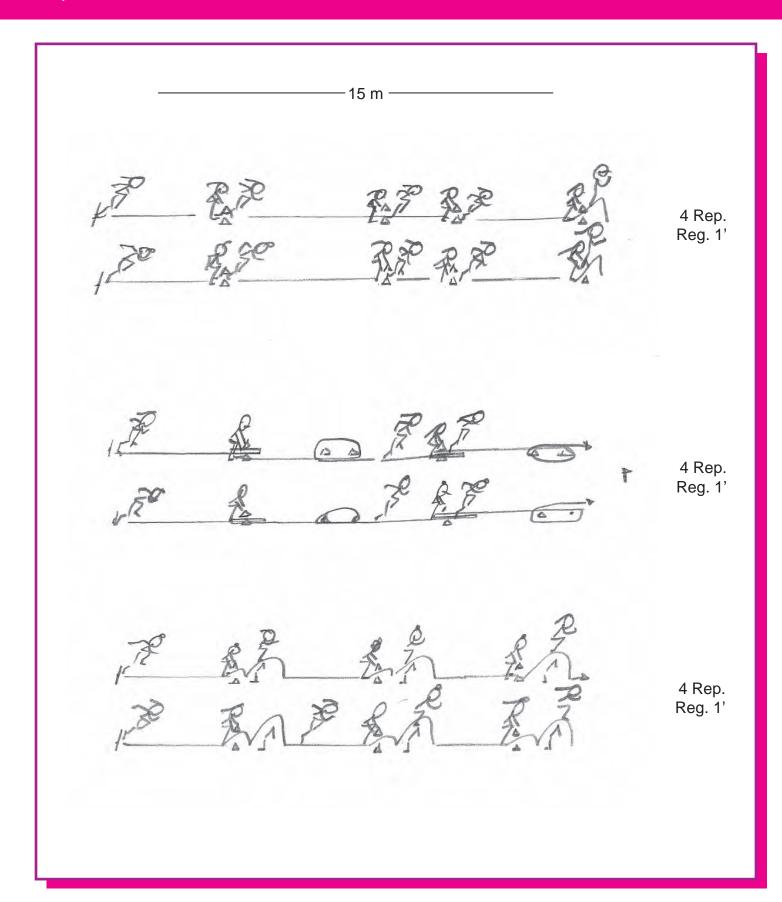


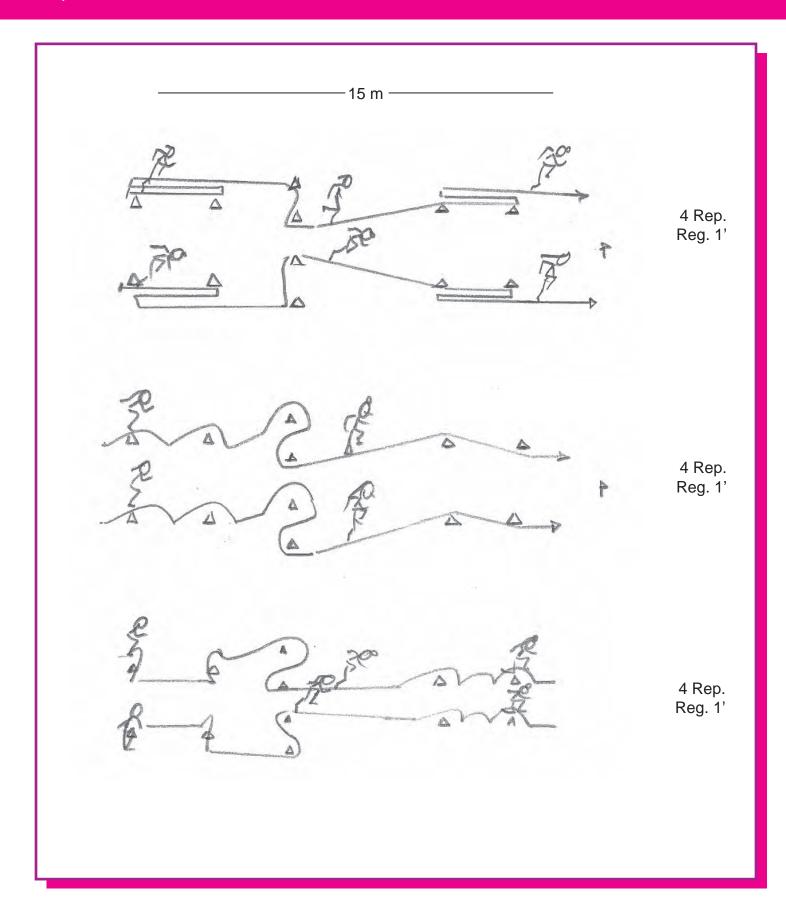


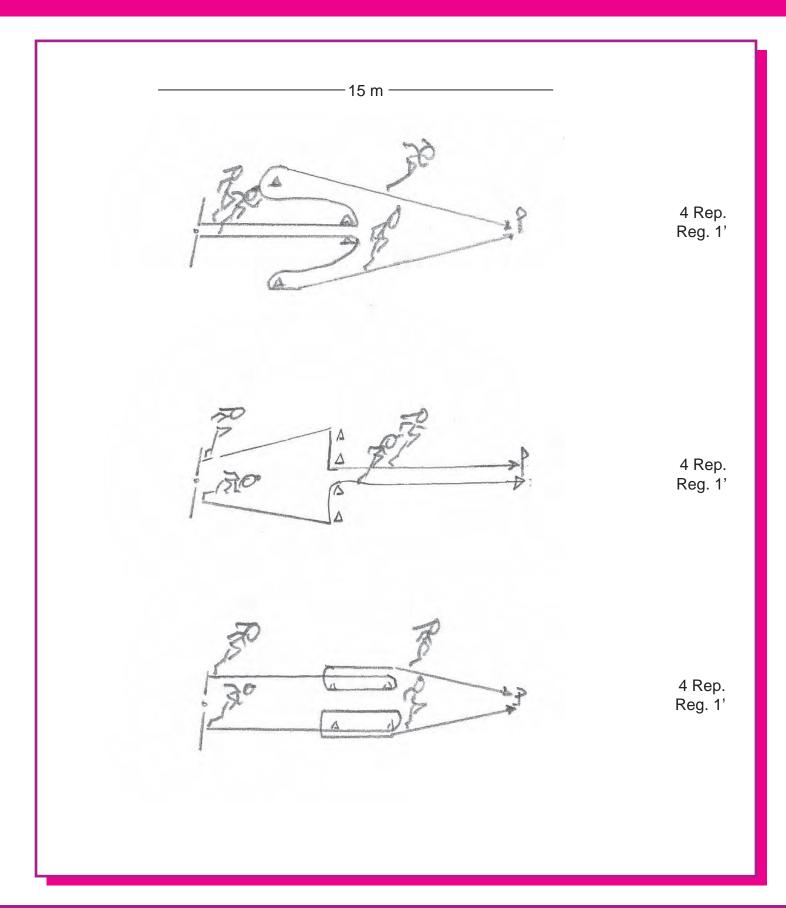


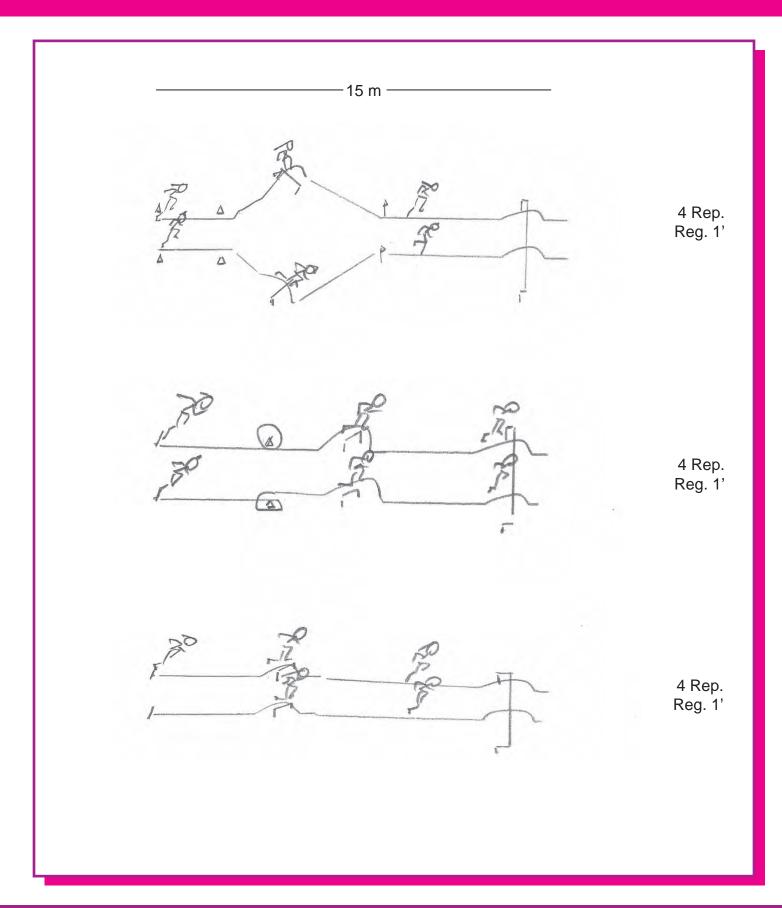


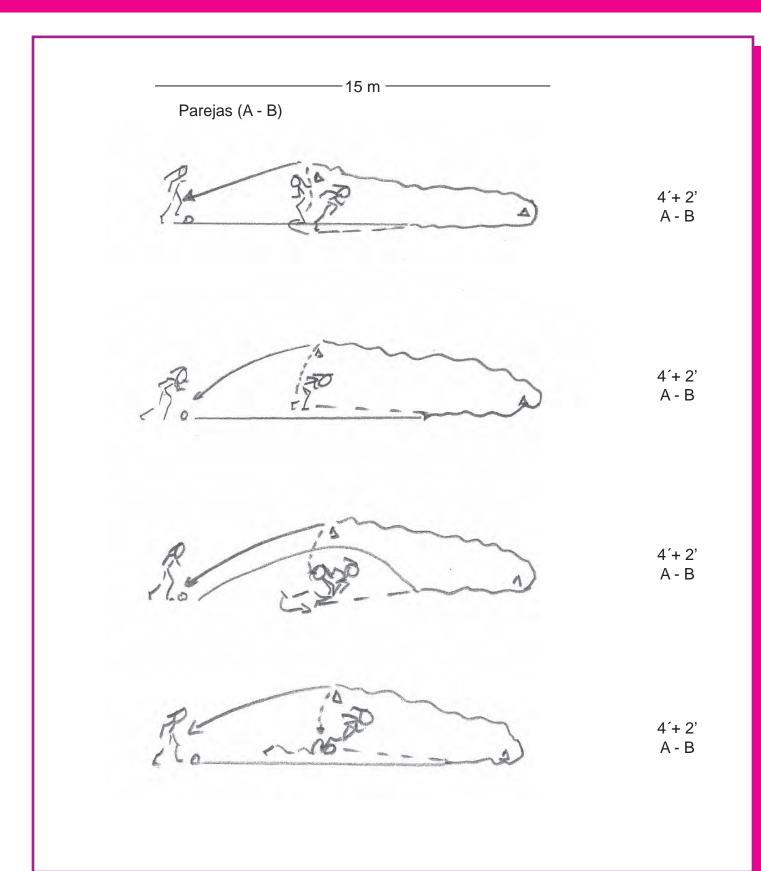
3 Rep. Reg. 1'

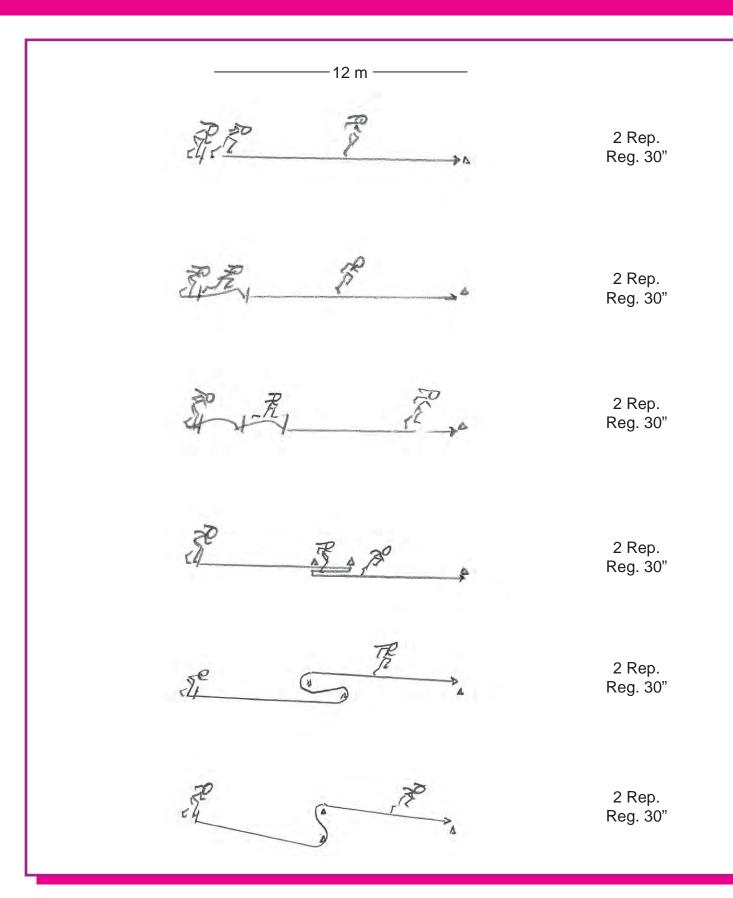




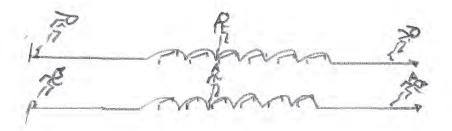








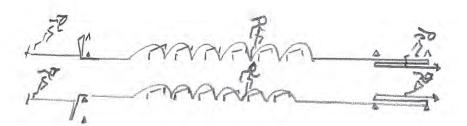




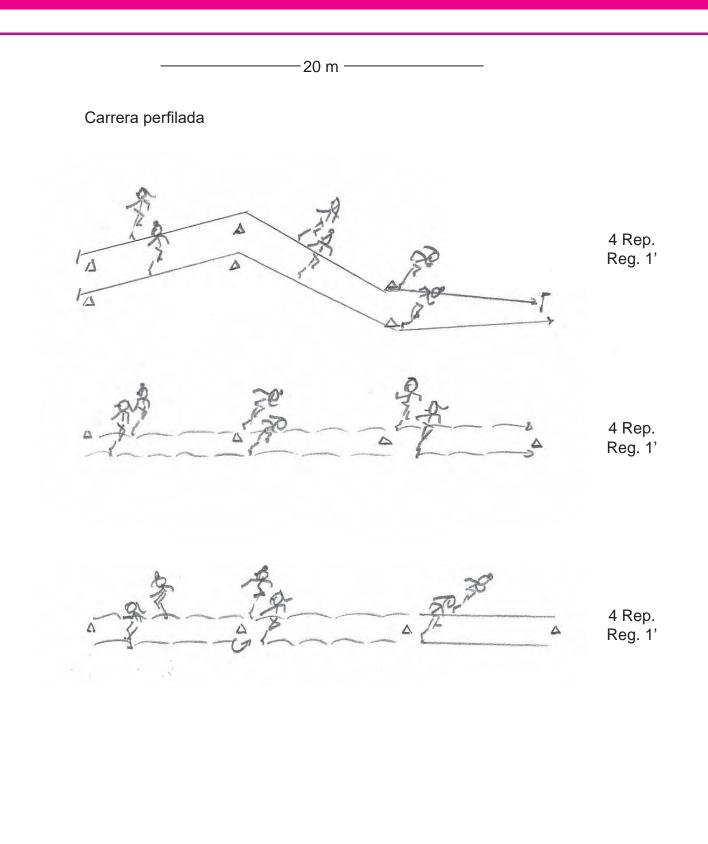
4 Rep. Reg. 1'

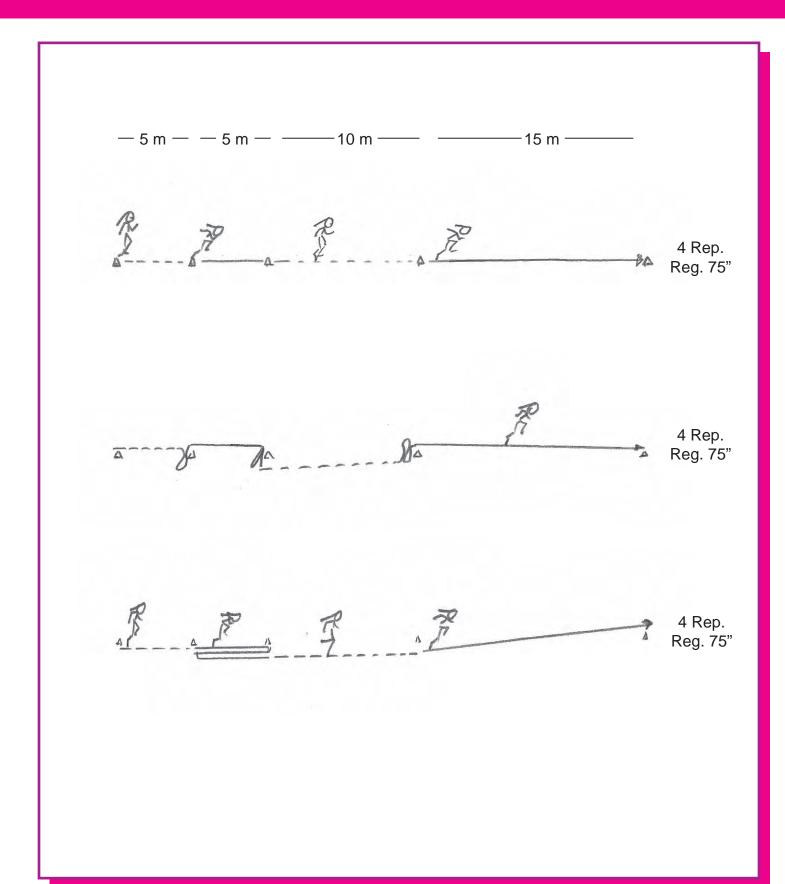


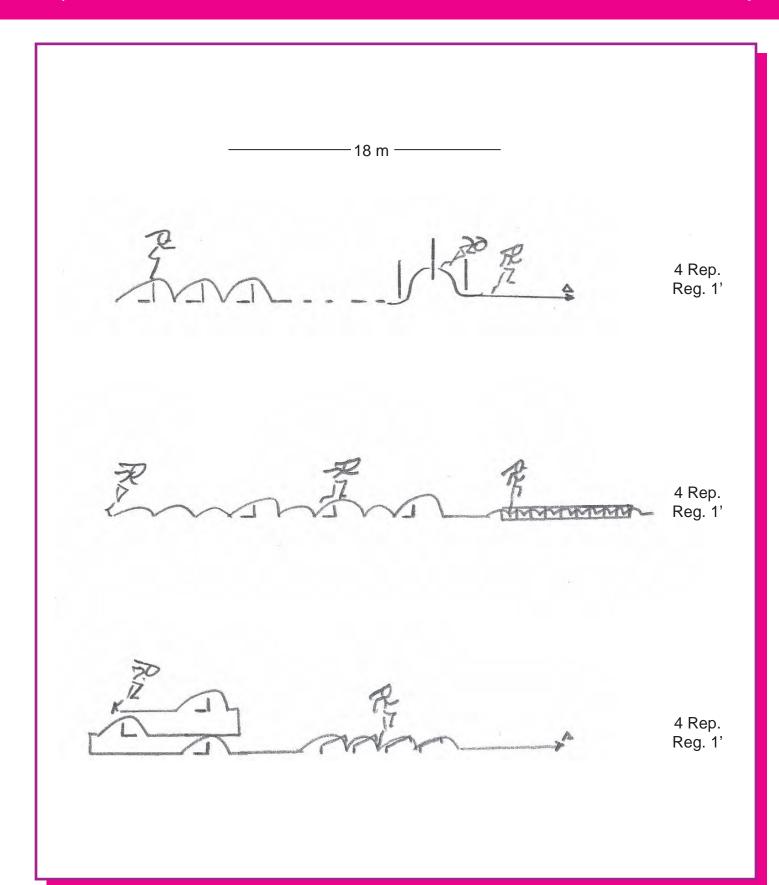
4 Rep. Reg. 1'



4 Rep. Reg. 1'











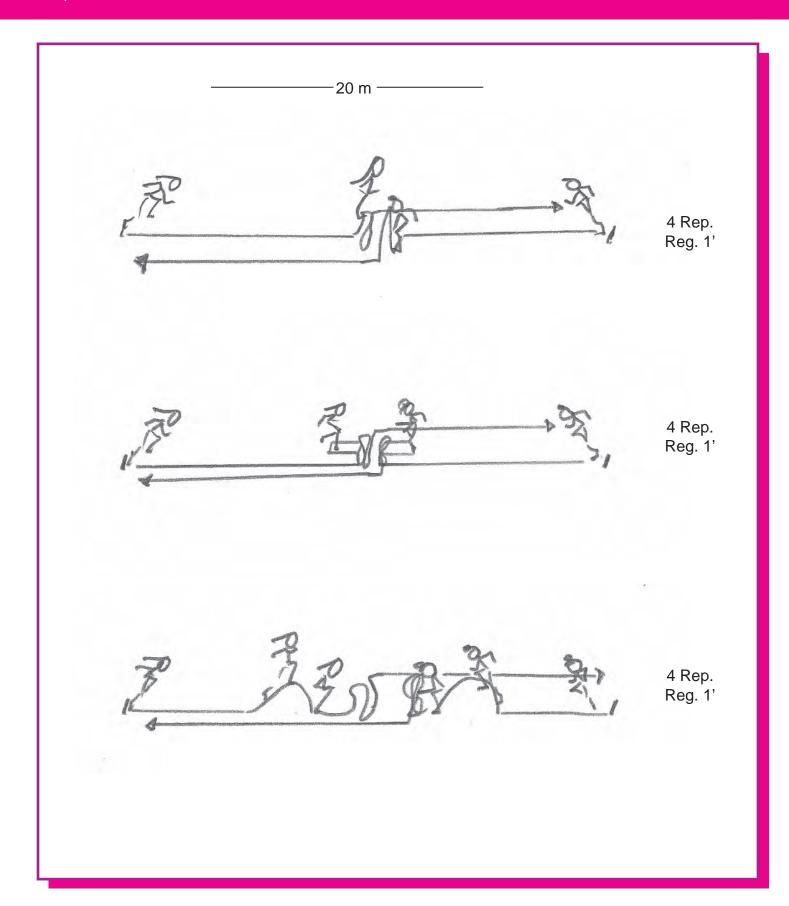
4 Rep. Reg. 1'

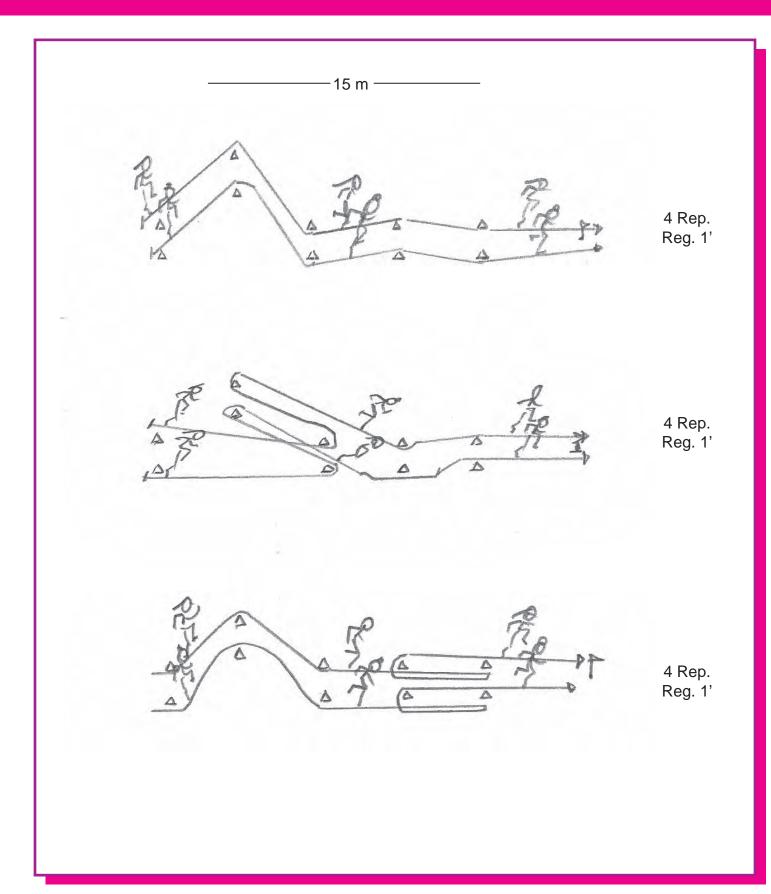


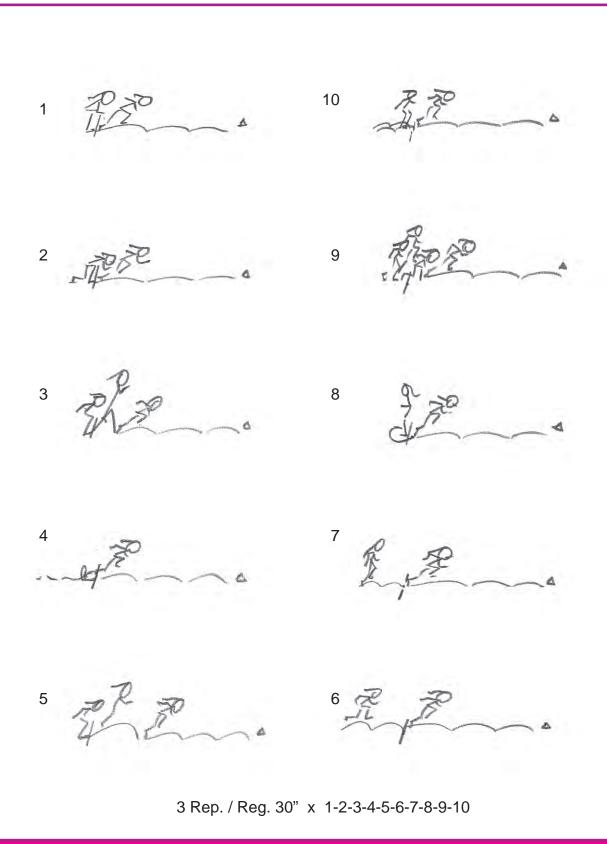
4 Rep. Reg. 1'

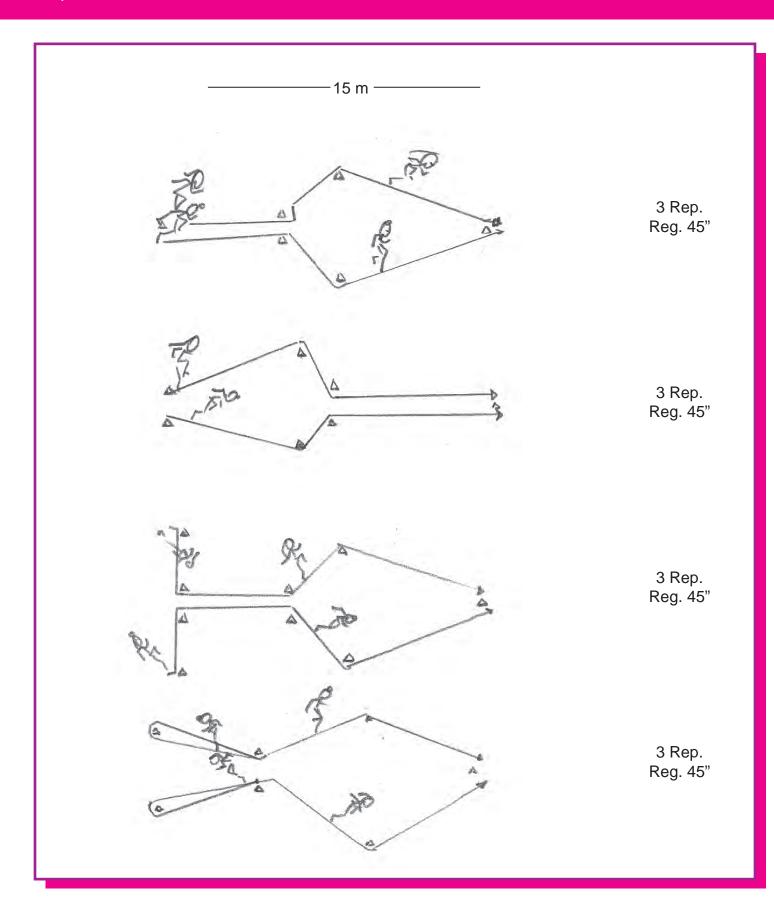


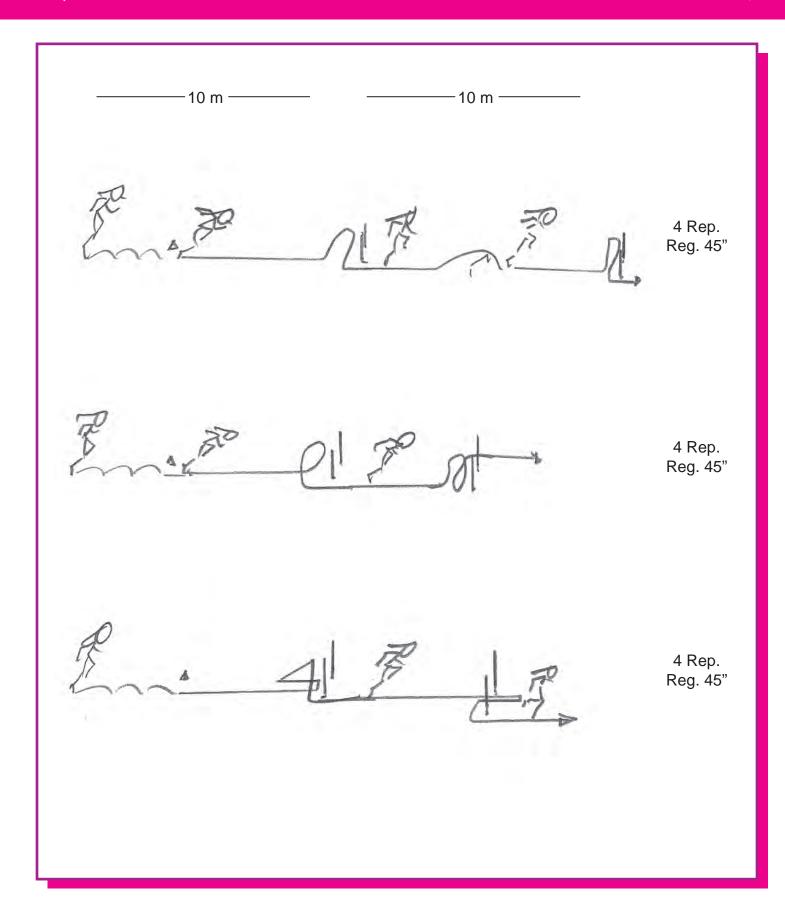
4 Rep. Reg. 1'

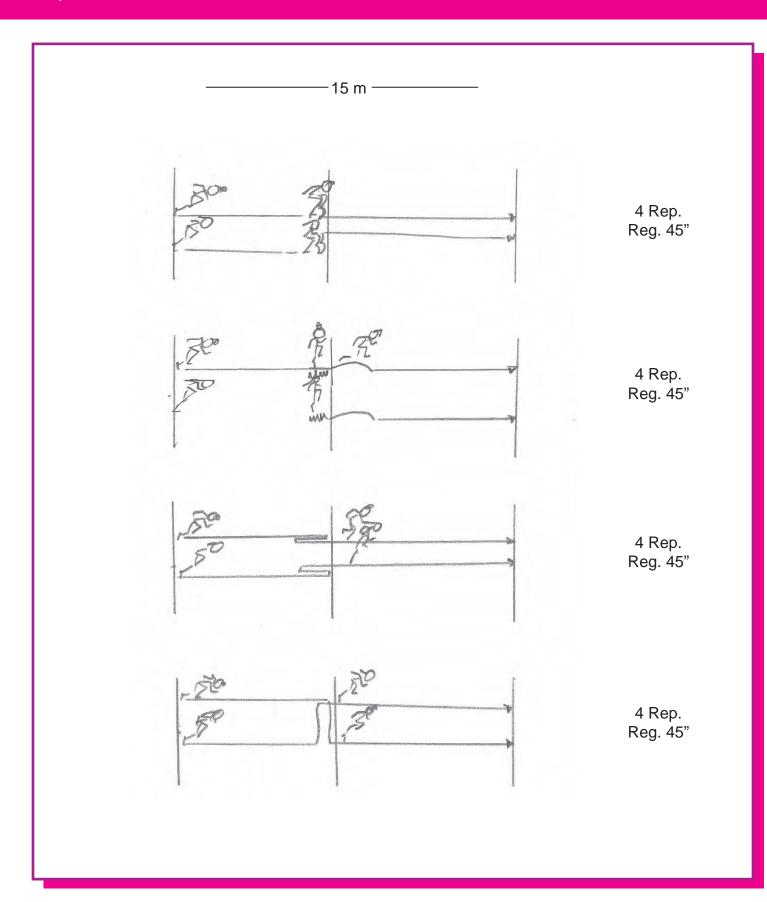


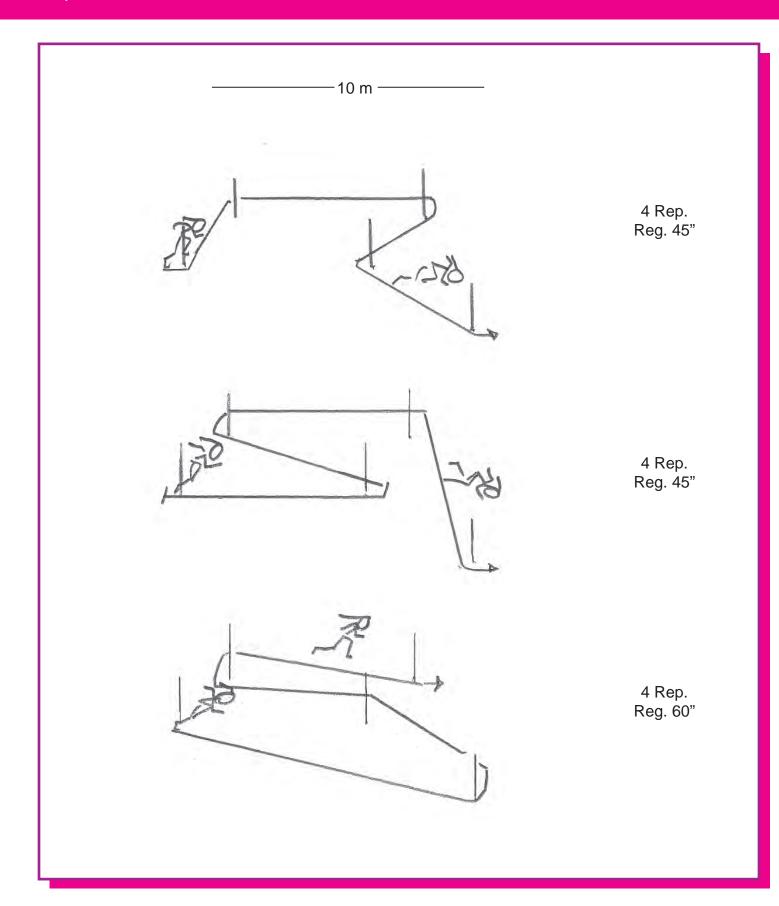


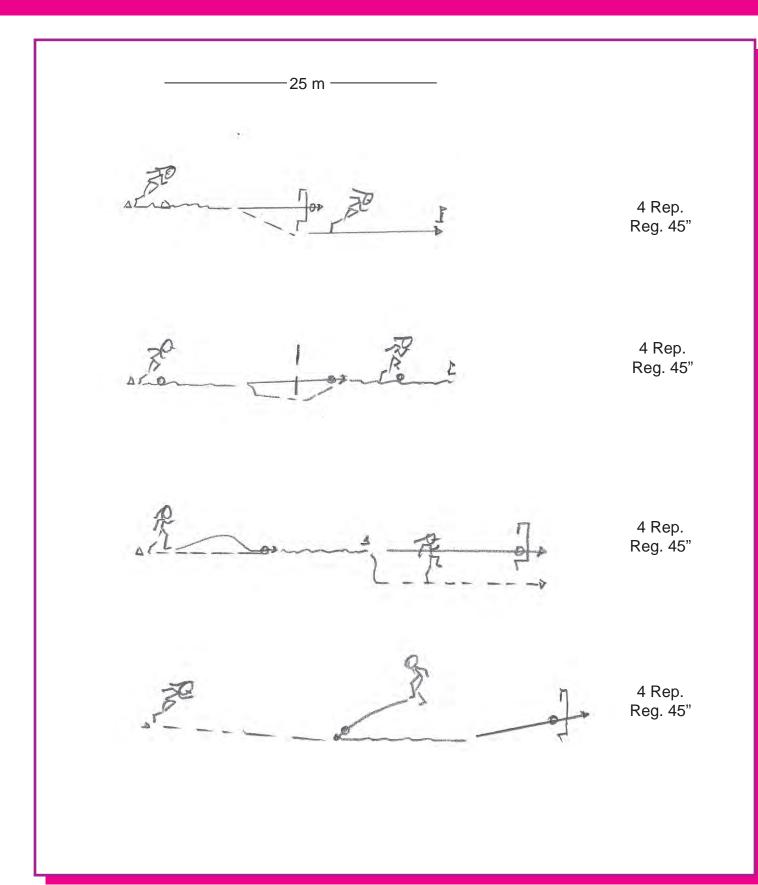


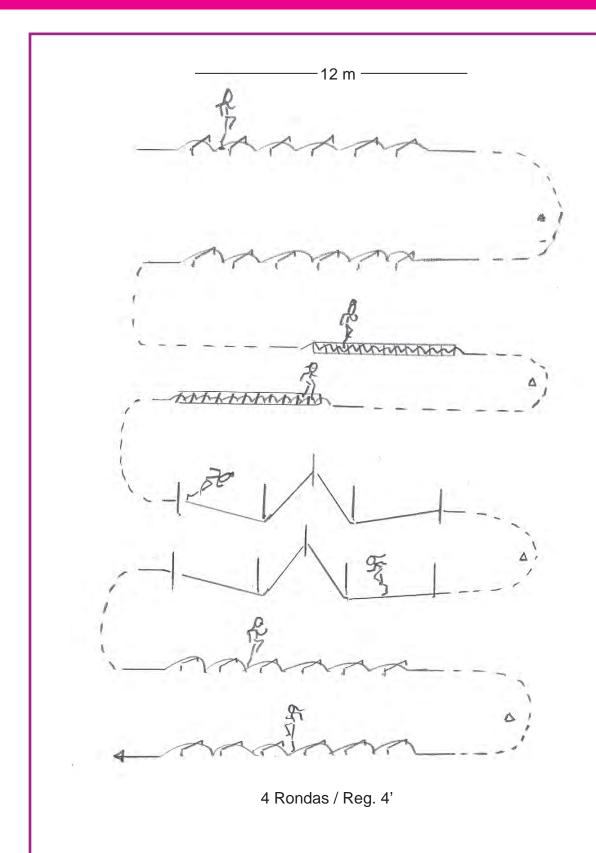










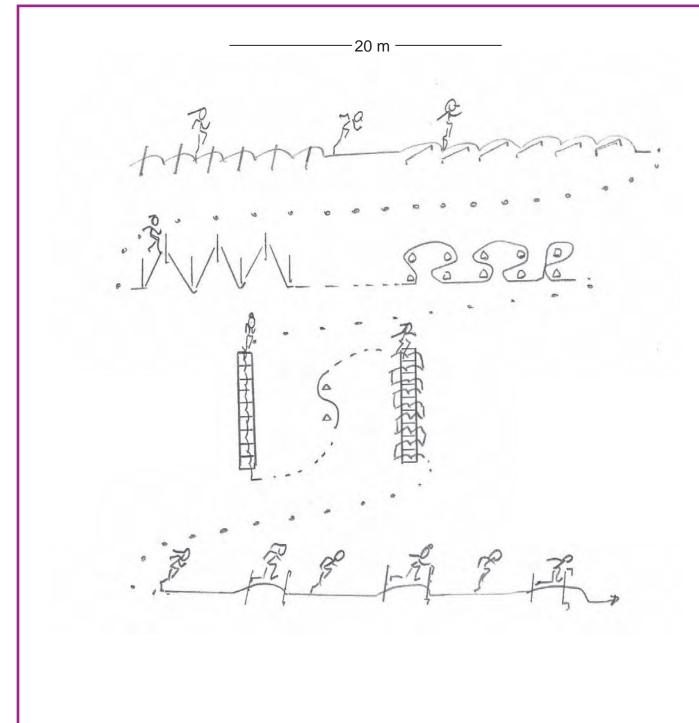




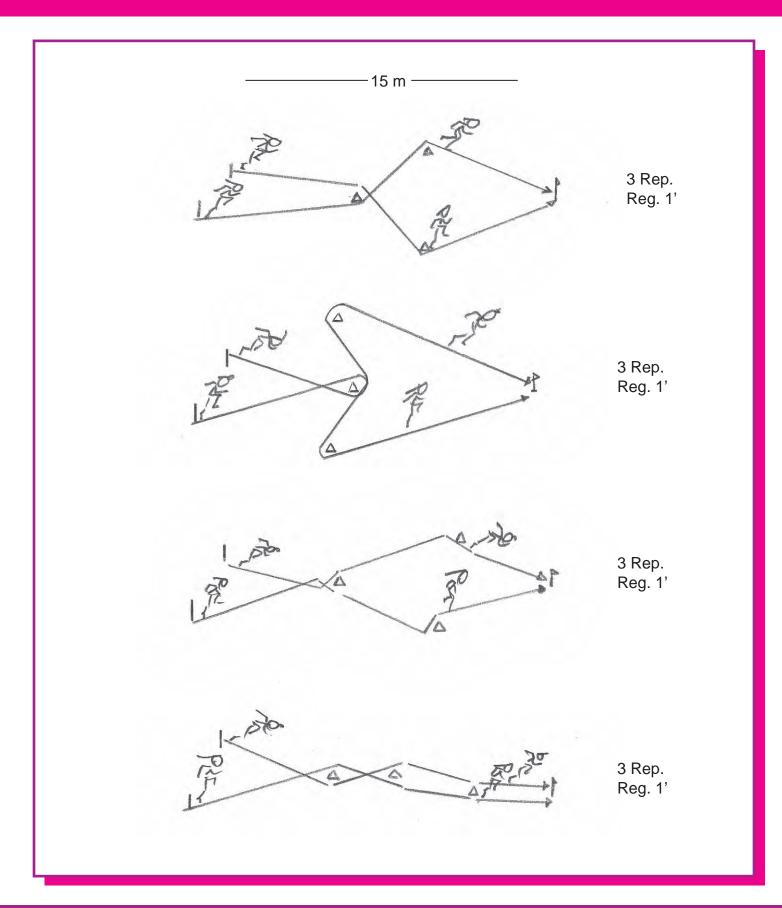


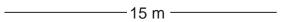


4 Rondas / Reg. 3'









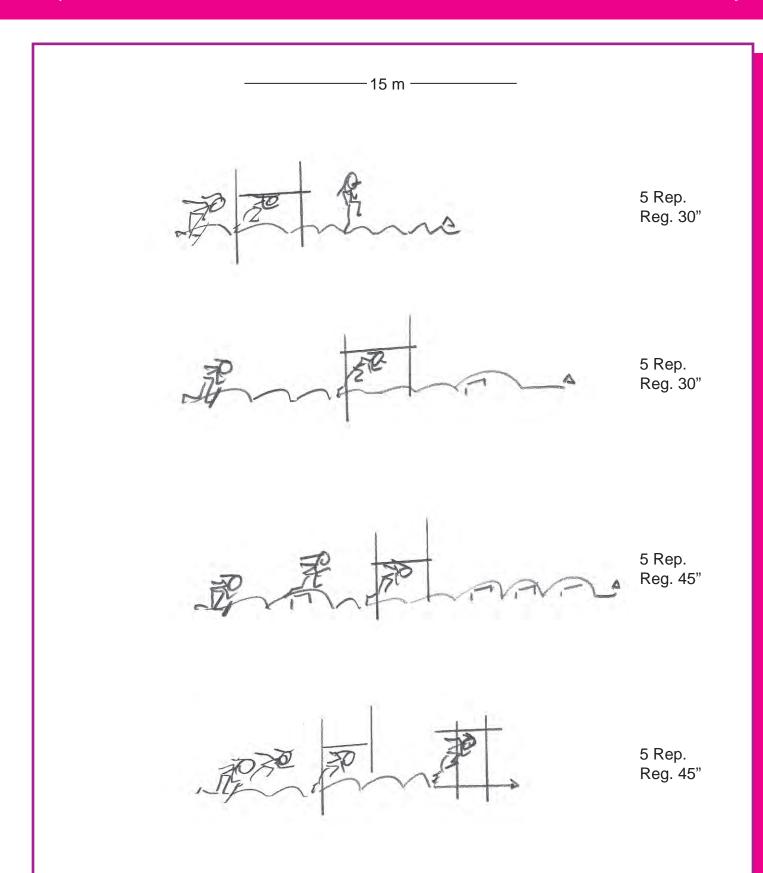


5 Rep. Reg. 45"



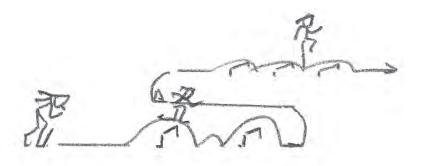
5 Rep. Reg. 45"



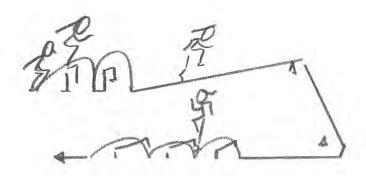


-10 m -4 Rep. Reg. 45" 4 Rep. Reg. 45" 4 Rep. Reg. 45"

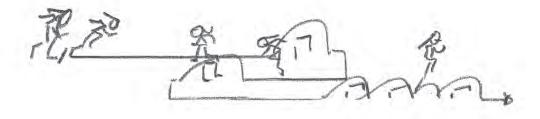


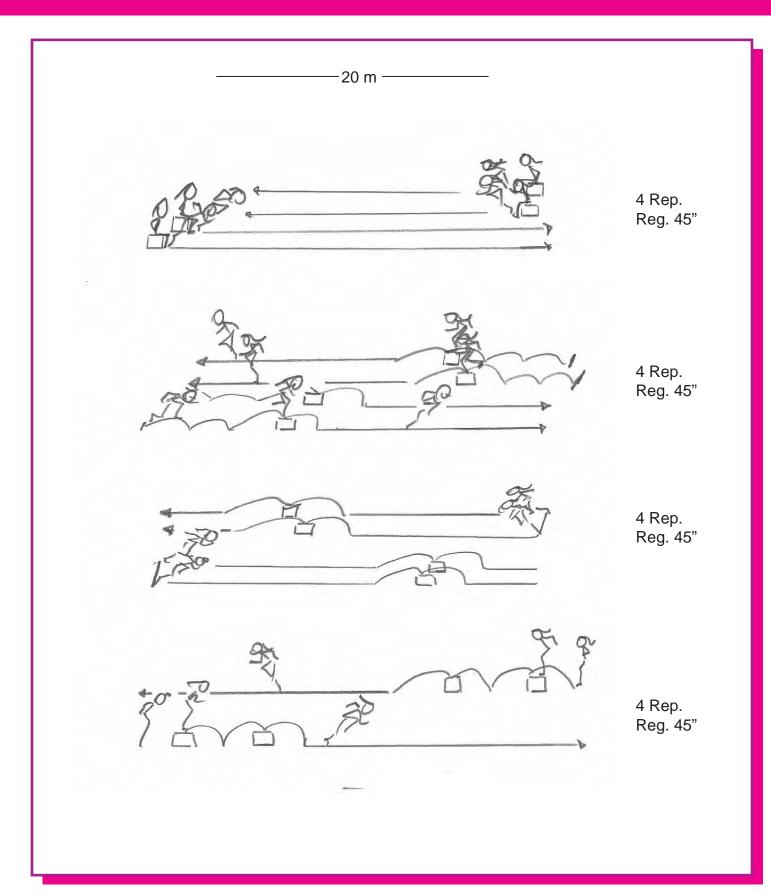


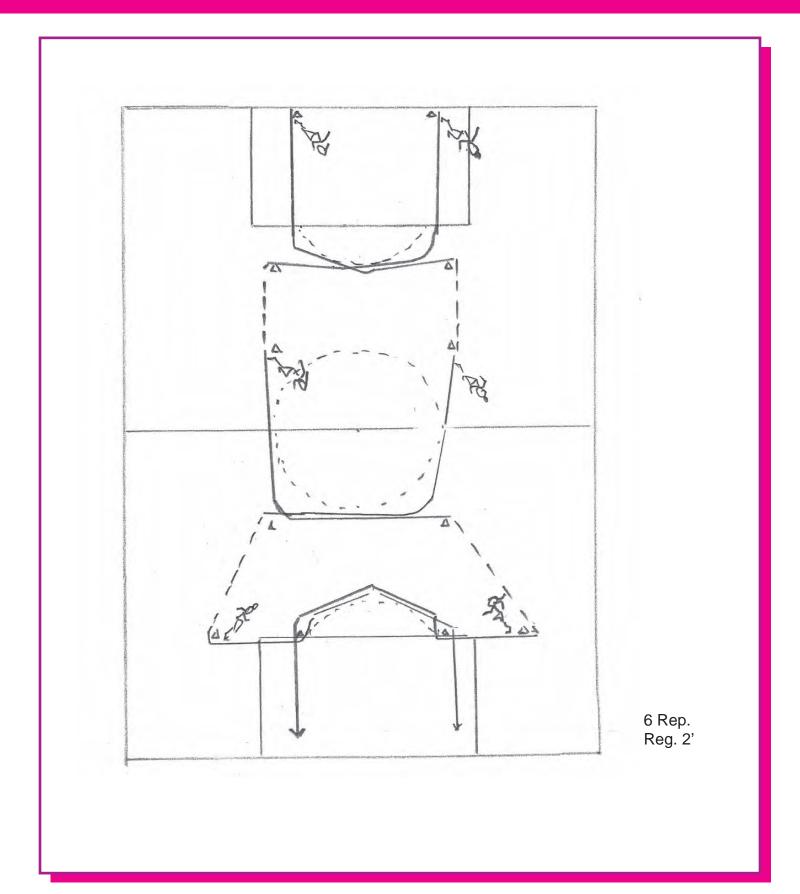
4 Rep. Reg. 45"

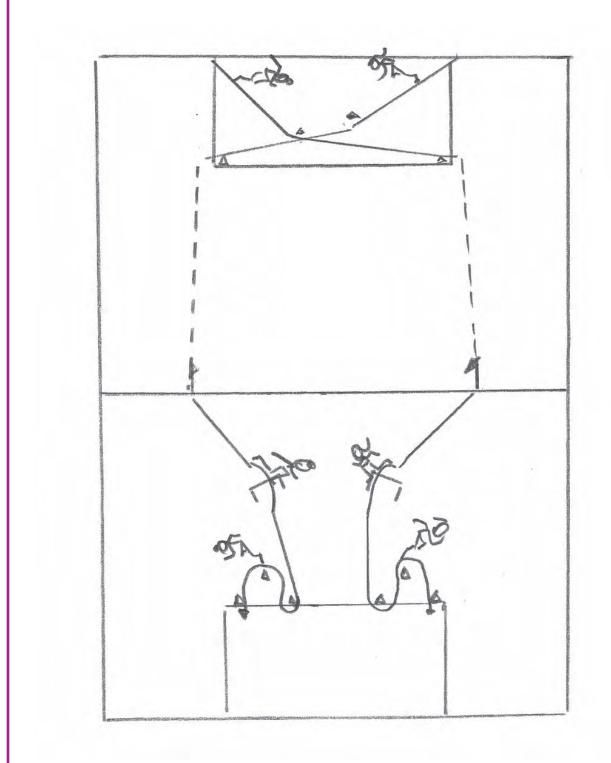


4 Rep. Reg. 45"

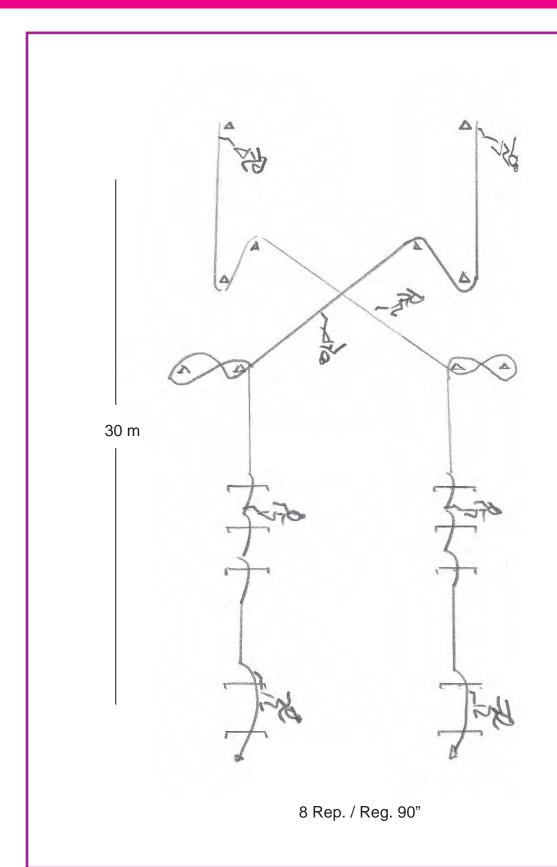




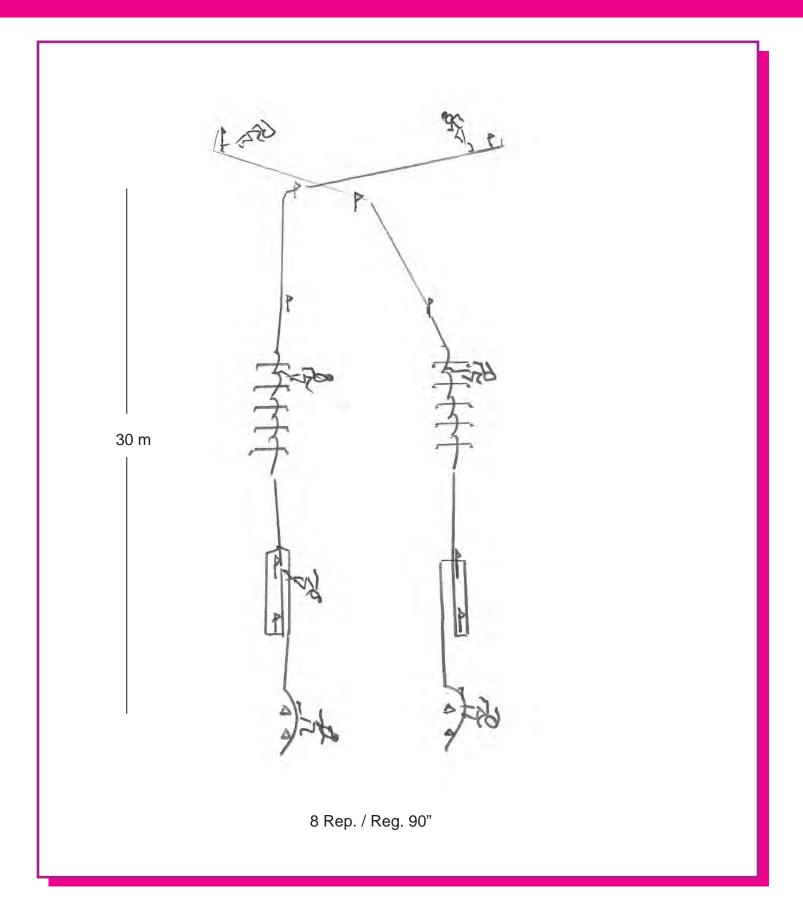


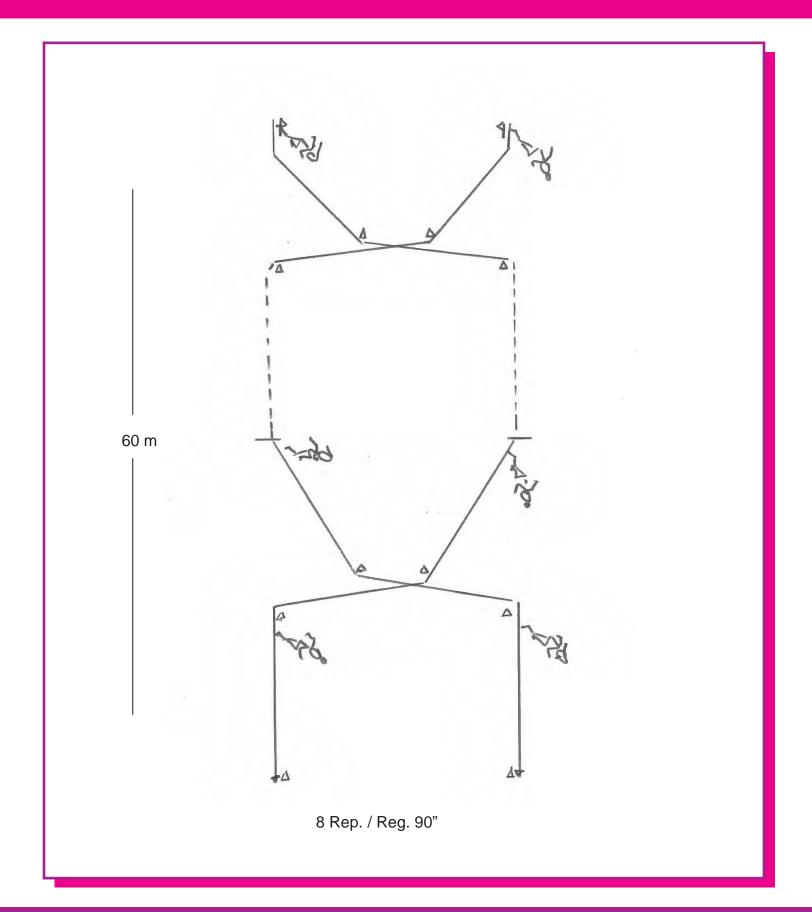


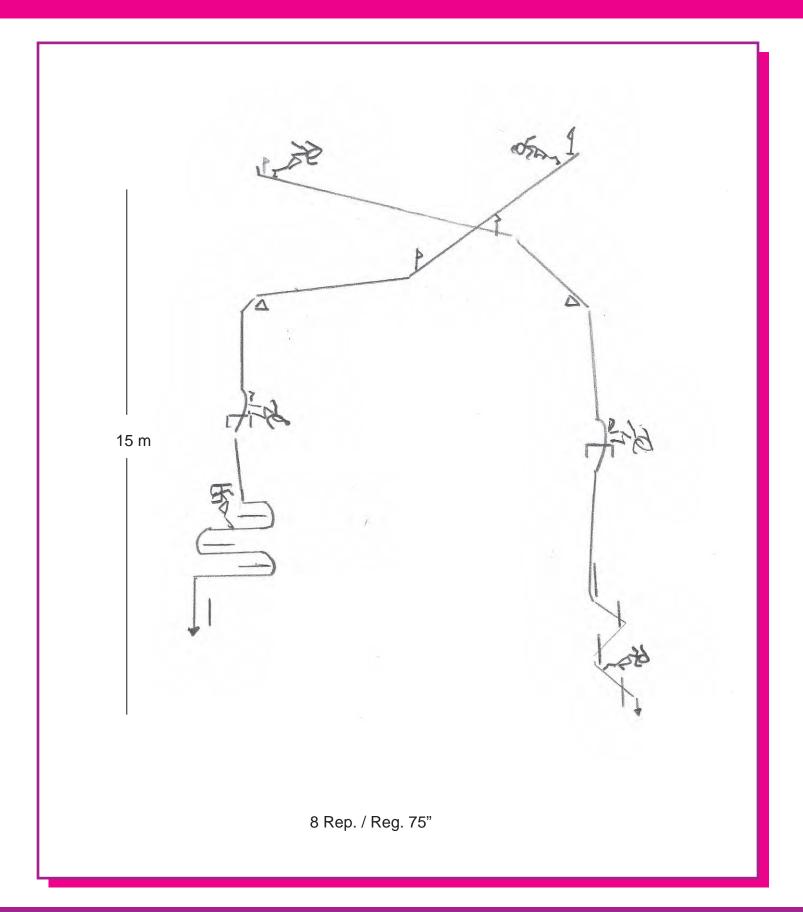
6 Rep. Reg. 2'

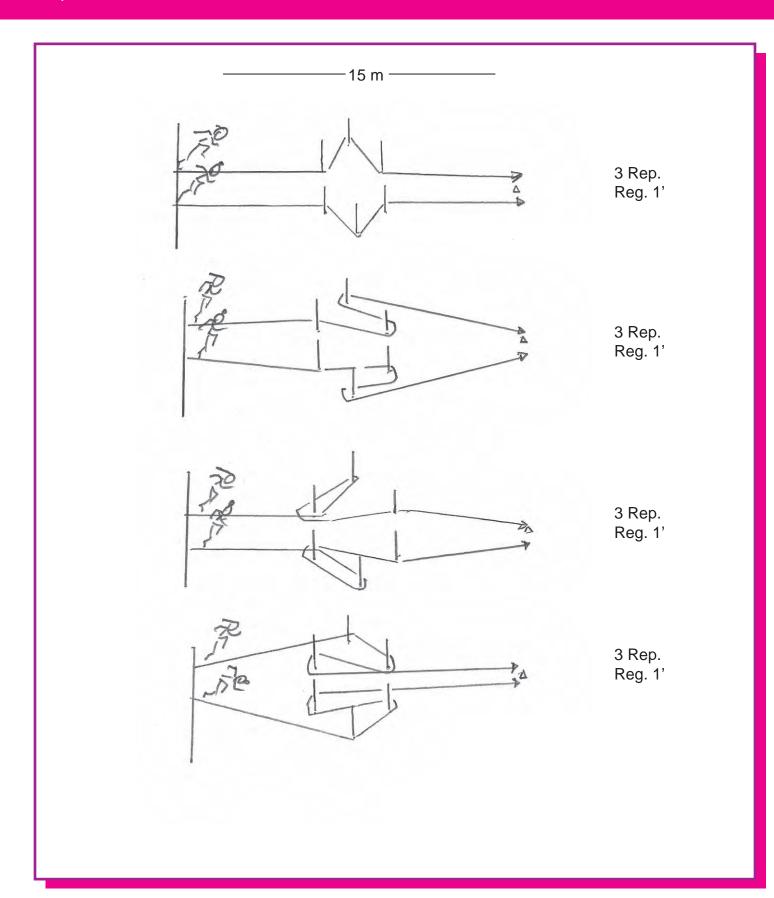


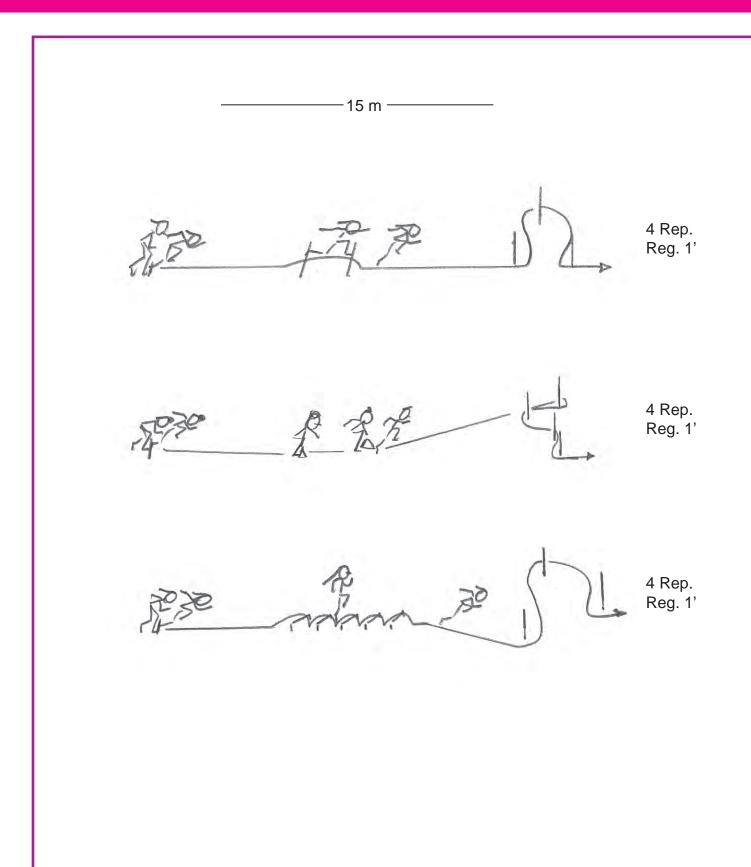


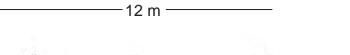










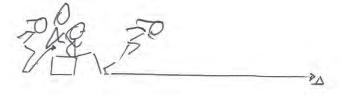




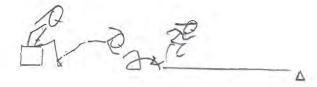
3 Rep. Reg. 45"



3 Rep. Reg. 45"



3 Rep. Reg. 45"



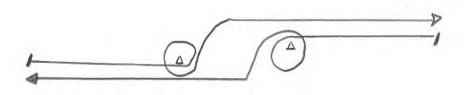
Filas encontradas



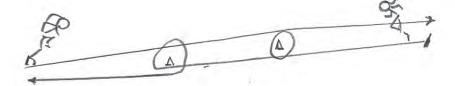
3 Rep. Reg. 45"

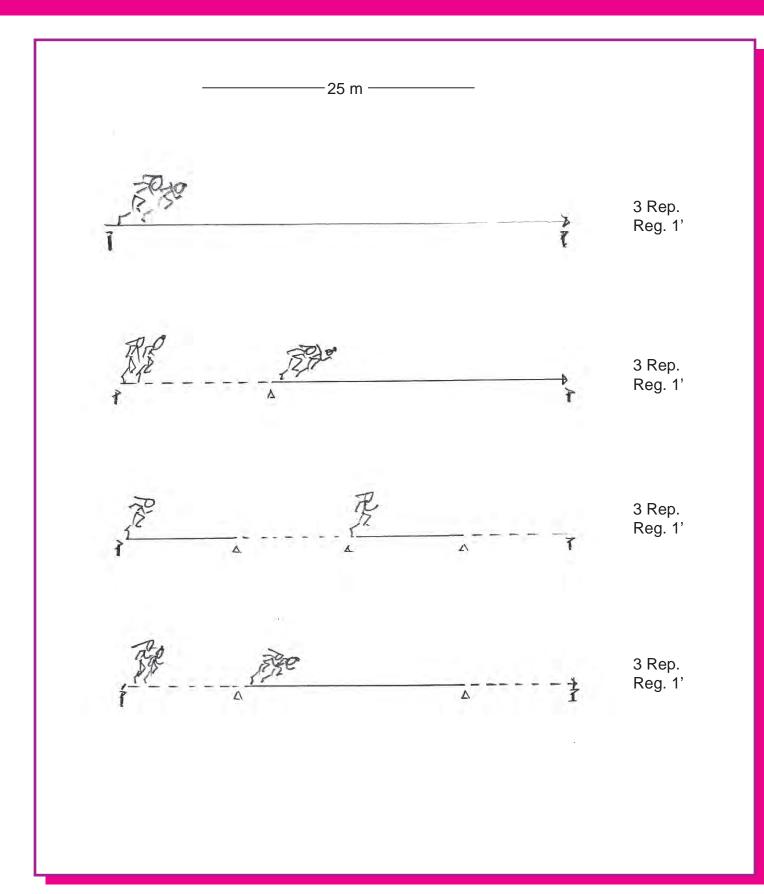


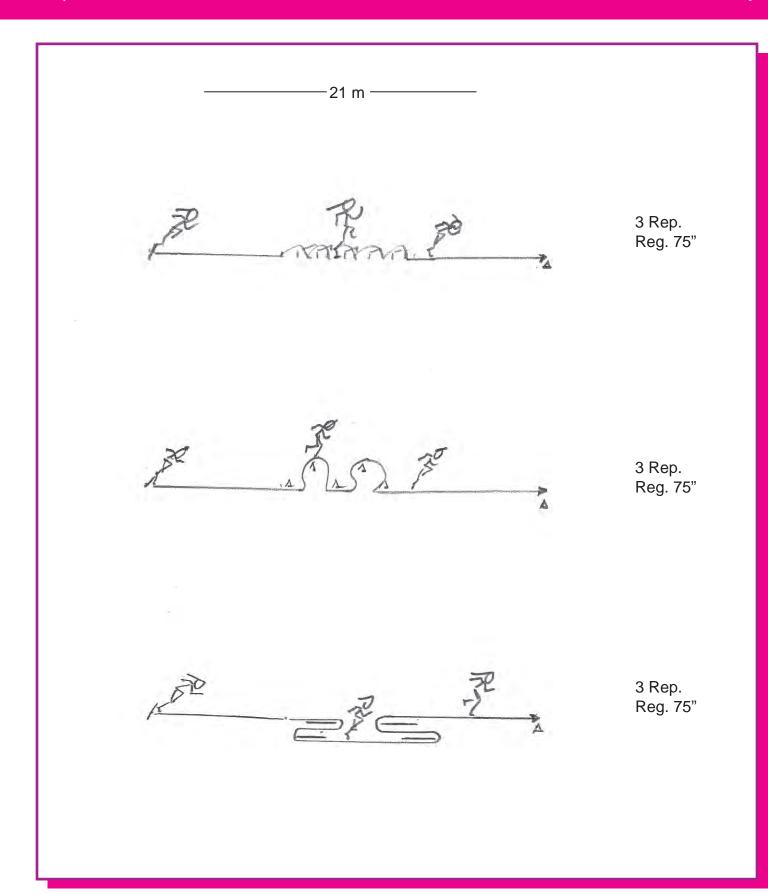
3 Rep. Reg. 45"

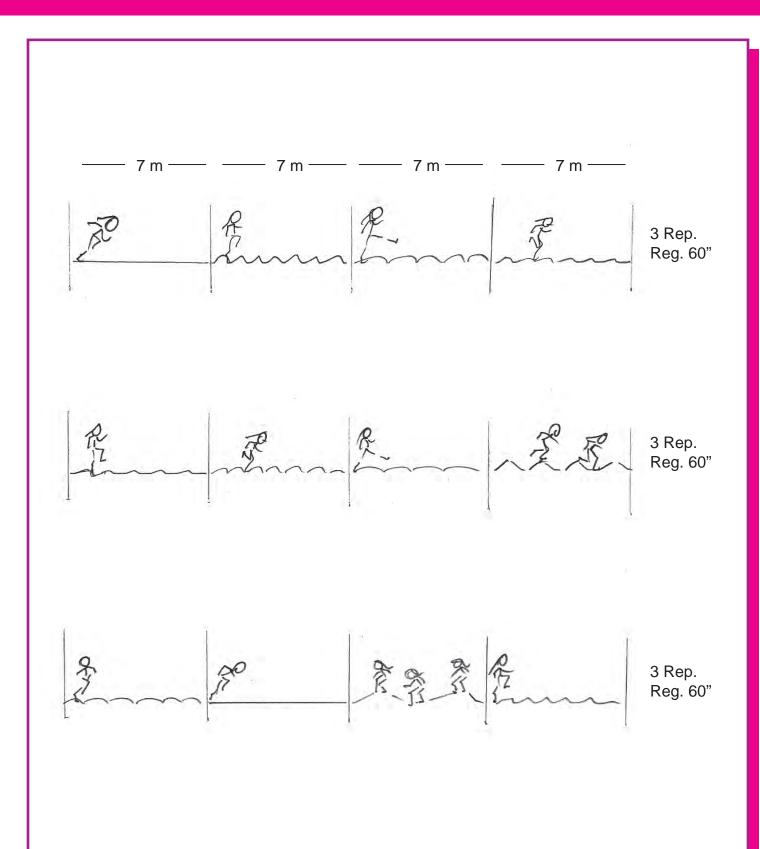


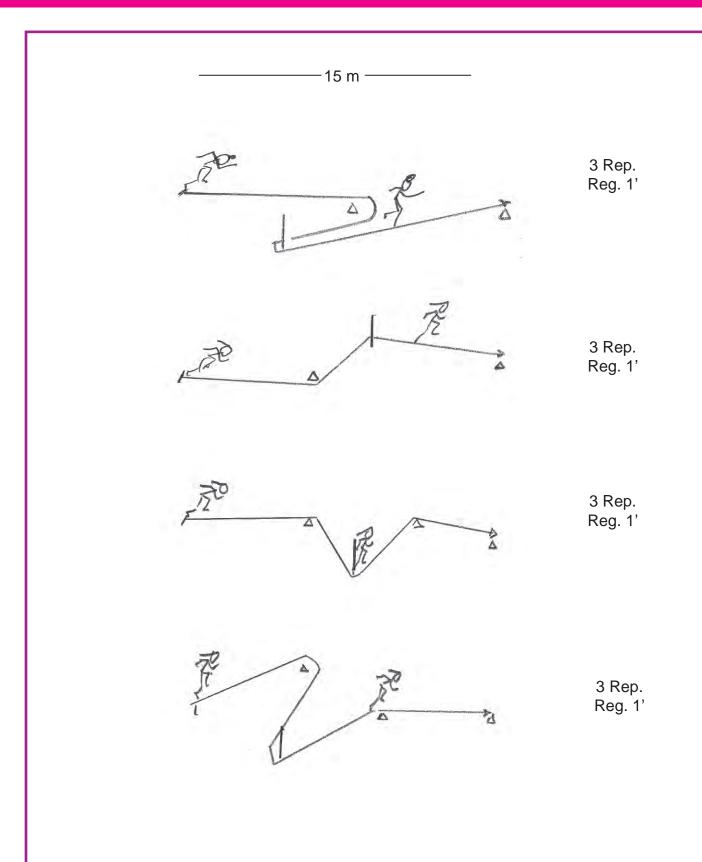
3 Rep. Reg. 45"

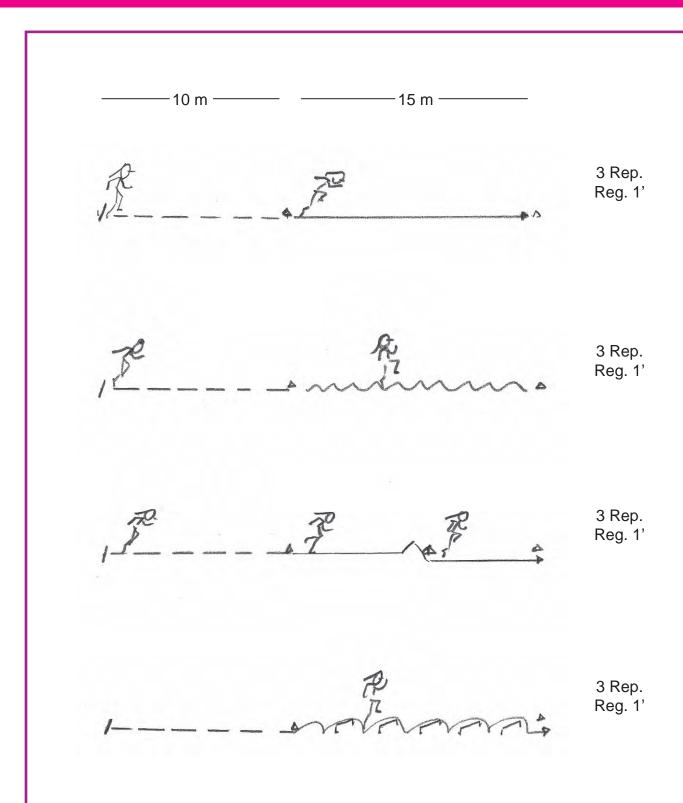


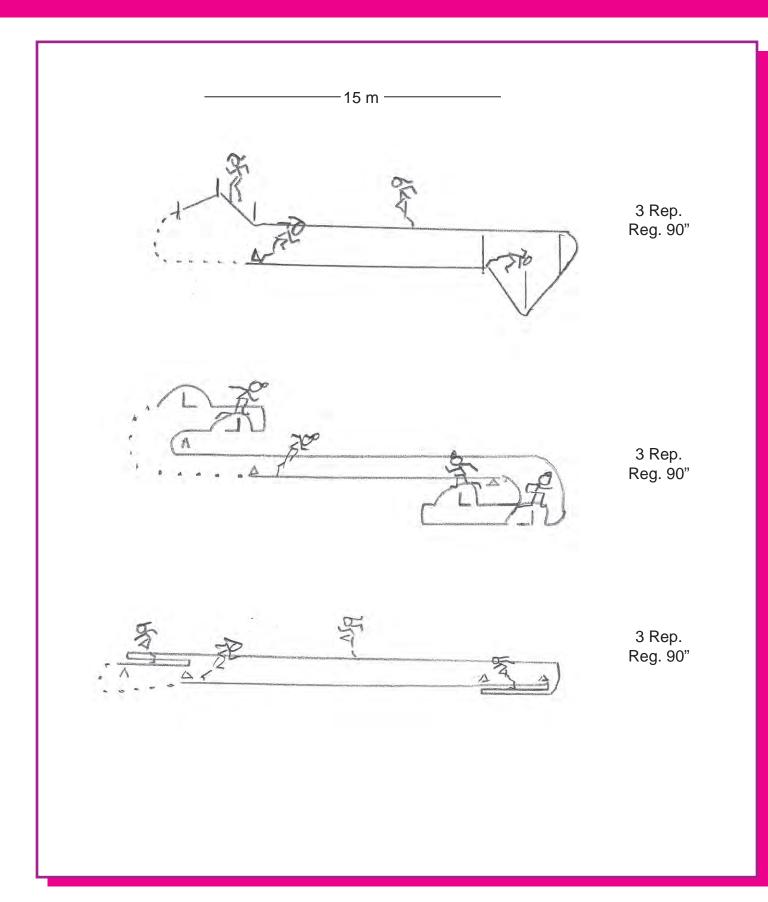


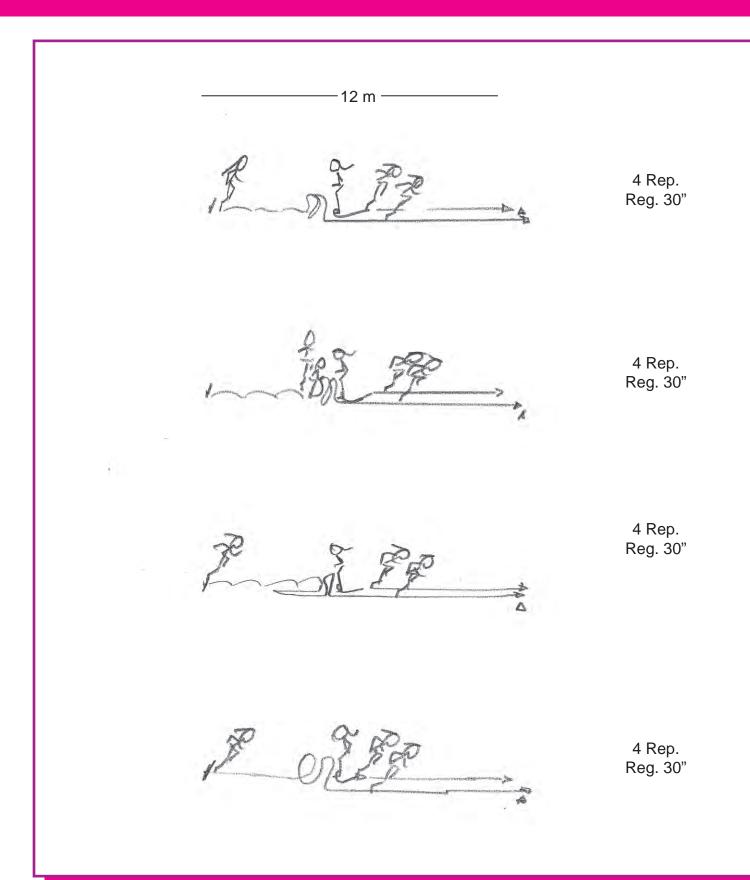


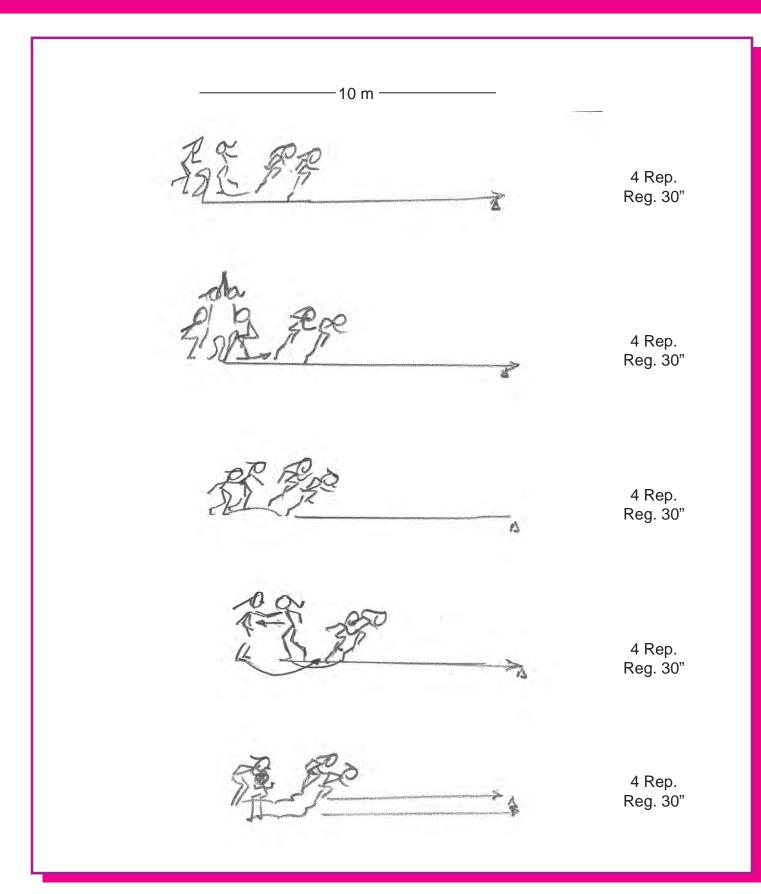


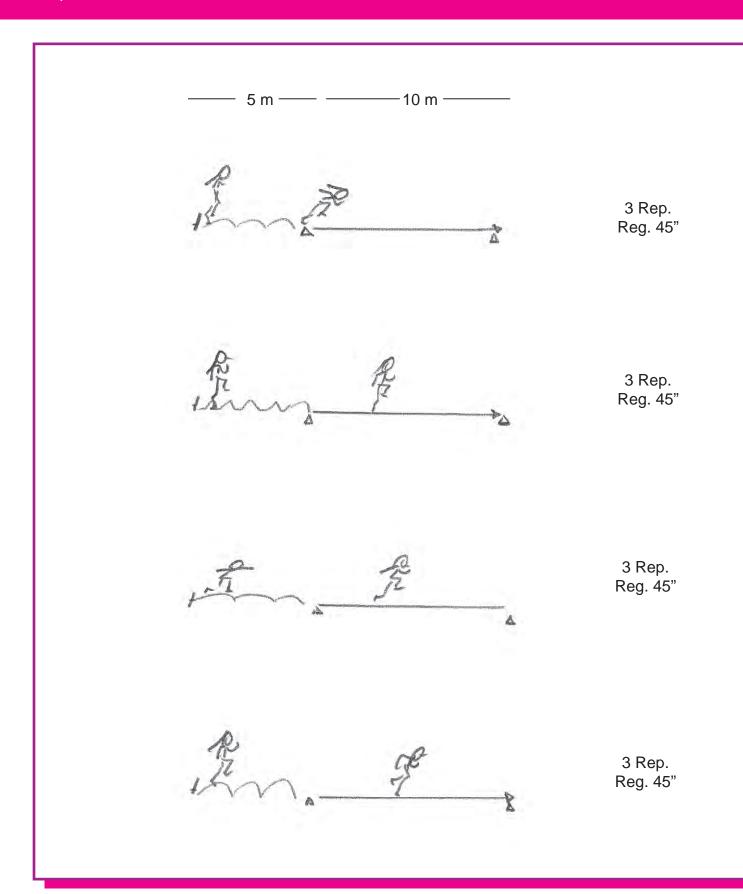


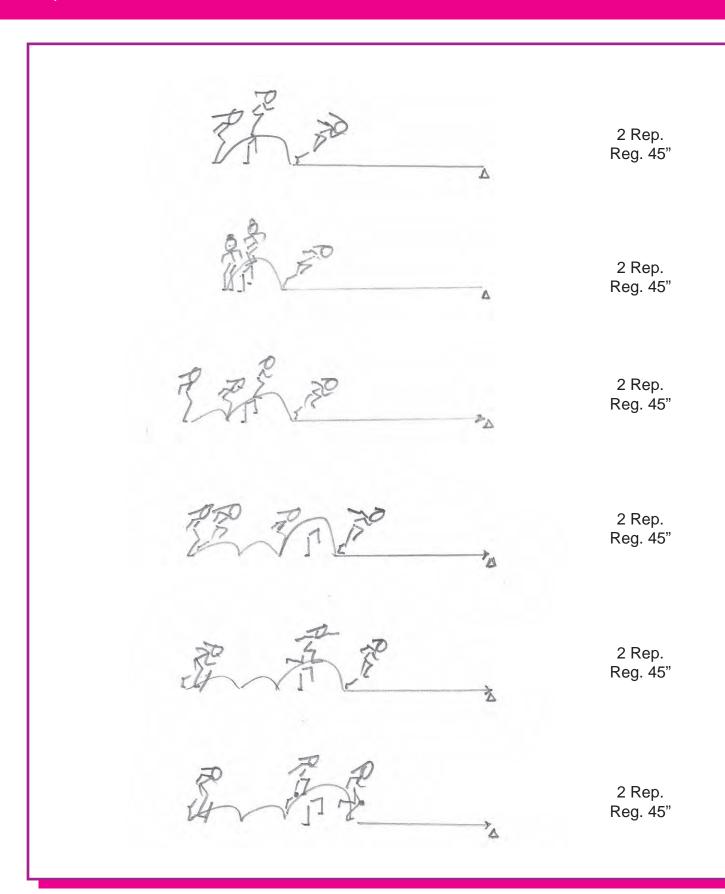


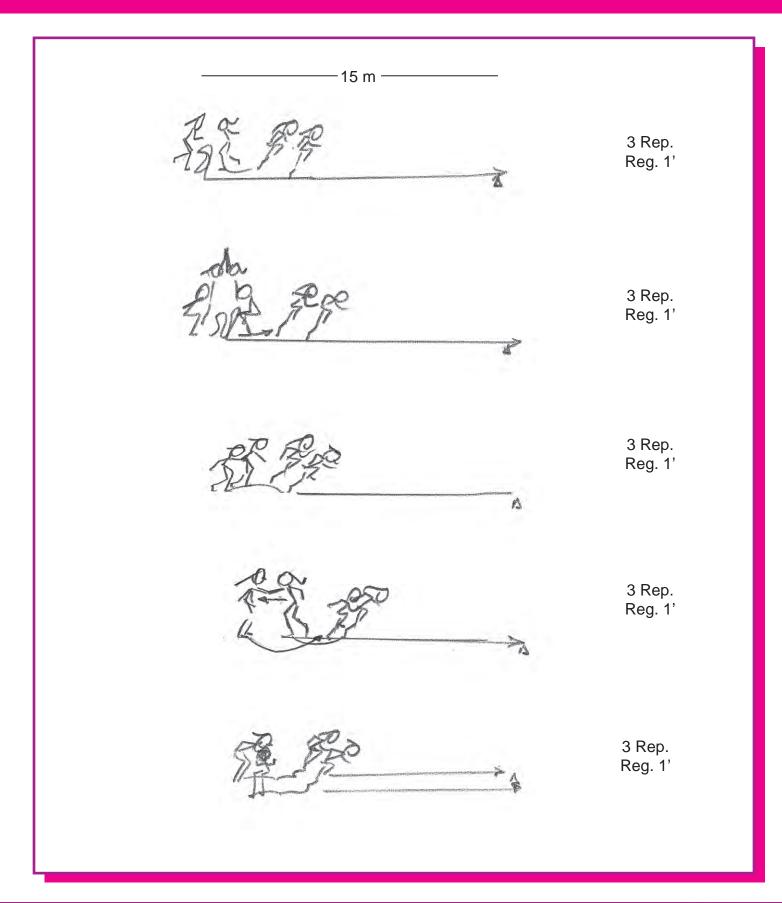


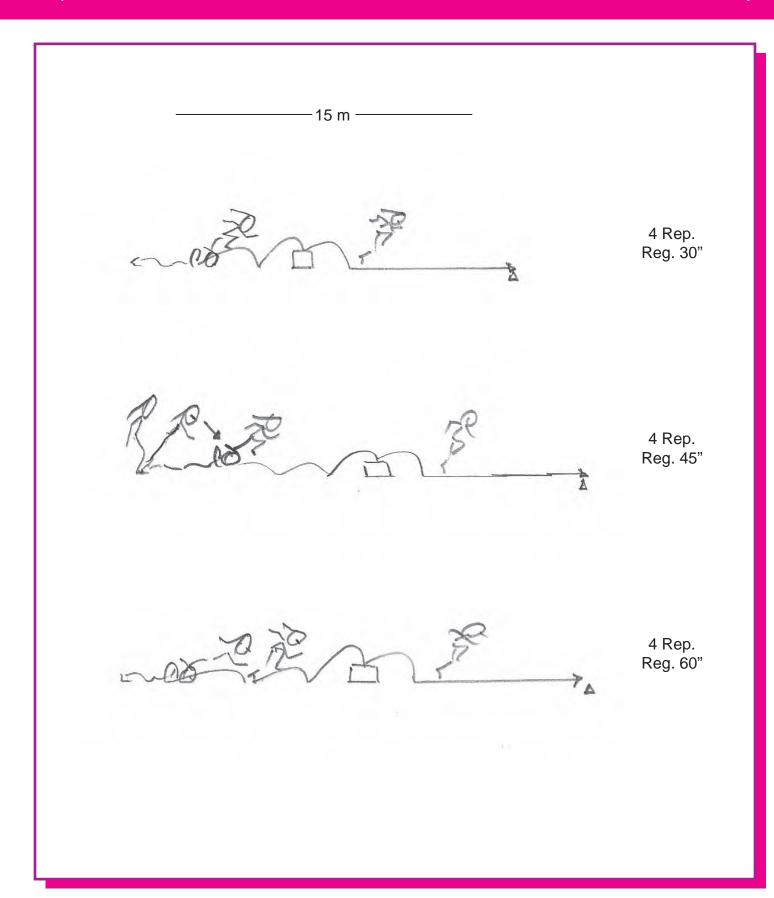


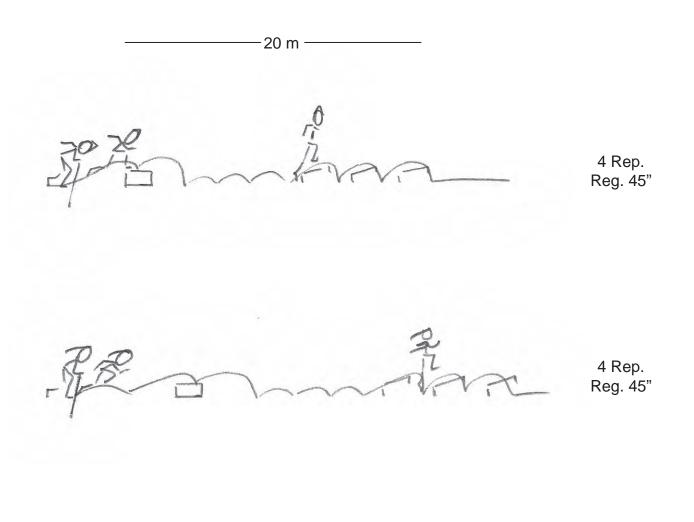






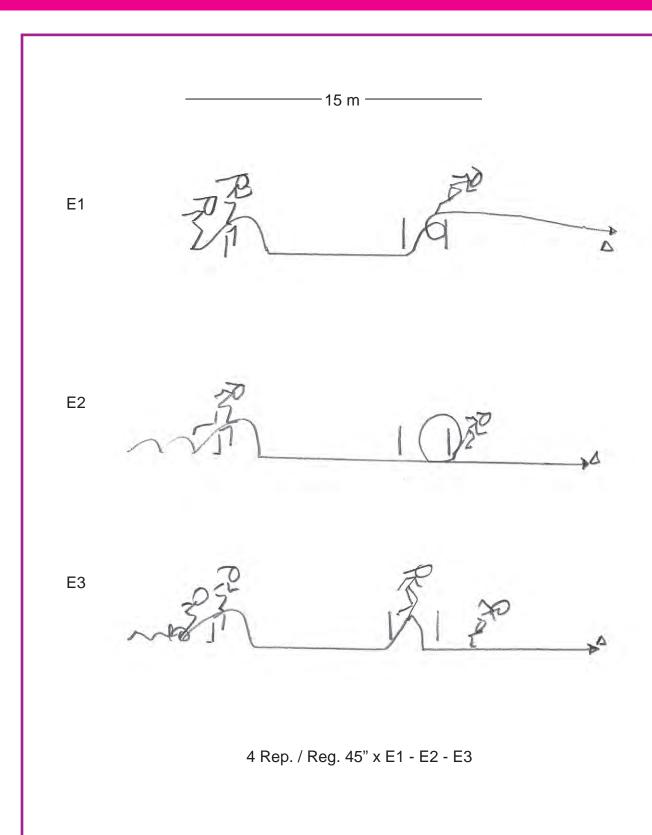




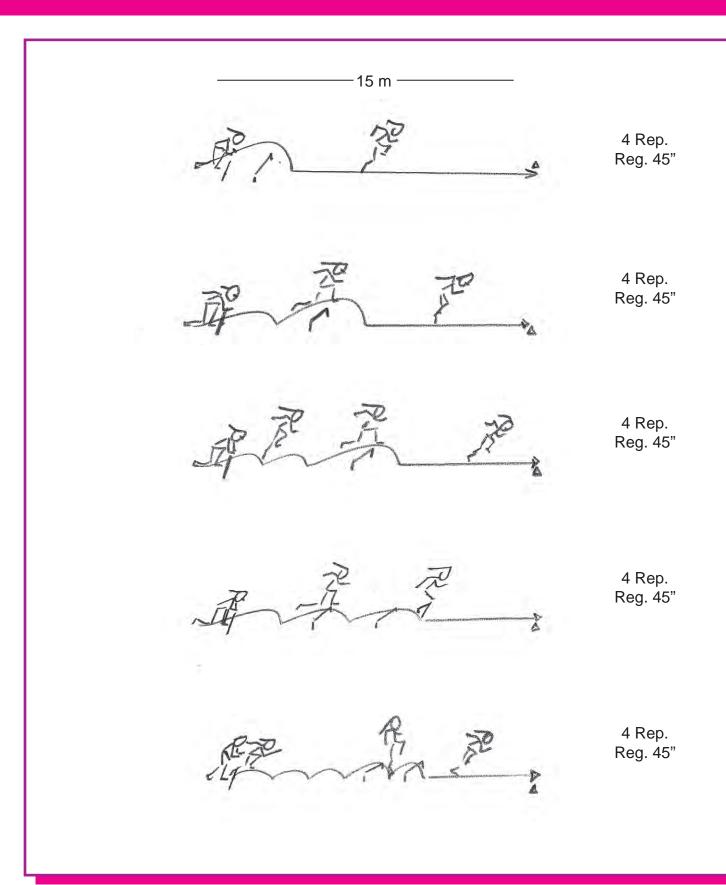


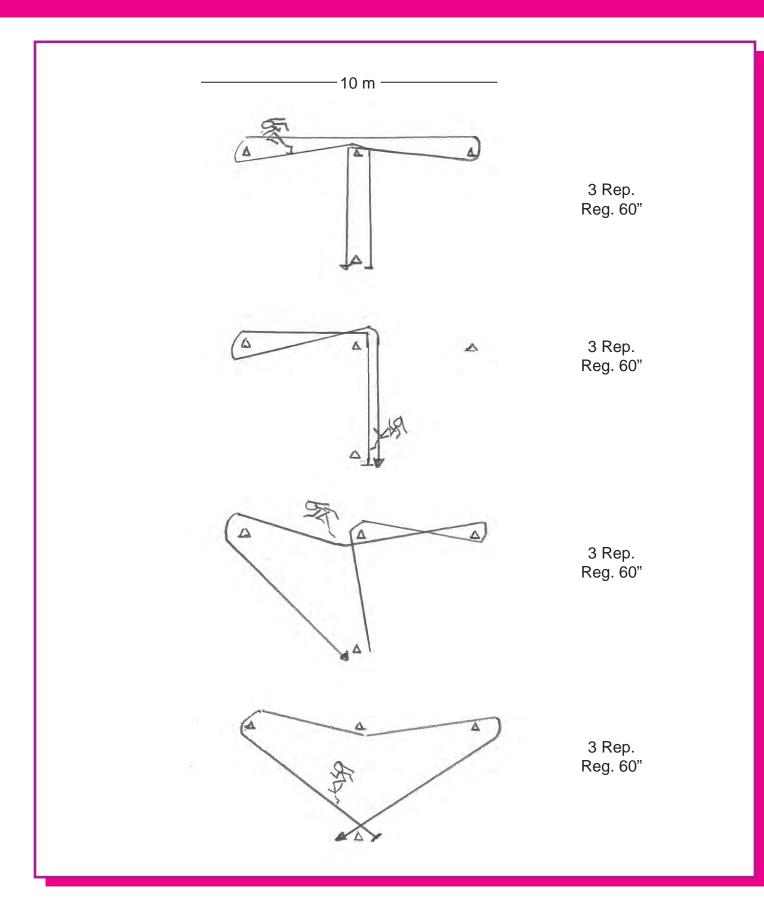


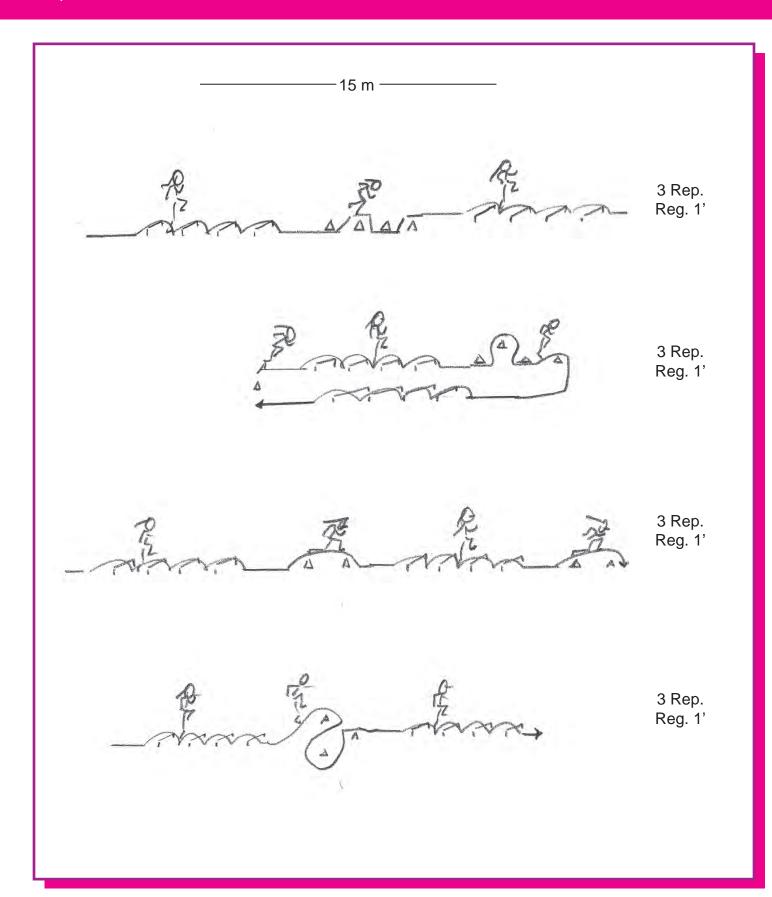
4 Rep. Reg. 45"

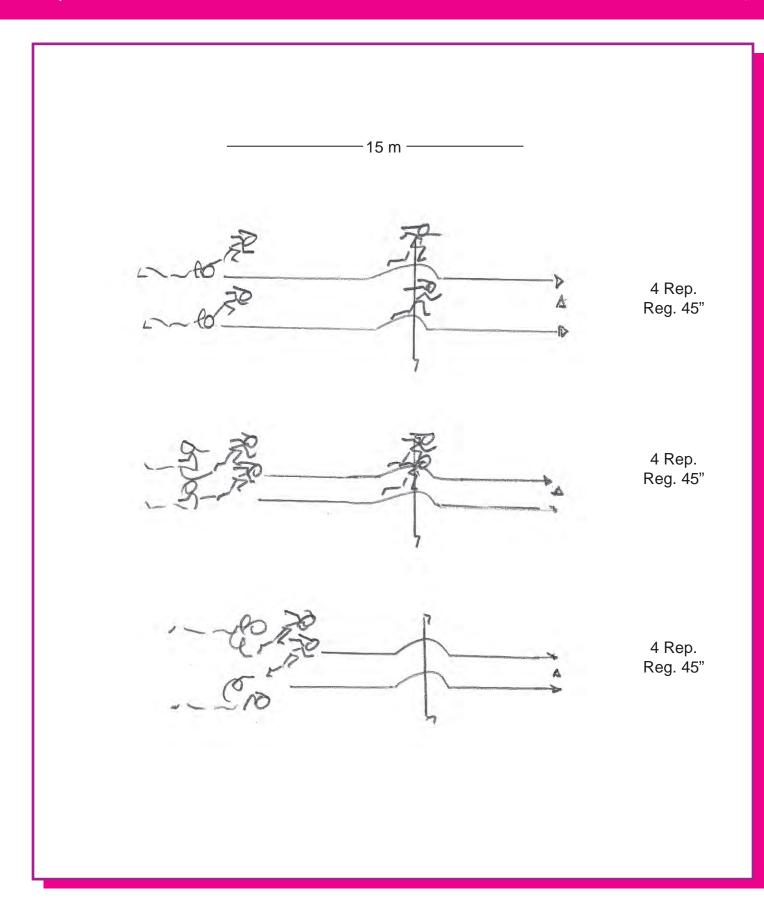


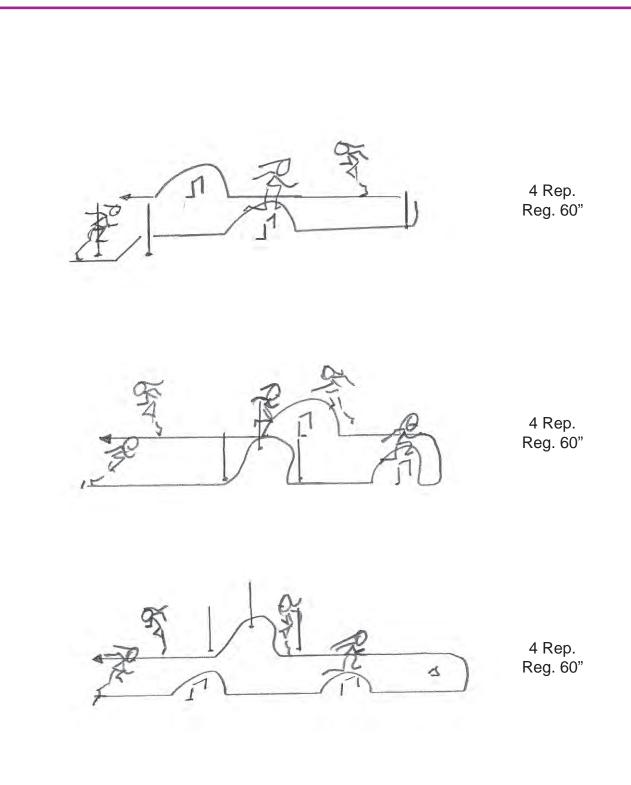


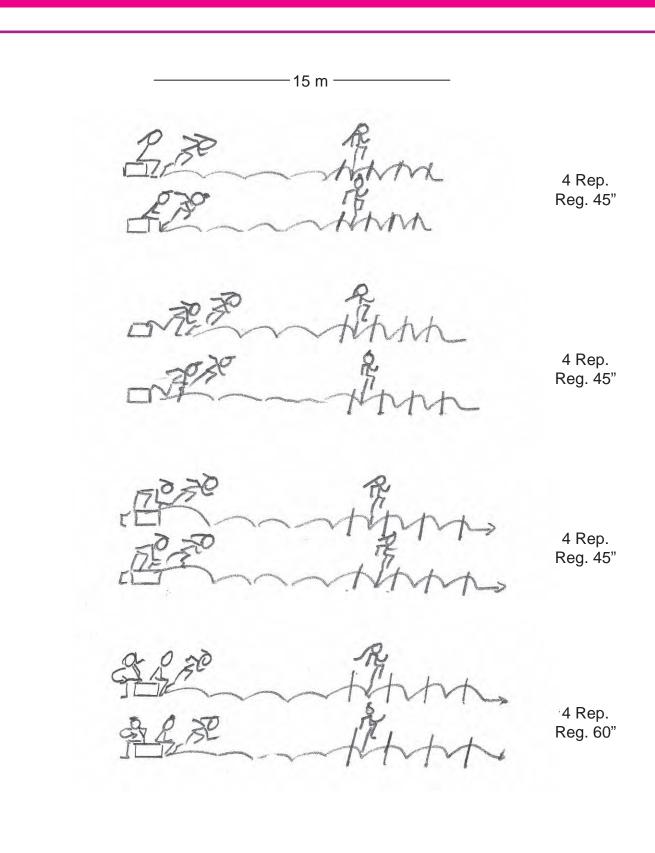


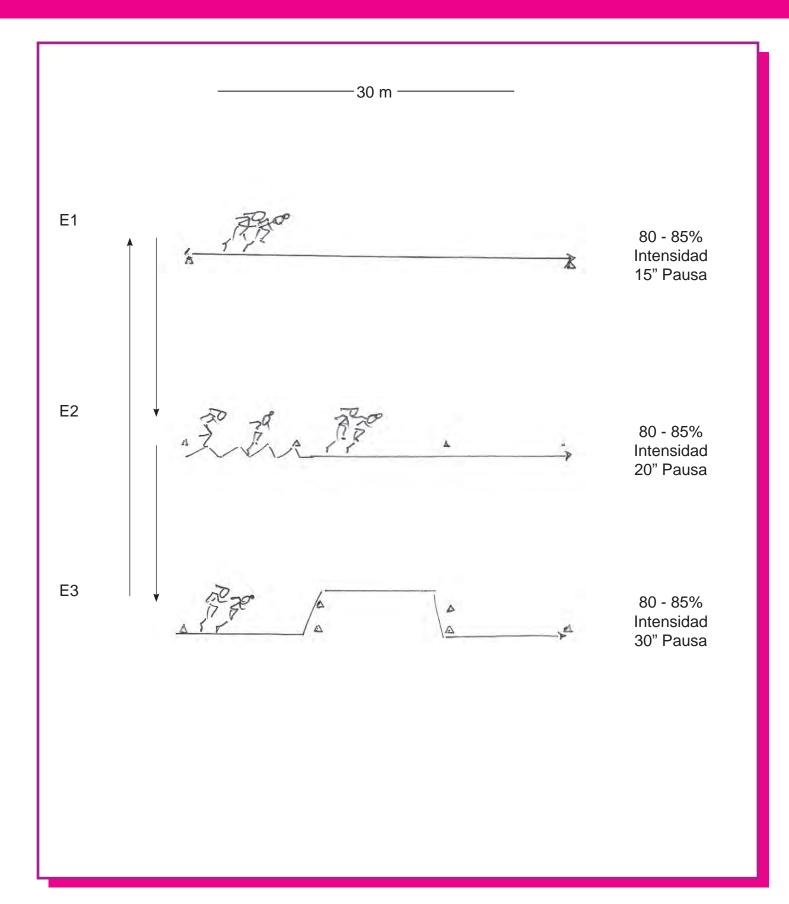


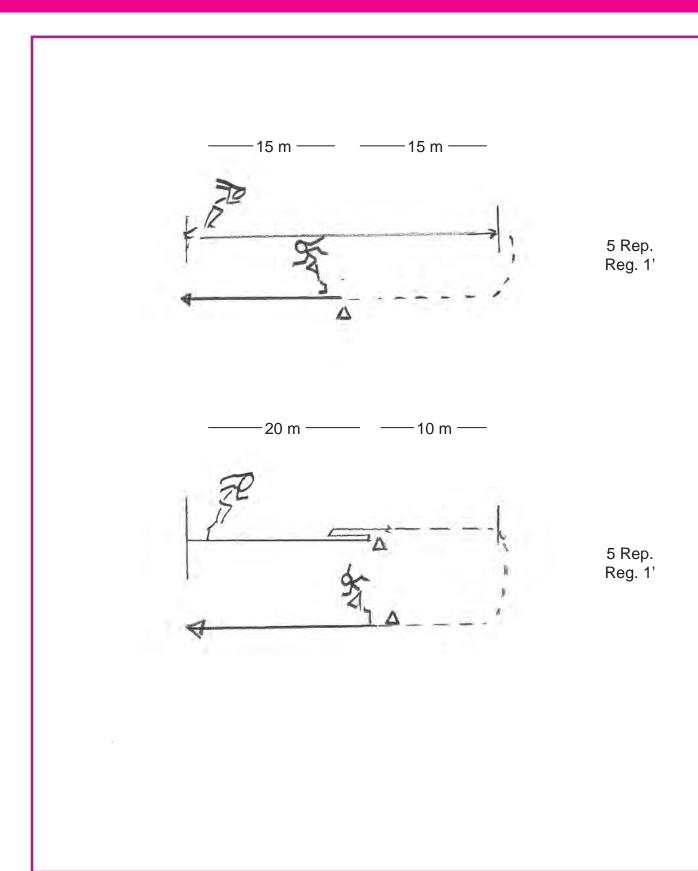




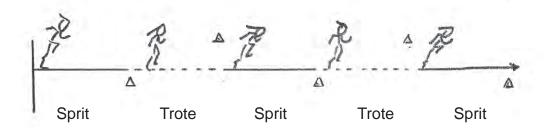






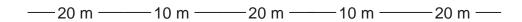


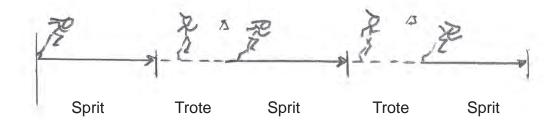




8 Rep. / Reg.75"

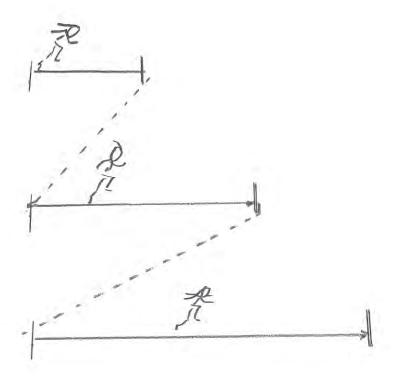
Objetivo: Velocidad



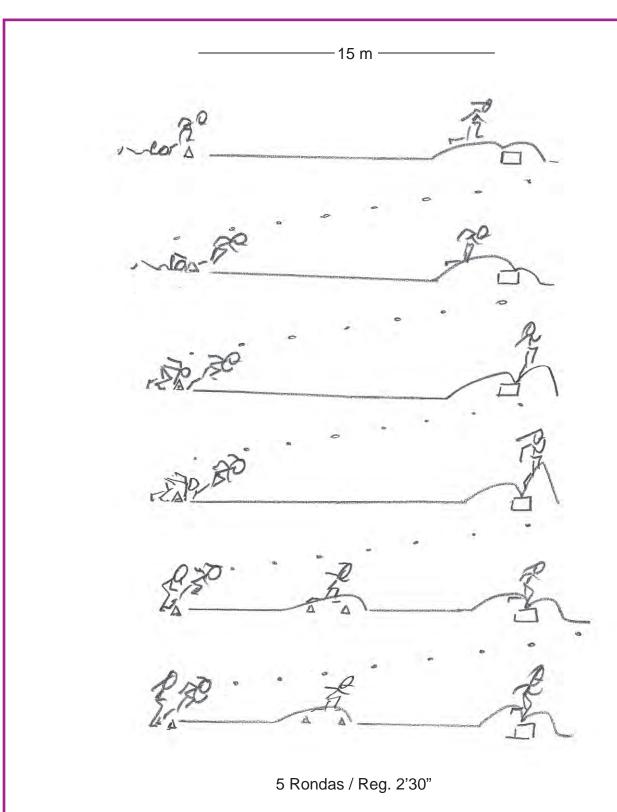


8 Rep. / Reg.75"





5 Rondas / Reg.90"





Saltar al silbatazo -15 m -----15 m -----15 m --程序是 是 是 是 3 Rep. Reg.90" THE THE THE THE SE 那里星那 3 Rep. Reg.90" 开了了 £ 30 子子 AT 150 3 Rep. 3 P 300 Reg.90"

Rotar las posiciones

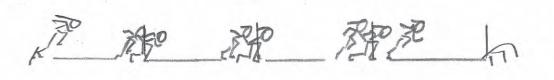
—— 25 m — —— 25 m — —— 25 m —



3 Rep. Reg.90"

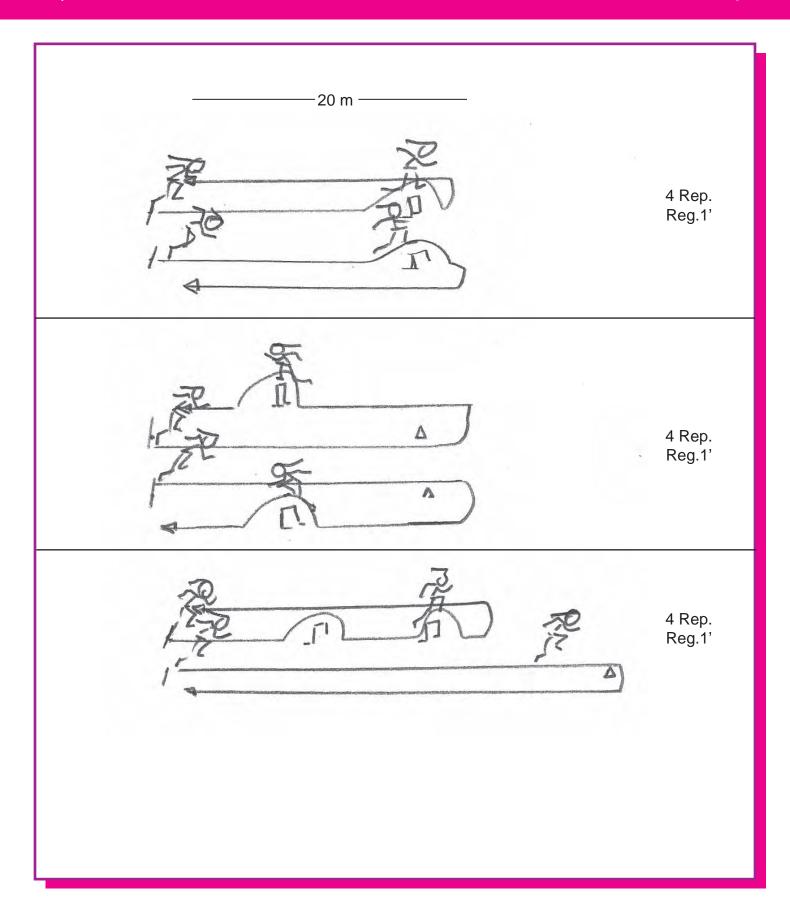


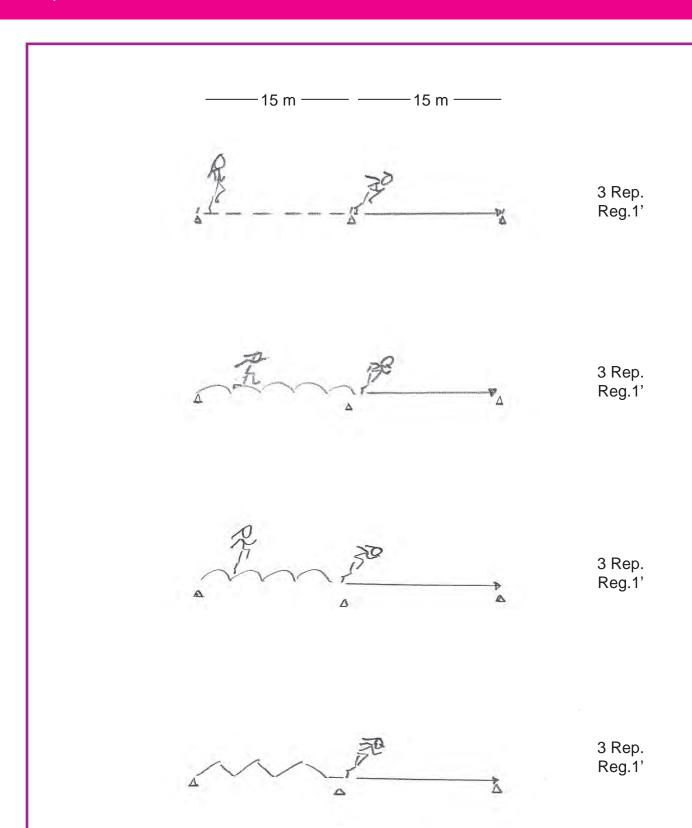
3 Rep. Reg.90"

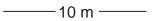


3 Rep. Reg.90"

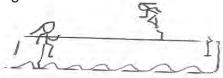




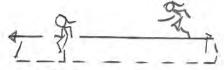




Skipping



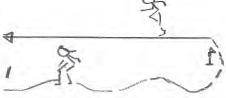
Carrera de espalda

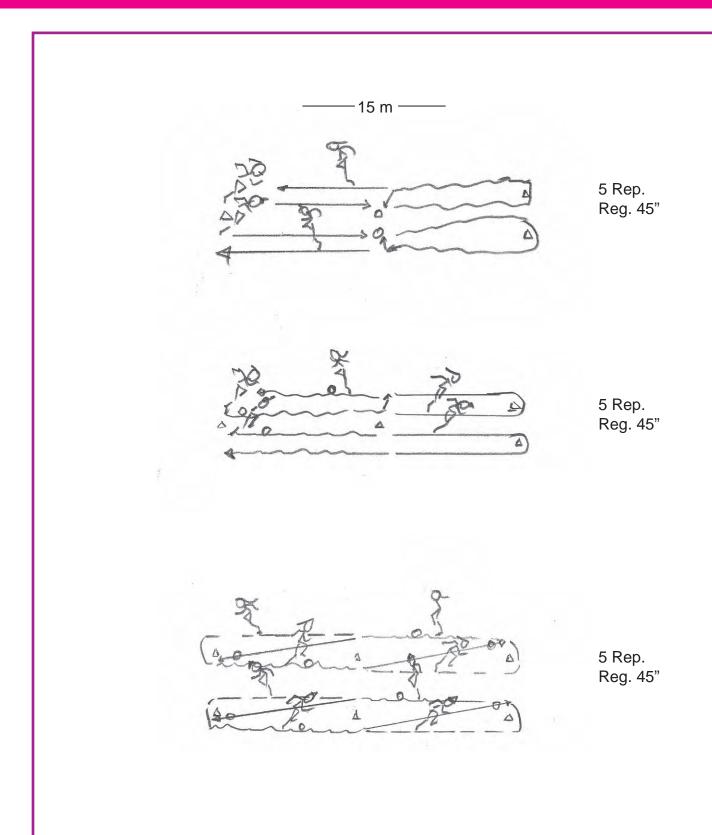


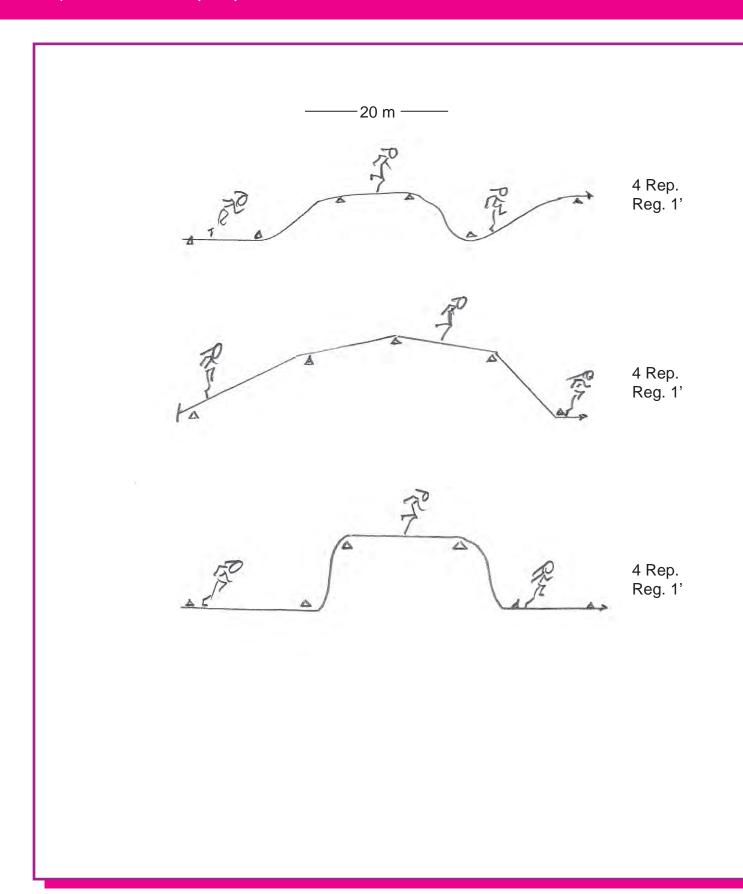
Carrera lateral



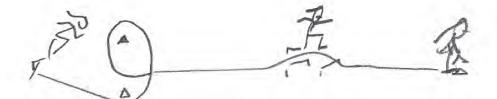
Carrera perfilada



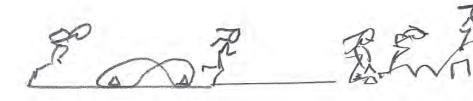








4 Rep. Reg. 45"



4 Rep. Reg. 45"



4 Rep. Reg. 45" _____ 5 m ____

17877 ·

5 Rep. Reg. 20"



5 Rep. Reg. 20"



5 Rep. Reg. 20"



5 Rep. Reg. 20"

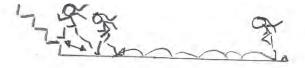




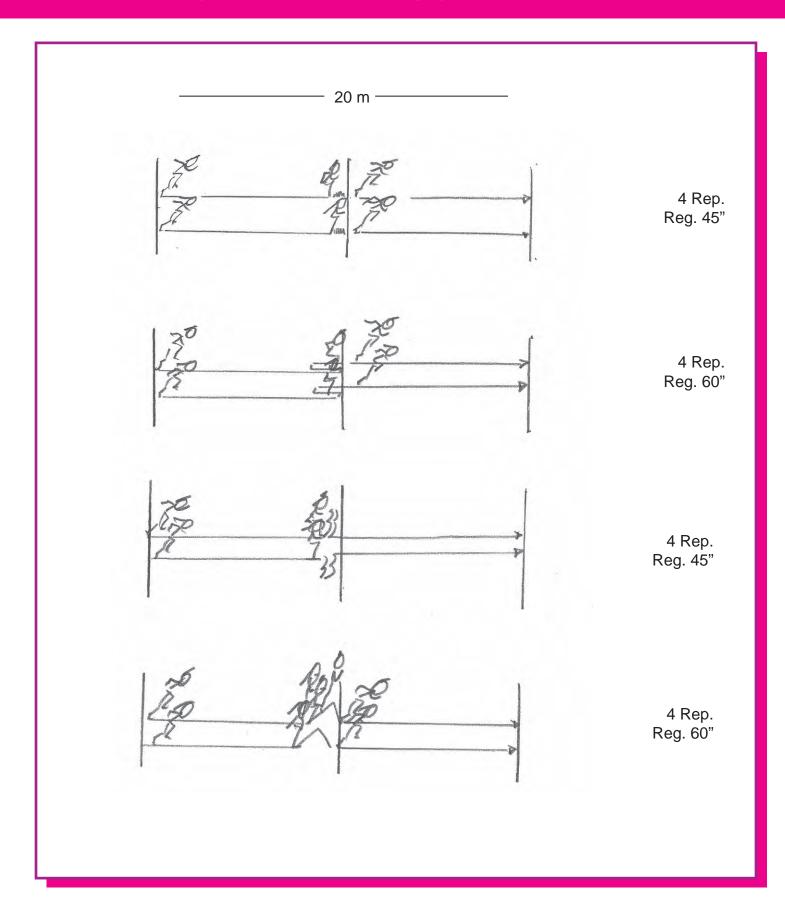
5 Rep. Reg. 45"

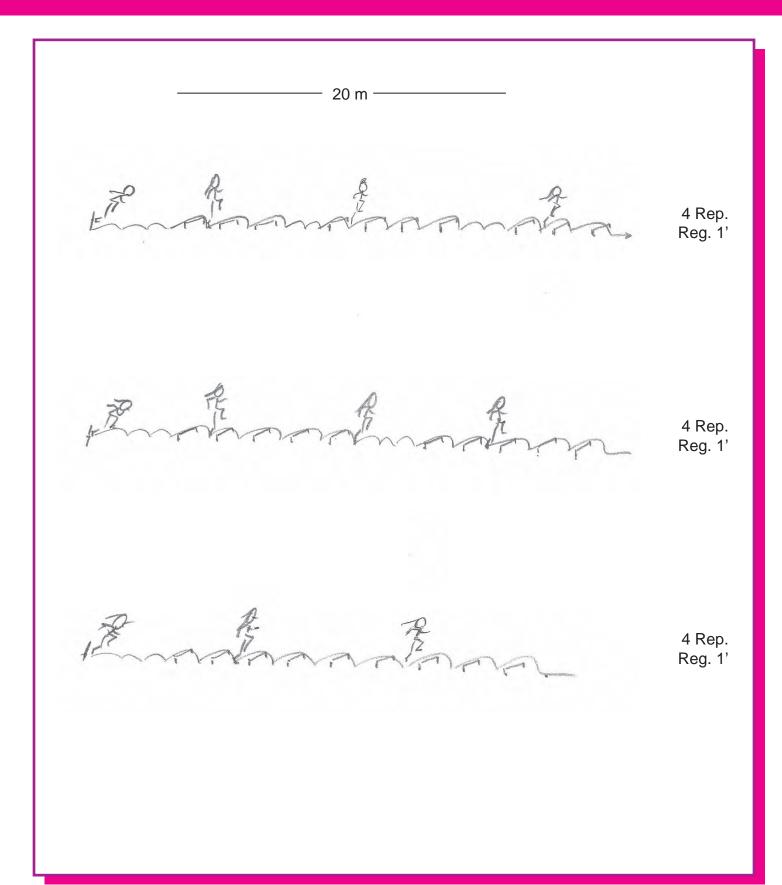


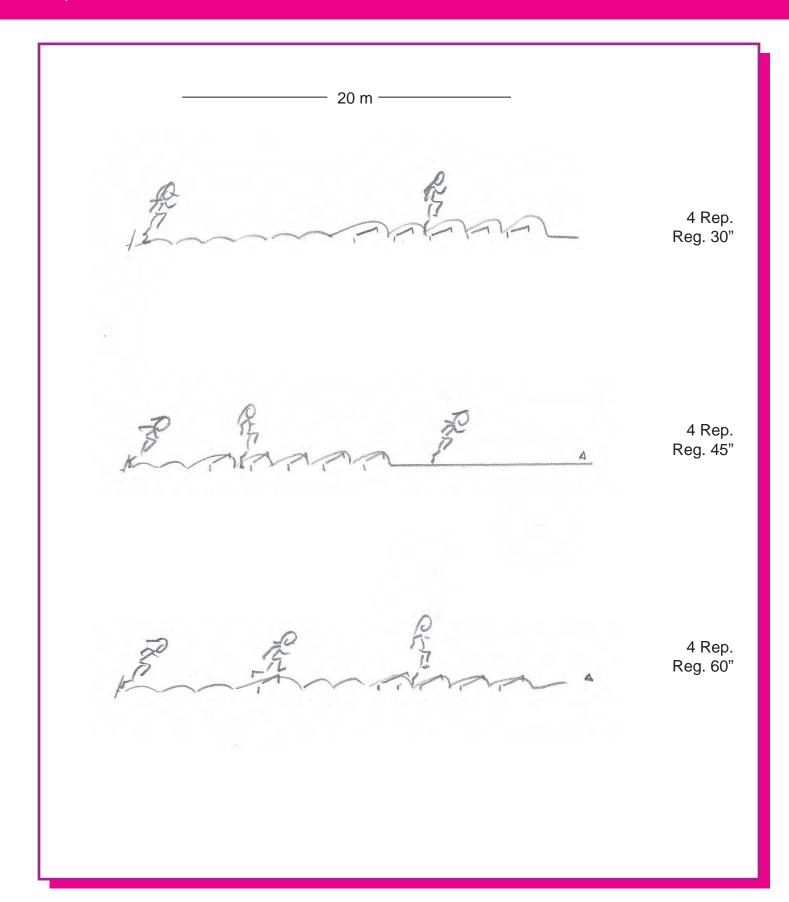
5 Rep. Reg. 45"



5 Rep. Reg. 45"







_____ 15 m _____

Probable to

5 Rep. Reg. 30"

2 BOOTHOBOTH

5 Rep. Reg. 45"

5 Rep. Reg. 60" ____ 20 m _____ 4 Rep. Reg. 60" 4 Rep. Reg. 60" 4 Rep. Reg. 60" Ramana.

- 20 m -

6 Rondas Reg. 2' — 20 m — 6 Rep. Reg. 1' 6 Rep. Reg. 1'

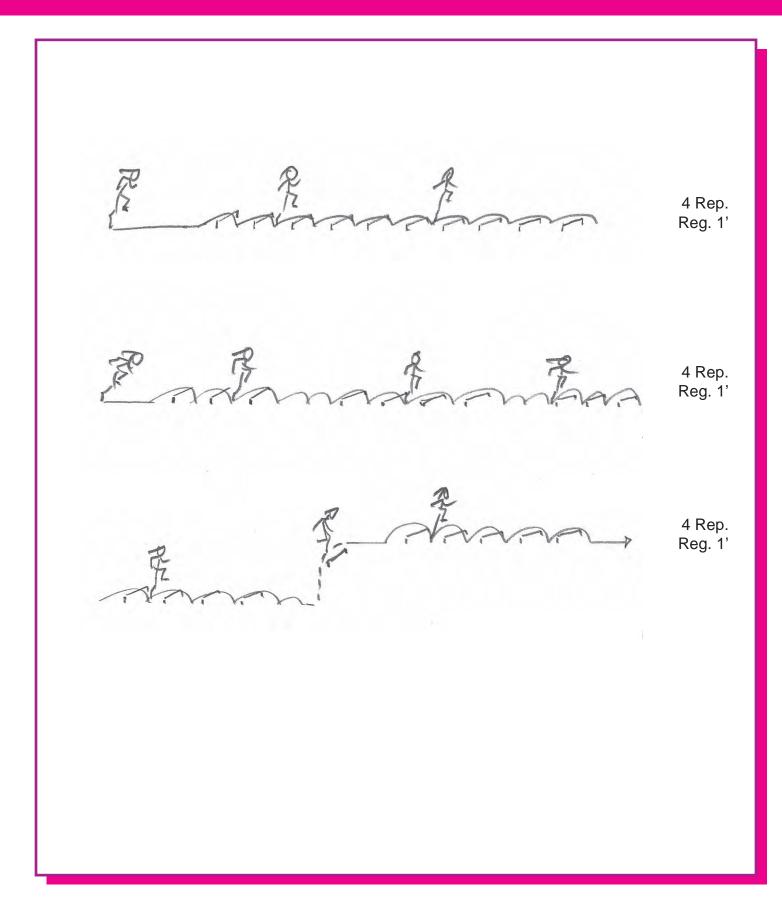
 15 m ———
10 111

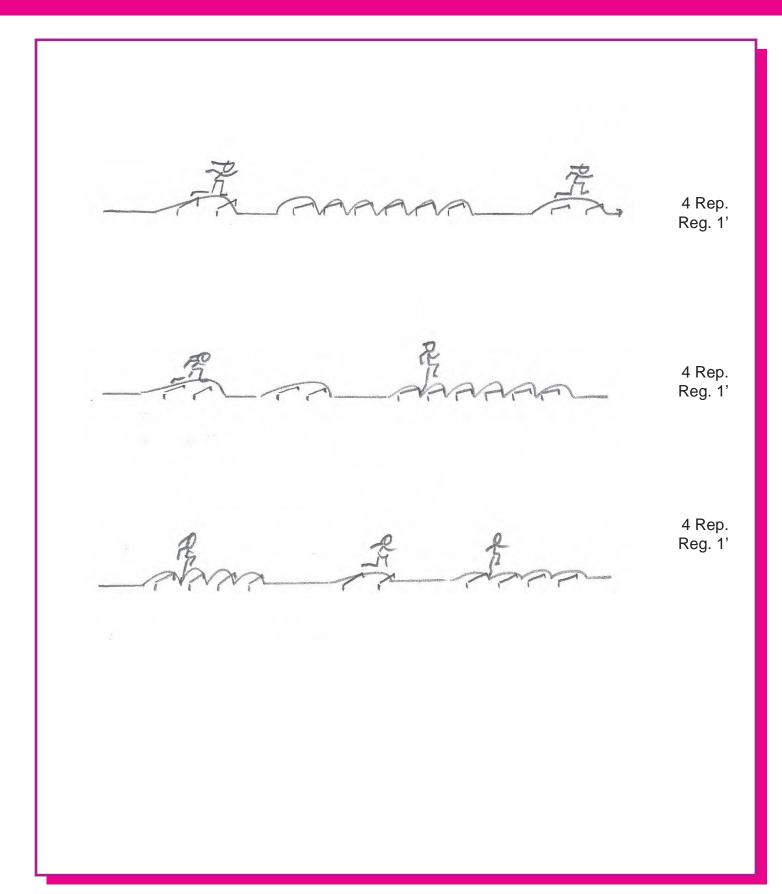


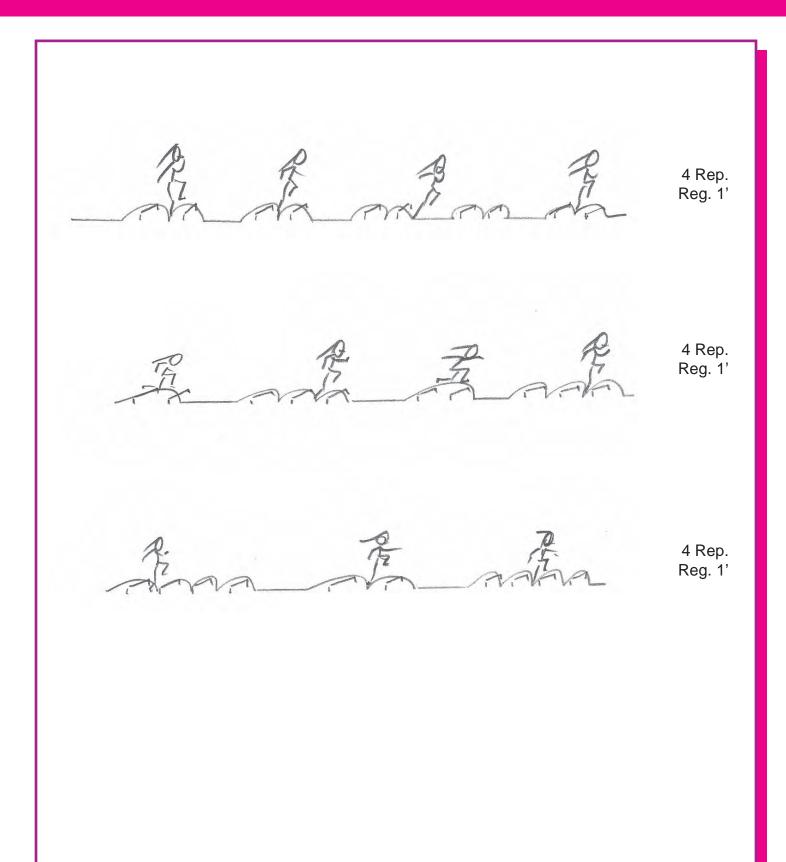
3 Rondas Reg. 2'

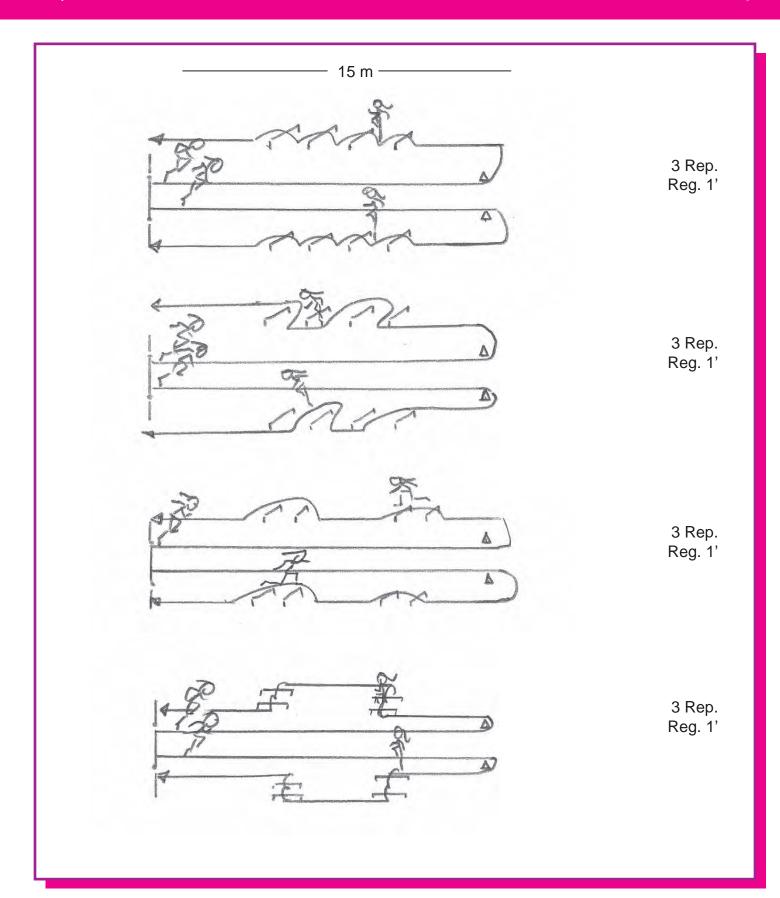


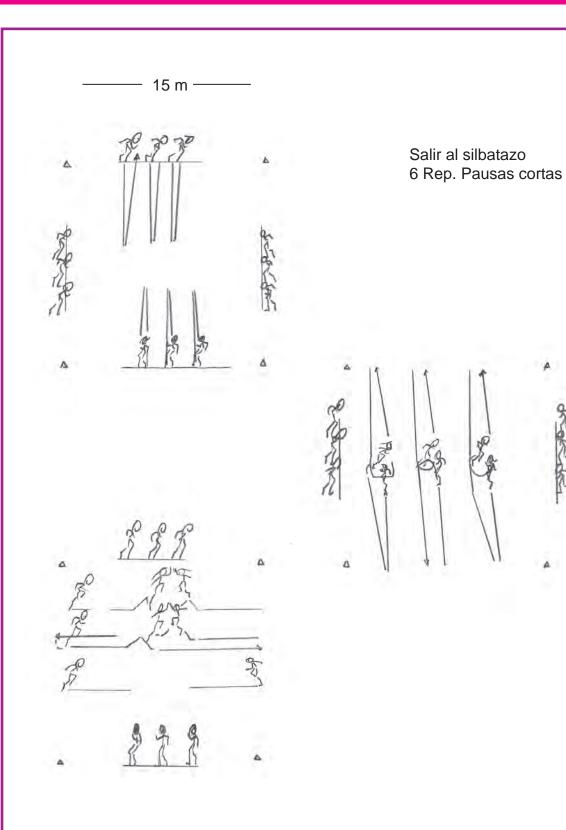
3 Rondas Reg. 2'











12 m -5 Saltos 5 Rep. Reg. 45" 5 Rep. Reg. 45" 5 Rep. Reg. 45"





1



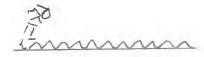
5



2



6



3



7



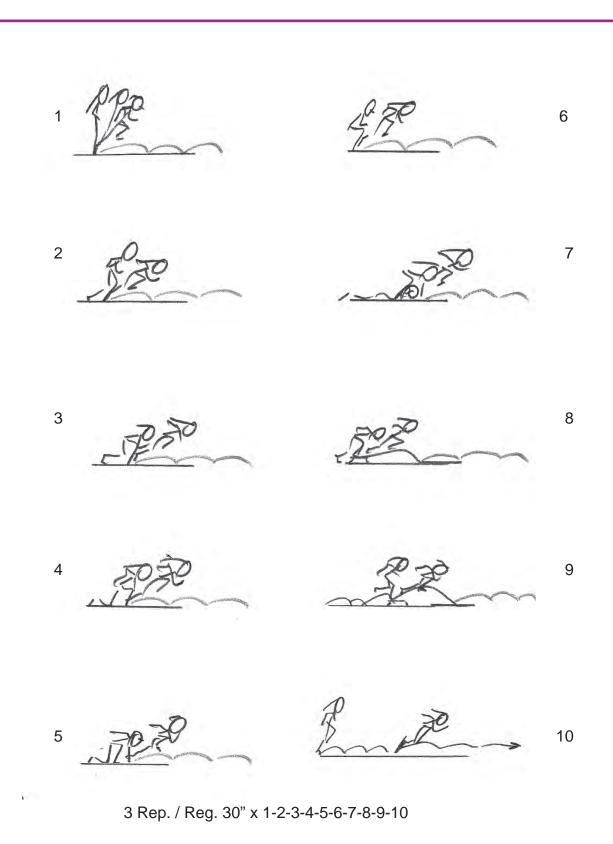
4



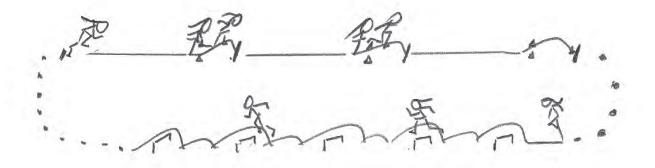
R



2 Rep. / Reg. 30" x 1-2-3-4-5-6-7-8



_____ 18 m ____



8 circuitos Reg. 90"



